

KAIROS

VOLUME 1 » ISSUE 16

Buds

A CATHOLIC MAGAZINE FOR CHILDREN

WITHIN

*Shrine of Our
Lady of Mercy*

.....

**Fear of God Is
the Beginning
of Wisdom**

.....

*We Love
Him!*
**Let us love
one another**



WITHIN

KAIROS
Buds

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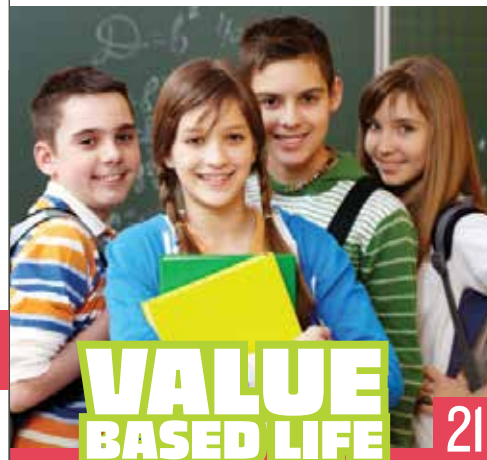
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EDITORIAL

OUT OF LOVE

A friend of mine shared an experience he had. There was a Polish lady in his parish who attended daily Holy Mass with a joyful smile.

One Sunday for Holy Mass, she was seated in the pew just before his. When the time came to receive Holy Communion, she took out a pure white cloth from her bag. He noticed that there was a tiny red cross embroidered in its centre and was curious to know its purpose. She joined the queue and when it was her turn to receive Communion, she received the Body of Christ in that pure white cloth, knelt down and consumed the Holy Bread of Christ.

My friend was awed with the height of reverence and honour she gave to Jesus. So did I! She didn't want to receive Jesus directly in her hand. Instead, she placed a dedicated cloth on her palm to receive Jesus. For a moment, the famous quote from Saint Francis De Sales came to my mind, *We must fear God out of love, not love him out of fear.*

Friends, let us fear our God out of love! Make an effort to stay away from sin. Make an effort to stay holy and pure, give honour and respect to the Lord Jesus in everything we do. The fear of the Lord is more than just a feeling. It is a deep respect and awe followed up by obedience, submission, and worship. I pray that this edition of Kairos Buds

Adv. Johnson Jose
EDITOR-IN-CHIEF

Shrine of Our Lady of Mercy, NSW, Australia

- JIYA ROSE JAMU » 10 YRS » NSW, AUSTRALIA

The Shrine of Our Lady of Mercy is in Penrose Park, in the Southern Highlands of New South Wales, Australia. Its ministry is under the Order of St Paul the First Hermit (or the Pauline Fathers), who are the custodians of the original image of Our Lady of Czestochowa or the Black Madonna (in the Jasna Gora Monastery, Poland), which according to legend was supposed to be painted by St Luke.

In 1981, Fr Augustine Lazur arrived in Australia with the aim of instituting a Marian shrine in the country, and through his efforts the Shrine of Our Lady of Mercy was established in 1984, where Our Lady is represented by a replica of the Black Madonna of Czestochowa. This shrine is still expanding, with new retreats and shrine halls being made to accommodate pilgrims on their visits to

the shrines. There are many shrines for many different saints along the park, each varying in architecture. Did you know there are 43 different shrines at Penrose Park? They represent a different country each. Penrose Park is constantly accumulating new shrines, chapels and further construction on their church due to its popularity and significance for pilgrims. The Shrine of Our Lady of Mercy in Penrose Park is a beautiful pilgrimage opportunity, allowing people to grow closer to God and to praise, ask and seek from his saints.

Why are these shrines so important? Well, that's because they allow Catholics to celebrate saints from all over the world, which connects everyone spiritually. By allowing people to explore different saints and pray to them, they can bond with God easily, seeing these role models of God's Word. Saints teach us how to act, how to be the best version Christ wanted us to be! They used the Bible as their guidebook and taught us to act just like them to make this world a better place as God intended it to be. The shrine accepts people of all nations and brings them together to celebrate God, who unites us all.



OUR LADY OF MERCY IN PENROSE PARK IS A BEAUTIFUL PILGRIMAGE OPPORTUNITY, ALLOWING PEOPLE TO GROW CLOSER TO GOD AND TO PRAISE, ASK AND SEEK FROM HIS SAINTS.

