

Budds



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ACTIONS
MATTER**

WITHIN

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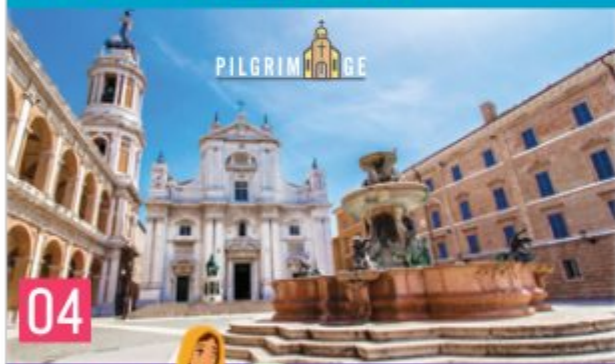
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EDITORIAL

God Never Forgets Us



Dear Little Friends,

Have you ever prayed for something and wondered why Jesus was taking so long to answer?

One of my good friends in Jesus Youth was searching for a job for almost two years after finishing his studies. During that time, he also suffered a leg injury and needed surgery. There were moments of fear, waiting, and uncertainty. But even during those difficult times, he continued to pray, attend Holy Mass daily, and trust in Jesus. Many people prayed for him too - even children!

Slowly, he learned something very important: When God makes us wait, it does not mean He has forgotten us. Sometimes, He is preparing something better. While waiting, he grew stronger in faith and closer to Jesus. Then, at the right time, God blessed him with not just one, but many job opportunities. After prayer, he chose the one that brought peace to his heart.

The Bible reminds us: *For I know the plans I have for you... plans to give you a future and a hope* (Jeremiah 29:11).

Dear children, if your prayers are not answered immediately, do not lose hope. Keep praying, keep trusting, and keep smiling.

Jesus never abandons His children. In His perfect time, He always prepares something beautiful for us.

Jesus Loves,

NOBIN JOSE
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Basilica della Santa Casa, Loreto, Italy

- JESA ROSE JOHN » 13 YRS

Once a small house, it now attracts millions of visitors each year and is a very well-known pilgrimage site in Italy. The Basilica della Santa Casa is not only beautiful but is also believed to be the place where the Virgin Mary grew up and where the Annunciation took place, when the Angel Gabriel told Mary that she was to be the Mother of God. According to long-standing Catholic tradition, around the 13th century, when the Holy Land was in danger, angels carried the Holy House from Nazareth to Loreto. This belief is supported by early writings and devotion recorded in Catholic sources such as the writings of saints. Many Popes, including Pope St John Paul II, have affirmed the importance of this shrine as a place of deep Marian devotion. The house is the very home where the Holy Family lived and where Mary received her unique calling. Around the 15th century, a grand basilica was built to protect and

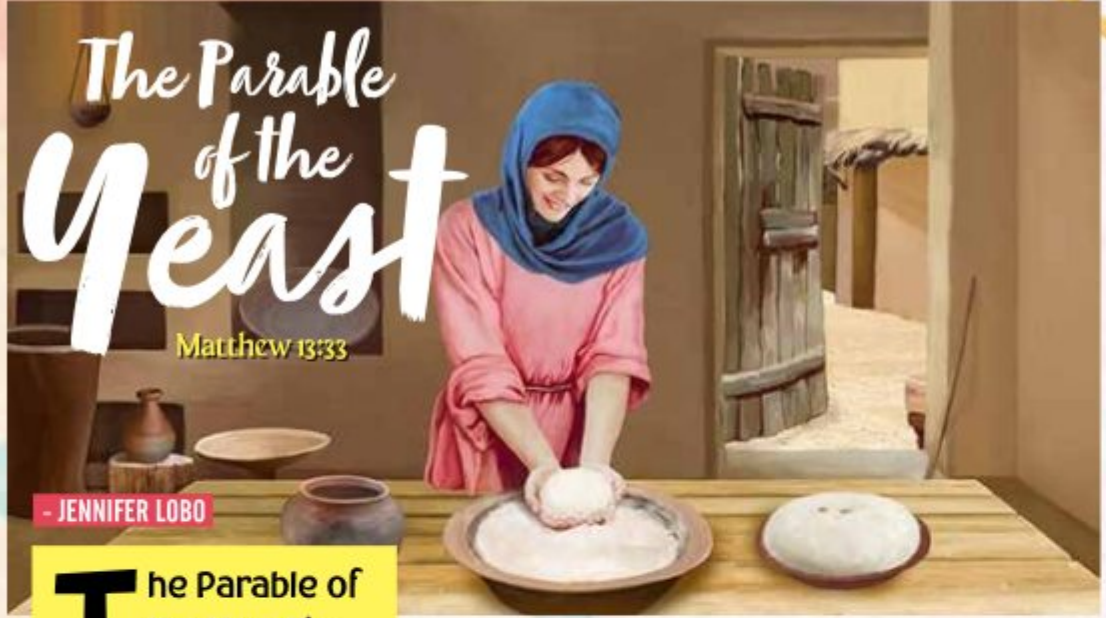
honour the Holy House. You enter through bronze doors into a magnificent church decorated with white, yellow, red, and blue. At the centre is the altar, and behind it stands the small, simple house, its three original walls preserved, reminding visitors of Mary's humility and total 'yes' to God.

Around the basilica are chapels filled with sacred art depicting the life of Christ and the Blessed Mother. There is an altar dedicated to St Joseph and another for the Blessed Sacrament, inviting pilgrims into prayer and reflection. Scenes of the Annunciation, Nativity, and Crucifixion displayed throughout the basilica help pilgrims meditate on Salvation History. This sacred place not only inspires awe but also invites visitors into a deeper spiritual connection with Mary, encouraging them to trust in God's plan just as she did.