The fear of the Lord is the beginning of wisdom (Proverbs 9:10).

You've probably heard this verse many times before, but have you ever wondered what it meant? Does the Bible actually want us to be scared of God? This might be a common misunderstanding that most people have when they hear this particular Bible verse. However, it doesn't actually mean that we should be scared of God! Instead, what is meant by the word 'fear' is that we should show respect towards God. But how does fear of the Lord lead to wisdom? Well, when we show reverence

please give me the wisdom to make the right decision.' When he finished his prayer, he felt that God was telling him to have the courage to say no to stealing, which was exactly what Jim ended up doing. Jim's friends were amazed by his bravery to say no, and they in turn became inspired to be more like Jim!

Our circumstances may not be as serious as Jim's, but we can still do what Jim did: pray to God whenever we come across a difficulty. God, in his great love for us, will grant us the wisdom we need to do the right thing. Let us then turn to him in our moments of uncertainty, so that we may become wise like our Heavenly Father is! ◦

SHOULD WE BE SCARED OF GOD?

- ANITA SKARIA » 16 YRS » HOUSTON, USA

towards God, we are more likely to listen to his words, which in turn helps us make wise decisions in our day-to-day lives. Even if we're in a tough situation and we don't know what to do, we can simply ask our Heavenly Father what to do, and he will grant us the wisdom to make the right choice!

Take the story of a boy named Jim: He was shopping with a few friends when he saw a game that he really wanted, but he didn't have enough money to buy it. His friends suggested stealing the game—which Jim knew was wrong, but was very tempted to do. Unsure of what to do, Jim closed his eyes and made a quick prayer to God: 'God,



PRAYERS ARE NEVER UNANSWERED

- JOSHUA SHIJO » 10 YRS » DALLAS, USA

My mom always tells me that prayer is very powerful and that they are never unanswered. I wanted to share a recent experience that increased my faith in prayer. Around three years ago, my grandmother (Ammachi) was diagnosed with a type of cancer, she was hospitalised for a few days and got slightly better. However, the continuous medications made her tired day by day. She wanted to see us and we did too. We couldn't travel first due to the pandemic and then due to a visa situation. It had been almost three years since we last saw her.

The only other option for us was to bring her here to the USA but given her health condition, that was very challenging and almost impossible. The monthly visits to the doctor, which used to take only a few hours, were nightmares for her as she couldn't sit in the car for that long due to pain. My mom suggested praying 1000 Creeds in a month and to put our faith in God that he would do a miracle for us. So, we decided to pray 33 Creeds everyday in the month of December. My mom, dad and I took 10 each and my younger brother took 3. We had a chart where we would all log our counts every day. We missed few days, but we eventually caught up on our numbers.

As we were halfway through our 1000 I Believes, my grandmother got the 'go ahead' for travel from her doctor. Next challenge was how she would get here by herself. But God had plans for everything. A family friend was returning from India and they agreed to bring her along with them.

We finished the 1000 I Believes by the end of December, and she was here on January 2nd.

I believe it is the power of the prayer that she had the strength and courage to travel with her health conditions in the midst of the pandemic, and reached safely without any difficulties. Our God is an awesome God who always answers our prayers. ◦



Readers can send in their articles and art to the WhatsApp number +1 346 339 4500 or to the mail id kairosbuds@jykairosmedia.org



THE PARABLE OF THE WHEAT AND WEEDS

Jesus told the crowds a parable.

The kingdom of heaven is like a man who sowed good seed in his field.

When everyone slept, an enemy came and sowed weeds among the wheat. When the wheat sprouted and formed heads, weeds also appeared.

Sir, hadn't you sown good seed in the field? Where then did the weeds come from?

An enemy did this.

Shall we pull out the weeds?

No, you may uproot the wheat if you do so. Let the wheat and the weeds grow until the harvest.

At harvest time.

First collect the weeds and tie them in bundles to be burned; then gather the wheat and bring it into my barn.

Then Jesus left the crowd. And his disciples came to him.

Lord, explain to us the parable of the weeds in the field.

He who sowed good seed is the Son of Man. The field is the world, and the good seed stands for the people of the kingdom.

The weeds are the people of the evil one, and the enemy who sows them is the devil. The harvest is the end of the age, and the harvesters are angels.

As the weeds are pulled out and burned, so it will be at the end of the age. The Son of Man will send his angels, and they will weed out of his kingdom everything that causes sin and all who do evil.

They will throw them into the blazing furnace, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Whoever has ears, let them hear.

STORY: SR. SUMA THOMAS CSM

ILLUSTRATIONS: GEETHU THOMAS

The Fear of God Is the Beginning of

Wisdom

- PROVERBS 9:10

- FR DR MELWYN D'CUNHA SJ » KARNATAKA, INDIA

Wisdom comes with age and experience. When in a dilemma, and to discern if something is good or bad, we consult with elders, our parents or teachers to make right decisions.

When someone says, 'Please don't tell your parents or teachers', then there may be something suspicious. That must trigger an alarm in us. King Solomon sought wisdom from God to administer justice.

What is wisdom? It is a discerning process to use knowledge to do what's right and avoid wrong. Wisdom also involves planning for life. For example, when we are faced with questions such as what to do? When to do? How to do? How to say? What to say? etc., we seek counsel from our wisdom. Small things in life will make a difference with cumulative effect.

One thing comes to mind is the aspect of fear. Why do we have to fear? Psychologically, fear stunts someone's holistic growth. As children of freedom, we need to live without fear to create a heaven on earth, like Rabindranath Tagore's Gitanjali would say, 'Where the mind is without fear and the head is held high; into that heaven of freedom, my Father let my country awake.'

When it comes to God, he is beyond human comprehension. Nevertheless, we experience the presence of God through various persons of God and messengers of God or prophets of God or events. The experience of loving parents and family members are of great value for each one of us to experience God as a loving Father. But why fear God? When our first parents did something wrong (sin), they were afraid. If we have a good conscience ('inner voice'), it will guide us to do right and when we have gone astray it disturbs us.

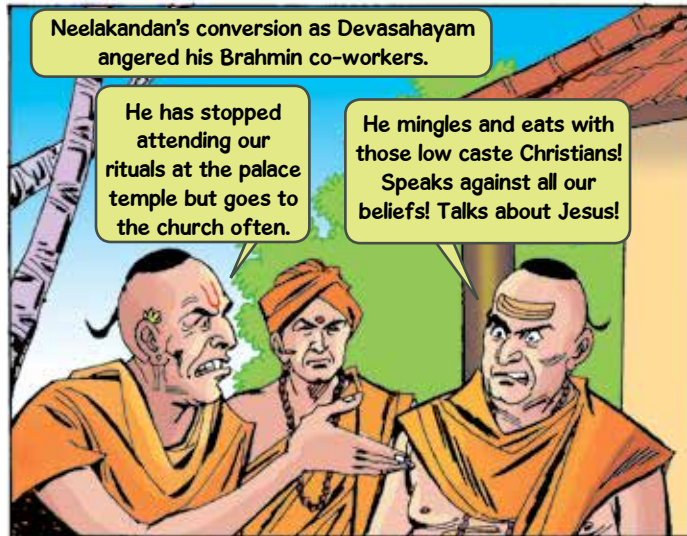
As St Ignatius of Loyola would say, if love of God cannot help us to lead a good life, at least the fear of hell should deter us from doing evil.

The role of fear and punishment apparently seems negative, but it must lead us to the right path. It is like fear of humiliation or failure that will motivate us to study well and do something worthwhile in life. If we write down why we were frightened of God and what was the net effect in life to do right things, it might throw some answers to our question as to why fear God instead of loving him.

Our experience of God must help us love one another beyond narrow and man-made divisions of caste and creed. We need to seek forgiveness from one another for the wrongdoings of the past and live in harmony as children of one God, interconnected with one another as a family of God. Whether it is the love of God or the fear of God, they must help us lead a life full of joy and to live as one family without hurting anyone, including plants and animals and be just and fair to every creature ◦