Scenes of the Annunciation, Nativity, and Crucifixion displayed throughout the basilica help pilgrims meditate on Salvation History.





- JENNIFER LOBO

The Parable of the Yeast is considered one of the shortest parables of Jesus, and it helps us understand how small things can make a big difference. A woman mixes a bit of yeast with a large measure of flour to make dough. Even though it is little, the yeast slowly works through the dough, makes it rise and grow bigger.

Jesus uses this parable to explain how goodness, love, and faith work in our lives. Every good deed like helping a friend, sharing your toys, listening to your parents, or being kind to someone who feels sad can make a huge difference.



Just like the yeast spreads through the dough, your good actions can spread to others. When you are kind, it can make someone feel happy, and they may choose to be kind to another person too. This way, one small act can grow into something much bigger, just like the dough rising.



The parable also teaches us about patience. When yeast is added to the dough, it doesn't rise immediately – it takes time. In the same way, your good action's results may not occur immediately, but that doesn't mean nothing is happening. Goodness grows quietly.

Do you feel that you are too young to make a difference? The Parable of the Yeast reminds us that even our smallest actions matter. You don't have to do huge or amazing things to make the world better. Simple deeds like saying thank you, helping at home make a huge difference. **So let us choose to be kind and good every day, and in doing so we make our Lord smile.**





THE RESURRECTION OF JESUS (LUKE 24:1-12)

On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb.



The women found the stone rolled away from the tomb, but when they entered, they did not find the body of Jesus.

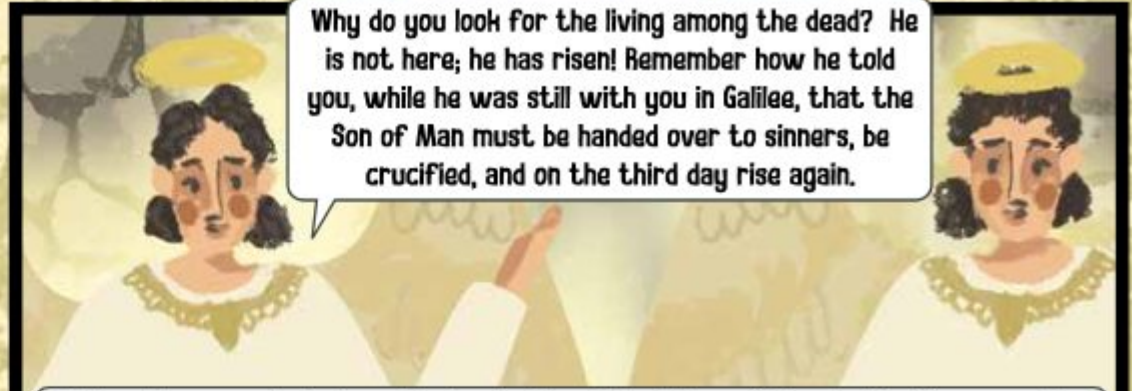


While they were perplexed about this, suddenly two men in dazzling clothes stood beside them. In their fright the women bowed down with their faces to the ground.



The men said to them.

Why do you look for the living among the dead? He is not here; he has risen! Remember how he told you, while he was still with you in Galilee, that the Son of Man must be handed over to sinners, be crucified, and on the third day rise again.



When they came back from the tomb, they told all these things to the Eleven and to all the others. It was Mary Magdalene, Joanna, Mary the mother of James, and the others with them who told this to the apostles. But they did not believe the women, because their words seemed to them like nonsense.



But Peter got up and ran to the tomb. Bending over, he saw the strips of linen lying by themselves, and he went away, wondering to himself what had happened.



The women found the stone rolled away from the tomb, but when they entered, they did not find the body of Jesus.

The Eucharist Explained

ELEMENTS OF THE MASS

PART 6

- FR JUSTIN JOSEPH PANACHICKAL MSFS



If you watch a cricket or football match not knowing the way the game works, you will soon get bored. But knowing the rules helps you follow it. And if you know the tactics, the strengths and weaknesses of the teams, why things happen when they happen, the more the insight – the more involved and passionate you become.

Now, we come to the **Collect**, where the priest invites everyone to pray, as he says *Let us Pray*. There is a brief silence so that they may become aware of being in God's presence and may call to mind their intentions.



The Collect sums up and gathers together all the intentions of the day's sacrifice.

During prayers in the Mass, the priest extends his arms outward in what is called the *orans* position, which means a position of prayer. This position was used by our Jewish ancestors and adapted for Christian prayer. The Christian writer Tertullian, observes that Christians

adjusted how the hands are held 'so as to resemble those of the Lord on the cross' (Belmonte, *Understanding the Mass* p. 65). During the Mass, the priest uses this gesture to indicate that we are all praying together; he is collecting all our prayers and offering them up to the Father.

Hello buddies,

Greetings and the blessings of the Pentecost to you all!
As we go deeper into our study of the Holy Mass, does all this overwhelm you?

It is not to scare you, but to give you a better understanding of what's happening in the Holy Mass.

We enjoy and participate better in something we understand.