Blessed Devasahayam

PART : 4

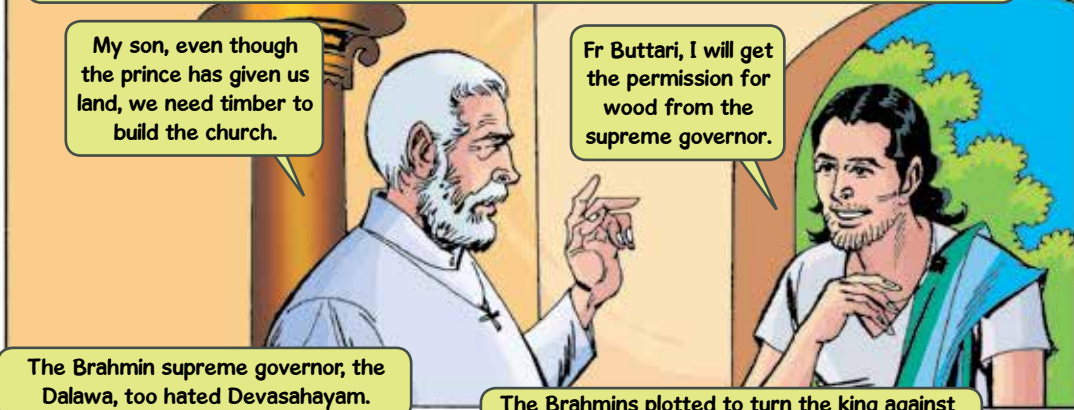


Neelakandan's conversion as Devasahayam angered his Brahmin co-workers.

He has stopped attending our rituals at the palace temple but goes to the church often.

He mingles and eats with those low caste Christians! Speaks against all our beliefs! Talks about Jesus!

Much to the infuriation of the Brahmins, the king of Travancore had been tolerant towards Christians; his heir, the prince had even donated land to Fr Buttari to build a church.



My son, even though the prince has given us land, we need timber to build the church.

Fr Buttari, I will get the permission for wood from the supreme governor.

The Brahmin supreme governor, the Dalawa, too hated Devasahayam.

The Brahmins plotted to turn the king against Devasahayam and the Christians.



How dare you come to me for timber for a church?! I will make sure the Christians are punished and exiled from the kingdom!

Begin with me. I am also a Christian. I am not afraid of your threats.



Neelakandan refused prasadam, the sacred food from the temple!

He spoke against the Brahmin priests his relatives brought to perform worship at his Nattalam house.

The Dalawa and the king's secretary brought false accusations against Devasahayam.



He is a bad influence on the prince! Already the prince has donated land for a church.

Will he influence your heir to give the kingdom away to them too?!

Arrest him! Bring him here!

Some friends came to know of the king's order and warned Devasahayam to stay away. He confided in his good friend, De Lannoy.

Devasahayam was arrested on 23rd February 1749, four years after his baptism.



I refuse to flee like a coward. Nothing can stop me being a Christian and doing what I ought.

Yes! Your faith will be your strength. Come, I will take you to a priest nearby to receive the sacraments.



Neelakandan, I command you to renounce Christianity. Choose wisely or the punishment will be severe.

Your Majesty, I have great regard for you but I will never abandon my faith.

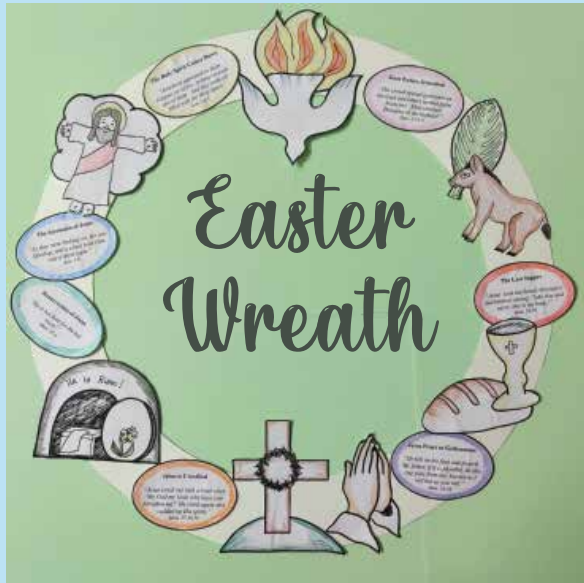


He was ordered to be imprisoned immediately. Three long years in prison were filled with mental and physical torture, episodes of prolonged public humiliation and extreme suffering. It was also a time of great persecution against Christians. Heavy taxes and punishments were inflicted upon them. Many fled the kingdom. Though some denied the faith most of the people were brave at the face of persecution.



To be continued

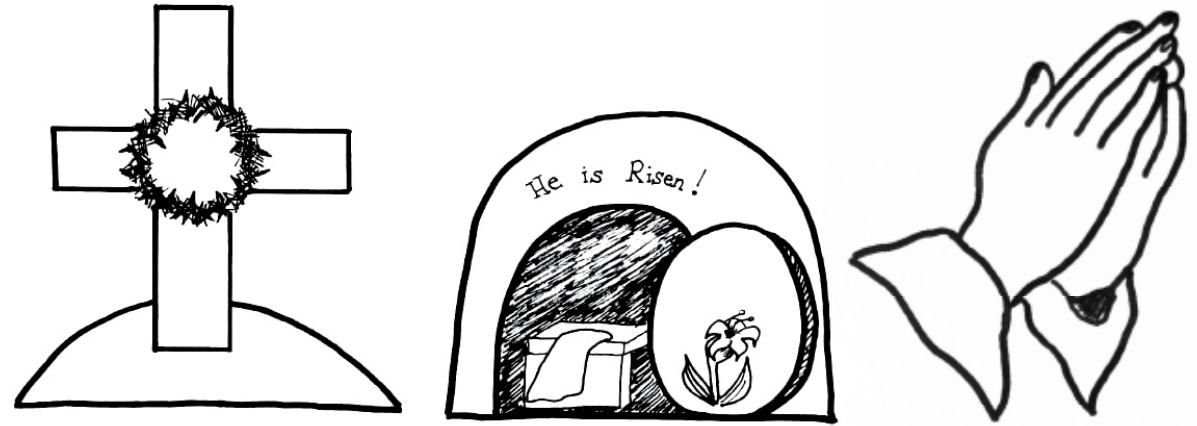
STORY: SUBY EMMANUEL
ILLUSTRATIONS: MADHU S



- ALINA ANN MATHEW » PALA, INDIA

PROCEDURE

- A** Draw the outline of a wreath on a large chart paper.
- B** Cut out and colour the images.
- C** Read and understand the Easter story. Images and Bible verses to be placed in this order:
 1. Jesus enters Jerusalem (Mat. 21:8-9; Palm & Donkey)
 2. The Last Supper (Mat. 26:26; Bread and Wine)
 3. Jesus Prays in Gethsemane (Mat. 26:39; Praying Hands)
 4. Jesus is Crucified (Mat. 27:46, 50; Cross)
 5. Resurrection (Mat. 28:6; Empty Tomb)
 6. Ascension (Acts 1:9; Jesus in Clouds)
 7. Holy Spirit Comes Down (Acts 2:3,4; Dove & Flames)
- D** Glue the images to the wreath.



Jesus Enters Jerusalem
"The crowd spread garments on the road and others spread palm branches. They shouted 'Hosanna in the highest!'"
 Matt. 21:8-9

The Last Supper
"Jesus took the bread, blessed it and broke it saying, 'Take this and eat it; this is my body.'"
 Matt. 26:26

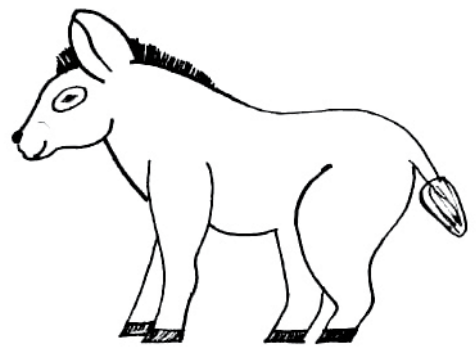
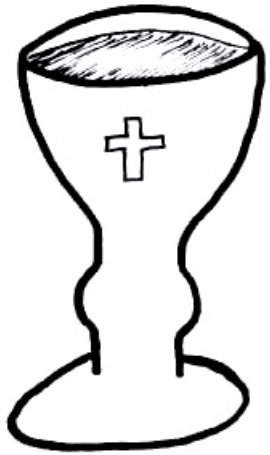
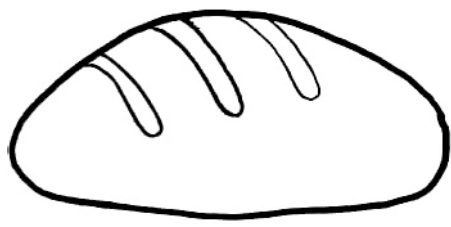
Jesus Prays in Gethsemane
"He fell on his face and prayed, 'My father, if it is possible, let this cup pass from me; but not as I will but as you will.'"
 Matt. 26:39

Jesus is Crucified
"Jesus cried out with a loud voice 'My God my God, why have you forsaken me?' He cried again and yielded up His spirit."
 Matt. 27:46,50