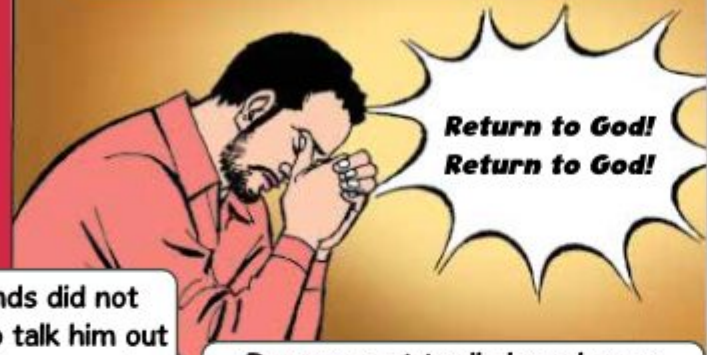
Whenever the priest makes a prayer, we are to pay close attention to the words and pray together in our hearts.

LET ME ADD A SMALL NOTE HERE. One of the most common words we use in various places is 'Amen'. It is good and important that we say this loudly and boldly. This Hebrew word means 'so be it, without question.' The Amen is our approval on what has just been said in our name and our active participation in the Mass.

ST BARTOLO LONGO

Part 2

Bartolo had become a satanic priest and completely against God and the Church. Under demonic influence, his physical and psychological health worsened dramatically. He heard the voice of his deceased father urging him to return to God.



Bartolo's family and friends did not abandon him. They tried to talk him out of his sin and prayed for his conversion intensely. They sought the help of Professor Vincenzo Pepe, a professor at the university who helped Bartolo realise how awful his life had become.

Do you want to die in an insane asylum and be damned forever? Come back to God's mercy.



Professor Vincenzo introduced Bartolo to a Dominican priest, Alberto Radente. He helped and provided Bartolo with guidance about the Catholic Church. After a lot of study, prayer and confession, Bartolo was welcomed back into the Church on the feast of the Sacred Heart in 1865.



Bartolo wanted to atone for his previous actions, so he returned to places from his past but this time holding up the rosary and proclaiming the error of his ways.

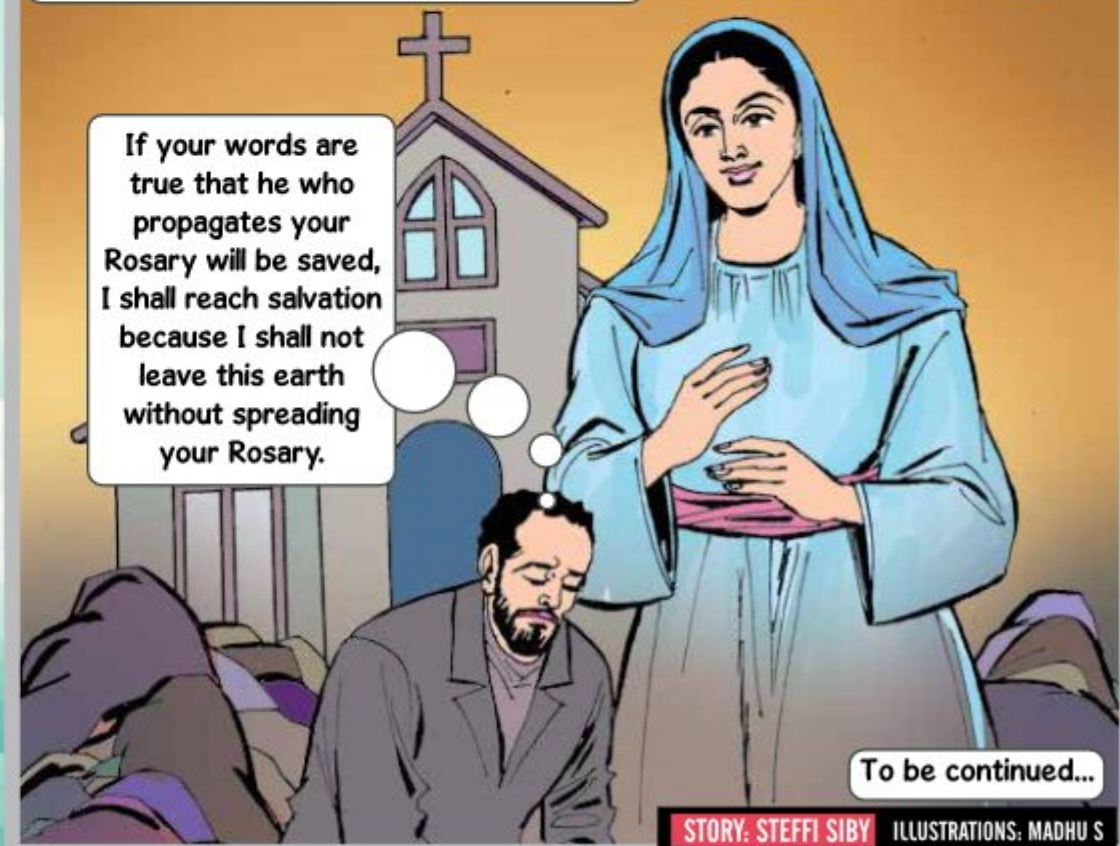
My God, I place myself in your hands; as a son I abandon myself to your fatherly embrace.



Even though God had forgiven him, Bartolo could not forgive himself. One evening, he had a profound experience at Pompeii. He felt intense despair but then he heard an echo in his head of Mother Mary's words.

Whoever spreads the Rosary is saved!

If your words are true that he who propagates your Rosary will be saved, I shall reach salvation because I shall not leave this earth without spreading your Rosary.



To be continued...

STORY: STEFFI SIBY ILLUSTRATIONS: MADHU S

WHEN THE PRIZE ISN'T ALWAYS THE MEDAL

- JOAN JERO D'CRUZ » 16 YRS



Dear Diary,

Today was sports day and I had signed up for the 100-meter race. I had been waiting for it all week. When we lined up, the ground felt warm under my shoes. Everyone was quiet, but you could feel the tension.