Resurrection of Jesus
"He is not here for He has risen!"
 Matt. 28:6

The Ascension of Jesus
"As they were looking on, He was lifted up, and a cloud took Him out of their sight."
 Acts 1:9

The Holy Spirit Comes Down
"And there appeared to them tongues as of fire, resting on each one of them. And they were all filled with the Holy Spirit."
 Acts 2:3-4



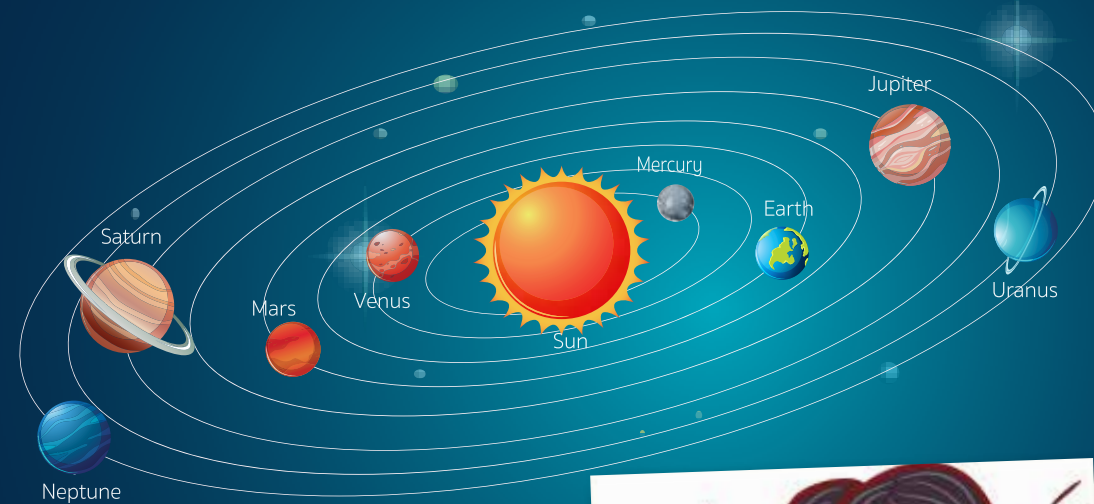
REASONING: THE SUN, THE EARTH AND NICHOLAS COPERNICUS

- ANTONY SACHIN » ERNAKULAM, INDIA

As Christians, we pray, read the Bible daily and attend Holy Mass regularly. These spiritual exercises are very important for the nourishment of our souls. Surely this will help us draw closer to God and grow in faith. Similarly, another important aspect is the intellectual side of our faith. God has blessed us with 'INTELLECT' to reason before we do anything. This is the most important aspect of humans that separates us from animals. With this unique capability, we were able to write stories, make instruments, compose music and launch satellites. Even though human beings have close resemblance with chimpanzees, no animal has INTELLECT as has been gifted us by God.

'Reasoning' or critical thinking is the main activity of intellect. It starts when we ask questions. When one of our teachers teaches us, we can either take it blindly without asking a single question (doubt) or we seek answers to points that we don't understand. We learn that the earth revolves around the sun and rotates on its axis at a high speed. Why don't we feel the earth's speedy rotation? We also see with our naked eye that the sun rises in the east and sets in the west. So is it true that the earth rotates and revolves or is it just the opposite (the sun rotates around the earth)?

Questions of these kind are very important to learn the laws of nature created by God while creating the universe. While we do learn these at school, most of us forget these facts after the exams. We forget these interesting topics because of two reasons. First, the lack of clarity while learning and second, the lack of interest in knowing.



'Surely, all this must be a pleasing and acceptable mode of worship to the Most High, to whom ignorance cannot be more grateful than knowledge'

- Nicolas Copernicus

To overcome these issues, start asking questions and develop clear concepts about a topic.