'On your marks...' I bent down. 'Set...' My heart was beating so fast I could hear it. 'Go!' And off we ran.

For the first few seconds, I felt fast. Like I was actually ahead. Then I heard footsteps behind me. Then beside me. Then in front. By the time I crossed the finish line, I already knew.

I didn't win. I didn't even come second. I walked to the side, trying not to look too disappointed. Aaron came over. 'You ran well,' he said.

'Not really,' I replied.

He shrugged. 'Still.'

I sat on the grass and watched the next race. After a while, I remembered the verse: Run in such a way as to get the prize. I used to think that meant winning. But today...

I'm not so sure.

Because I did run properly. I didn't stop. I didn't give up halfway. And even after losing, I stayed and cheered for the others. Maybe the 'prize' isn't always the medal. Maybe sometimes it's just finishing the race without quitting. I think that counts too.



Do you have a faith experience you'd like to share for this page? Send it to us at kairosbuds@jykairosmedia.org with your full name, age and complete postal address.

Run in such a way as to get the prize.

- 1 Corinthians 9:24

Run in such a way as to get the prize.

Run in such a way as to get the prize.

Run in such a way as to get the prize.

Run in such a way as to get the prize.

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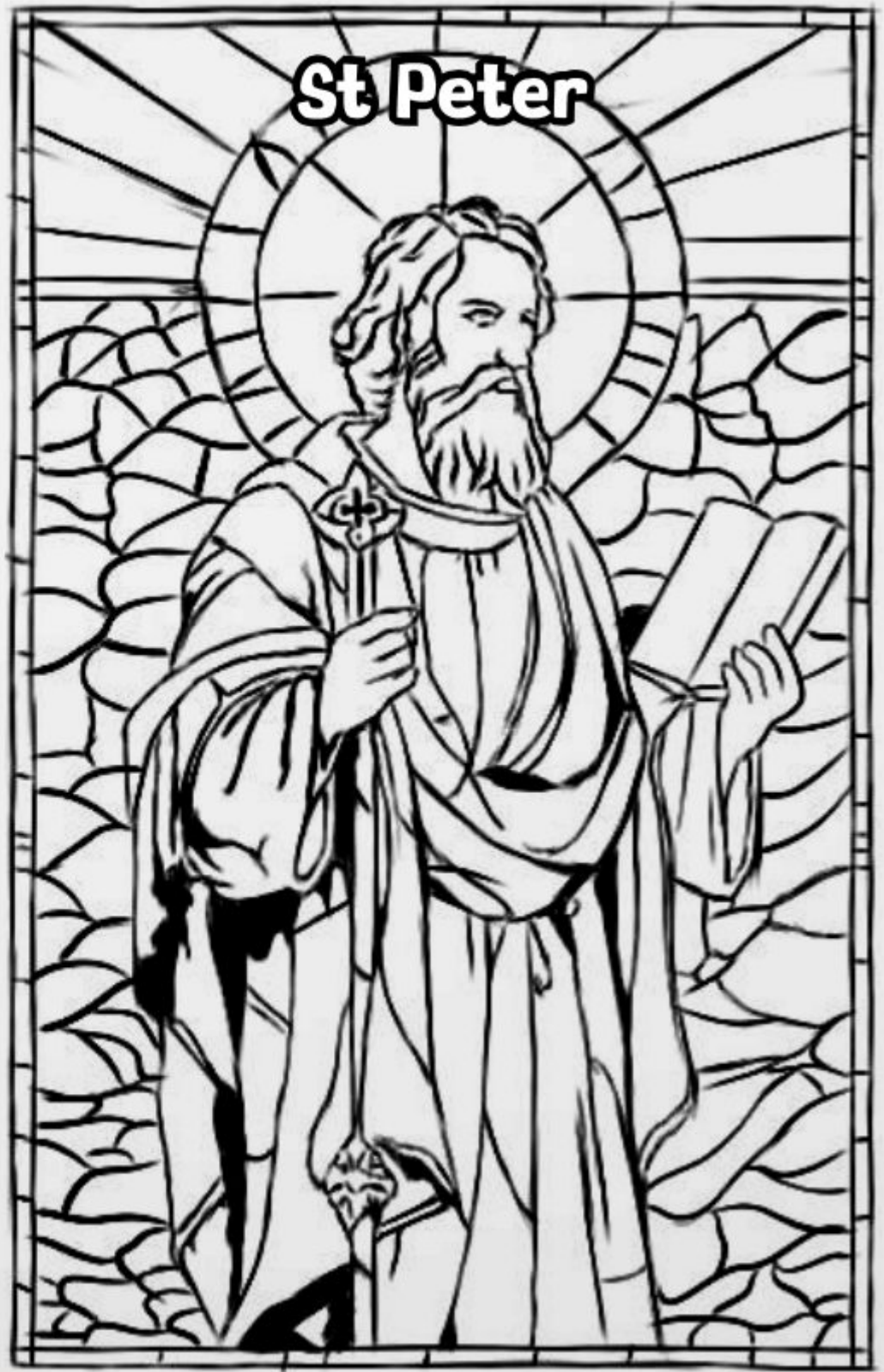
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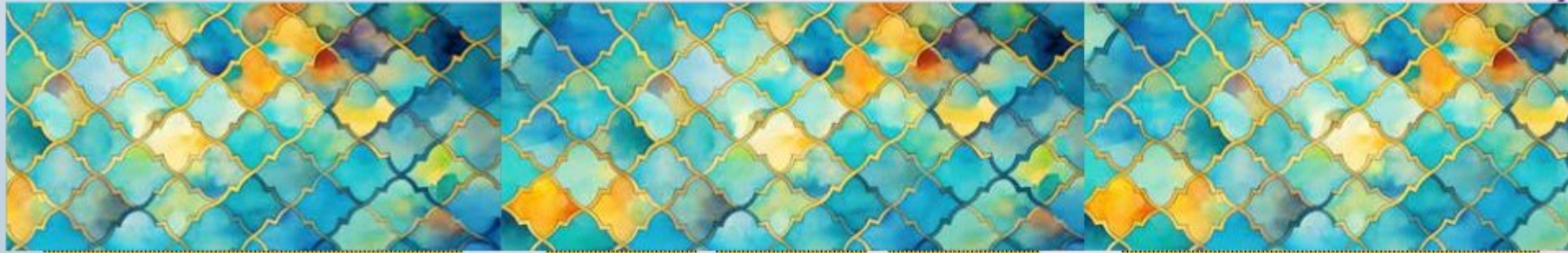
St Peter





Sacred Heart Mini Shrine

Cut, fold, and paste to make this mini shrine to the Sacred Heart of Jesus.



Glue

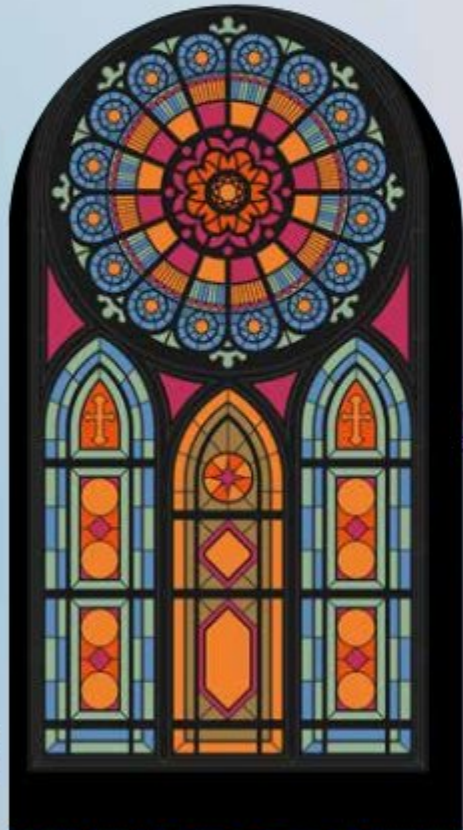
Glue

Glue

Glue

Glue

Fold



Fold

Fold



Glue



Fold

Fold



Glue on Jesus' Heart

Glue the Sacred Heart here



Glue Jesus Pic here

Glue

Glue

'Learn and Colour'

The kingdom of Heaven is like the yeast a woman took and mixed in with three measures of flour till it was leavened all through.

Matthew 13:12



LITTLE MASTERS



MIA ROSE NAVIN » 9 YRS
» MELBOURNE, AUSTRALIA

LITTLE MASTERS



JEFFERSON NANA WIAFE FOSUH » 12 YRS
» TECHIMAN, GHANA

LITTLE MASTERS



GIENNA JIJO » 7 YRS
» ABUDHABI, UAE

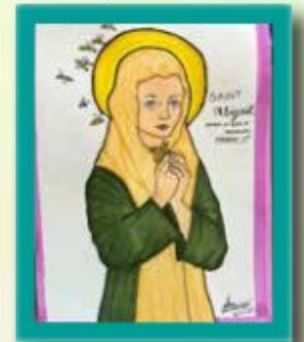
BENEDICT TWI BREMPONG » 10 YRS
» TECHIMAN, GHANA



DAVID JOHN SEBASTIAN » 7 YRS
» UAE



MARIA IMMACULTA » 13 YRS
» HOSUR, INDIA



MARIE MALARD » 7 YRS
» CANADA



LEANNE ANTO THEKKAN » 6 YRS
» BANGALORE, INDIA



Easy Knotted Rosary Bracelet

- ROSE MARY TOM @potterandhisclay



STEPS

Making the Beads

1. Place the straw vertically and lay the twine beside it.
2. Wrap the long end of the twine 5-6 times neatly around the straw. Keep the loops tight and aligned.
3. Pass the working end of the twine through the centre of the loops, using the straw as a guide.
4. Gently pull both ends, slide the knot off the straw, and tighten it. This forms one clean barrel knot (rosary bead).
5. Repeat the steps to make 10 knots, keeping equal spacing between each knot. Your rosary bead knots are now complete.

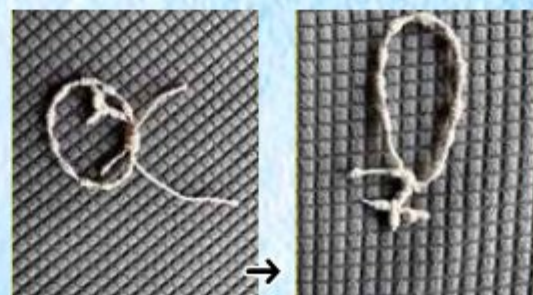
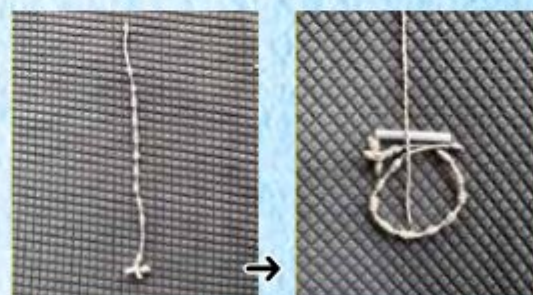
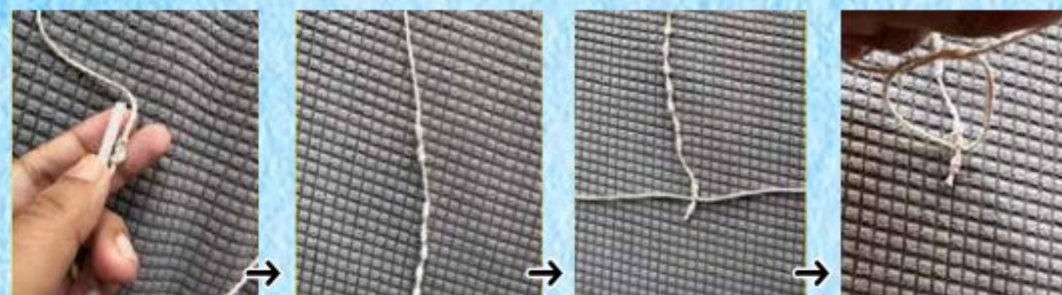
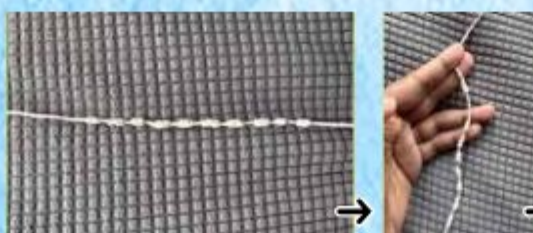
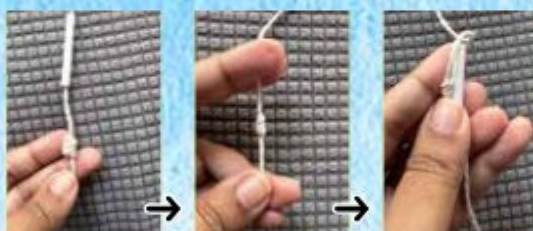
Making the Cross

Vertical Section

6. Create one more knot (wrap around 7 times) slightly away from the last bead knot.

MATERIALS REQUIRED

- Nylon twine (60-70 cm; any thick twine can be used)
- Small straw
- Scissors
- Lighter or glue



7. Add another knot close to it. You should now have 2 knots with a small gap between them.

Horizontal Section

8. Cut another piece of twine (or use a new piece if needed). Tie a simple knot at the centre of the vertical section.
9. Take one end and make a rosary bead knot, tightening it toward the centre. Repeat the same on the other side.
10. Your cross is now complete. Trim excess twine and seal the ends with a lighter or glue.

Bracelet Closure

11. Create a knot at the free end of the rosary.
12. Form a loop with your rosary (as shown in your reference). Place the straw over the loop. Using another piece of twine, tie a knot around it carefully. This creates an adjustable sliding knot for the bracelet. Trim all excess twine and seal the ends. Your rosary bracelet is ready.

Tips

- Nylon twine works best for this.
- You may hang your favourite medals on the rosary.

THE EMPTY TOMB:

A Wonderful Mystery of God's Love

- DR MARIA MERIN ANTONY

It was very early on Easter morning. The sky was still soft and quiet as Mary Magdalene and her friends walked slowly towards Jesus' tomb. Their hearts were heavy. Just two days before, on Good Friday, they had seen

Jesus die on the cross. They carried spices to honour Him, wondering, 'Who will roll away the big stone for us?' But when they arrived, they stopped in surprise. The stone was already rolled away. Mary hurried inside and gasped. The tomb was empty! Suddenly, a bright angel appeared and said, 'Do not be afraid. Jesus is not here. He has risen!' Mary's heart began to beat fast. Could it be true? She ran to tell the disciples. This made His friends and disciples very surprised, but also very, very happy. Jesus

had died on Good Friday, but now He was alive again. This was not something people could do on their own. It was a special miracle from God, full of love. That is why we call it a mystery. A mystery is something very real and true, but also so wonderful that it is bigger than what we can fully understand. In the Rosary, we remember these beautiful moments of Jesus' life. The day Jesus rose from the dead is remembered in the First Glorious Mystery – the Resurrection.



When we pray the Rosary, we think about the empty tomb and remember: Jesus is alive! And because of Him, we have hope and new life too. So every time we pray, we are not just saying words, we are remembering God's great love for us.

The empty tomb is not just a surprise. It is a wonderful mystery of God's love, a story of joy that we can carry in our hearts every day.



A Dilemma

Mrs Peters, Kevin and Lizzie have just returned home after Catechism and Sunday Mass. It being her first day as a Catechism teacher, Mr Peters was eagerly waiting to hear how the morning went.

So how was it teaching Catechism, Annie?

Not exactly as I expected... but I think it went well!

As the family melted into their usual Sunday routine, Mrs Peters thought about one of her students, Karen, one of the first children she had encountered that morning.

Mass is so boring!



That afternoon, Mrs Peters was busy preparing for an order her baking business had received.

What time do you have to deliver the cake?

By five this evening.



At five, having arrived at the house to deliver the order, Mrs Peter halts hearing raised voices from inside.

Suddenly, the door is pulled open violently and out storms Karen, shouting.

I hate you both!



To be continued...

THE GREEN EMBER by SD Smith

- ANN CECILIA GEORGE » 11 YRS

The *Green Ember* by SD Smith is a fantasy adventure novel about great kings, victorious battles, and two rabbits who restored a blighted kingdom; yes, rabbits!

This book draws you in by making you feel present in the story. The slashing of swords, the agonizing cries of the wounded, and the shouts of triumph echo even after you finish reading. This story is about two rabbits – Heather and Picket, from quiet Nick Hollow who set out on a journey to find the rightful person to become king. But there are strangers and enemies everywhere, so it’s hard to find help. They must have courage, faith, and patience. SD Smith will draw you in with his suspenseful writing in each chapter till the very end. This book has one of the most thrilling adventures I have ever read.

A quote that deeply struck me from this book is this: **‘My place beside you, my blood for yours, till the Green Ember rises, or the end of the world.’** This quote first appears when it is spoken by one of the characters while saving his friend from a dangerous place. SD Smith uses these powerful and grasping words to express how loyal someone can be to another, as well as the goodness of heart and beauty of that character.

This quote also connects to Jesus. Imagine Jesus saying these words to us. ‘My place

beside you,’ Jesus will always be beside us. ‘My blood for yours,’ Jesus died for our sins. He gave His life for us. ‘Till the Green Ember rises or the end of the world.’ It’s like Jesus will always help us. This quote encourages us to do the same for one another.

I highly recommend this book to children who are 8 and above, who not only love gripping adventures, but also love beautiful and well-written descriptions. The message of the book I particularly liked is that the past does not decide who we are; there is always hope for the future. This reminded

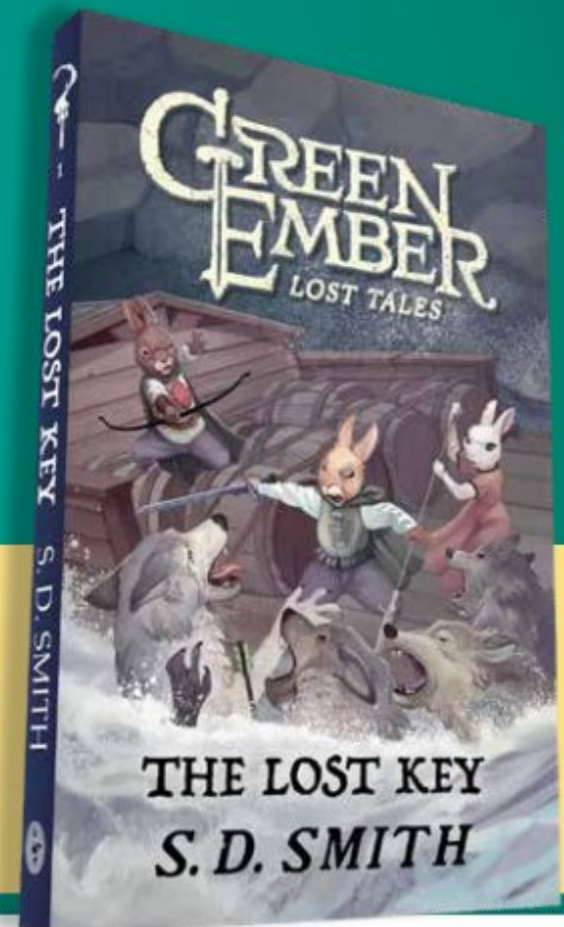
me of the true story of an athlete from Ghana named Emmanuel Ofose Yeboah who was born with a disability and faced problems throughout his life. Yet, even though people stood in his way, he did not let his disability decide who he was; he knew there was hope. And he managed to cycle four hundred miles with only one strong leg.

The Green Ember was interesting, but to learn about the author was equally amazing. He grew up in West Virginia in the tree-covered Appalachian Mountains. He is married and has four children. In his

childhood he was deeply encouraged by the well-known books, *The Chronicles of Narnia* and *The Boxcar Children* which are two of my favourites too. Although he was a late reader, he spent much of his early years playing and imagining magical adventures with his siblings. The book began from the stories SD Smith told his children about rabbits that were hopping in their backyard. And soon enough, *The Green Ember* series came to be.

So, if you happen to read this incredible book, and want to read more just like I did, three more adventurous books

are waiting to be read in this series. Above all, *The Green Ember* reminds us that courage, loyalty and hope can guide us through the toughest challenges.



Beatification

Latin: beātificātiō

Meaning: To be made blessed, or supremely happy.

Beatification is a special and joyful announcement from the Catholic Church that a person who has died lived a very holy life and is definitely in heaven! It is the important step right before a person is declared a Saint, and once beatified, they are given the special title 'Blessed'.



Interesting Fact:

To be beatified, the Church usually needs to prove that one miracle (like an unexplainable healing) happened on Earth because the person prayed for it after they died! The only time they don't need a miracle is if the person was a martyr (someone who died because they loved Jesus and refused to deny their faith) in the world.

Personal Application :

Beatified people showed 'heroic virtue,' which means they did ordinary things with extraordinary love and goodness, just like Jesus. You can practice a heroic virtue today by forgiving a friend, sharing a toy or being extra helpful to your parents!

Unscramble

Unscramble the names of four Christian virtues (good habits) that the Blessed and Saints practiced on their path to Heaven.

1. ETHICAYR :

2. OYJ :

3. NESDINKS :

4. REPAYR :



NAME 3

→ Friends of Jesus:

- 1
- 2
- 3

→ Relatives of Jesus:

- 1
- 2
- 3

→ Saints starting with P:

- 1
- 2
- 3

→ Apostles:

- 1
- 2
- 3

→ Food (items)

mentioned in the Bible:

- 1
- 2
- 3

→ Saints who were

Popes:

- 1
- 2
- 3

→ Animals mentioned in the Bible:

- 1
- 2
- 3

→ Titles of Jesus:

- 1
- 2
- 3

→ Books written by

Moses:

- 1
- 2
- 3

→ Books of the Old

Testament:

- 1
- 2
- 3

→ Books written by Paul:

- 1
- 2
- 3

→ Titles of Mother Mary:

- 1
- 2
- 3

→ Saints starting with T:

- 1
- 2
- 3

→ Places where Mother

Mary Appeared:

- 1
- 2
- 3

→ Saints who were

Children:

- 1
- 2
- 3

Real or Fake? - Part 2

After her 'cool' friends completely ignore her, Anna comes to certain realisations.

And remembering Tina's earlier invitation, Anna races out the door.

I tried so much to be the 'Real Bestie' that I forgot to be Anna. I don't want to be INVISIBLE anymore!

THUMP...
THUMP...

When she reaches the room, the Craft Workshop has already begun.

Is there space for a bigger kid?

CRAFT WORKSHOP

Always! Grab some supplies and let's make something!

Anna is clearly visible now... and at peace.

Thanks for having me, Tina.

Girl, you would've done this for me too.

You look... different. In a good way!

And earlier distractions don't seem to bother her now.

Come on. Let's finish this.

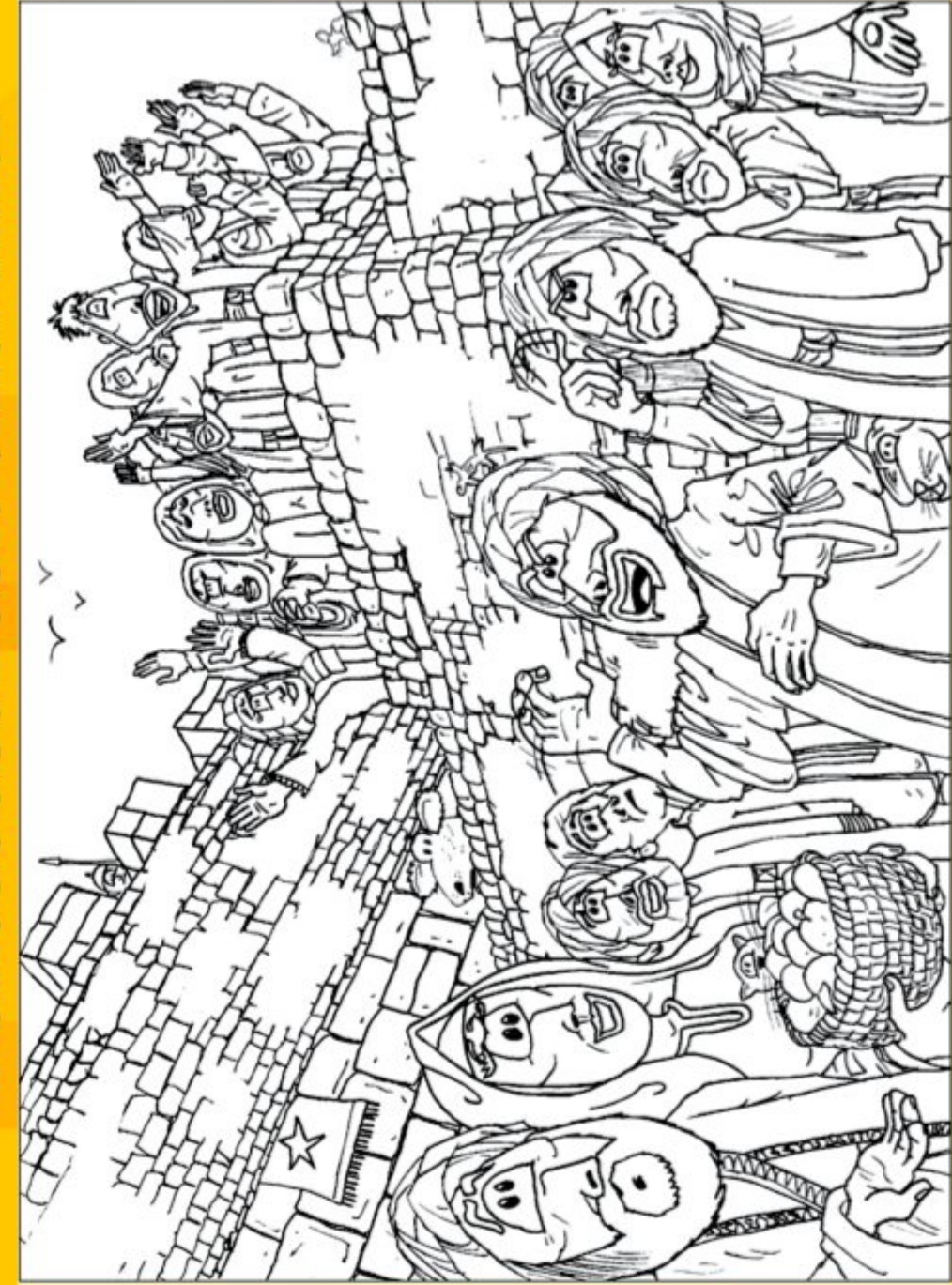
BING...
BING...

Anna and the kids enjoy to the MAX!

SWITCH OFF

'For am I now seeking the approval of man, or of God? Or am I trying to please man? If I were still trying to please man, I would not be a servant of Christ.'

Pentecost Look-and-find



CAN YOU

FIND:

- ▶ 3 birds
- ▶ a mouse on a wall
- ▶ a kitten
- ▶ a dog
- ▶ a soldier with a spear
- ▶ an animal looking over a wall
- ▶ a carpet with a star
- ▶ a lizard on a wall
- ▶ a woman holding a coin

The patron saint of copying people on emails:



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