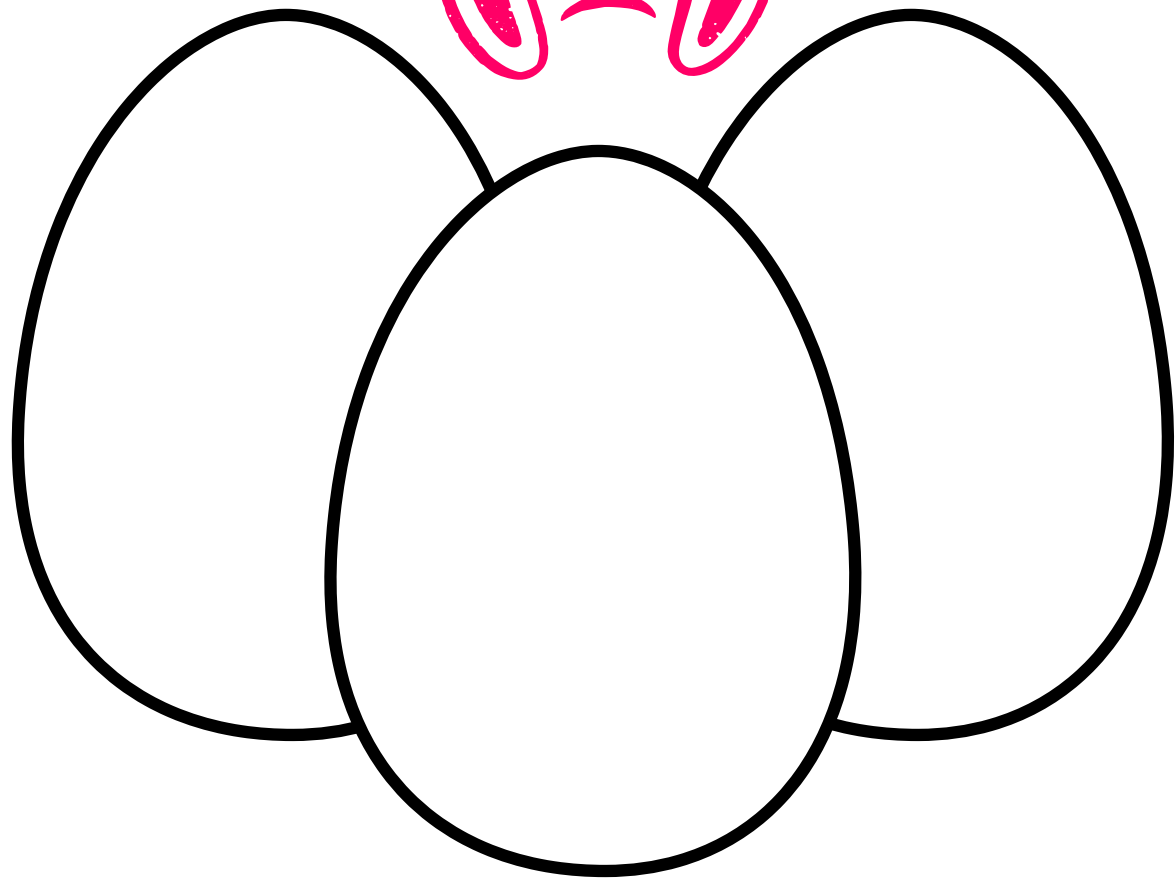


Nicholas Copernicus was the man behind the groundbreaking scientific discovery in 16th century Europe. Born in 1473, he was a mathematician, canon lawyer in the Catholic Church (clergy) and an astronomer, besides also a physician, administrator and economist. An expert in a wide variety of fields, Nicholas Copernicus was a devout Catholic and a passionate scientist. He discovered the actual design of our solar system for the first time - a sun-centred solar system (heliocentric), correcting the existing and mistaken belief that the sun, stars and planets revolved around Earth (geocentric). Reasoning played a huge role in Nicholas Copernicus' life and legacy.

'Surely, all this must be a pleasing and acceptable mode of worship to the Most High, to whom ignorance cannot be more grateful than knowledge' - Nicolas Copernicus

Using the pictures on the next page, decorate these Easter eggs.

Happy Easter



DHANYA MATHEW
» 11 YRS » HOUSTON, USA



JOHN CYRIAC THOMAS
» 9 YRS » ERNAKULAM, INDIA



CHRISTO FRANCIS
» 8 YRS » TRIVANDRUM, INDIA



MICHAEL SAJU
» 14 YRS » KANNUR, INDIA

VALUE BASED LIFE



- SIJU THOMAS » KOTTAYAM, INDIA

Your values reflect who you are and what you stand for. What you value in life helps you decide what life means to you and what actions you need to take. Let us build a value-based life.

Values are the lighthouse in times of darkness and they protect you when your peers make wrong decisions.

Your values promote the following:

Greater Self-esteem (Respect for yourself).

Your self-esteem will ascend when you live your values.

Passion for Life. Passion is a voluntary willingness to discard many things to achieve what you value.

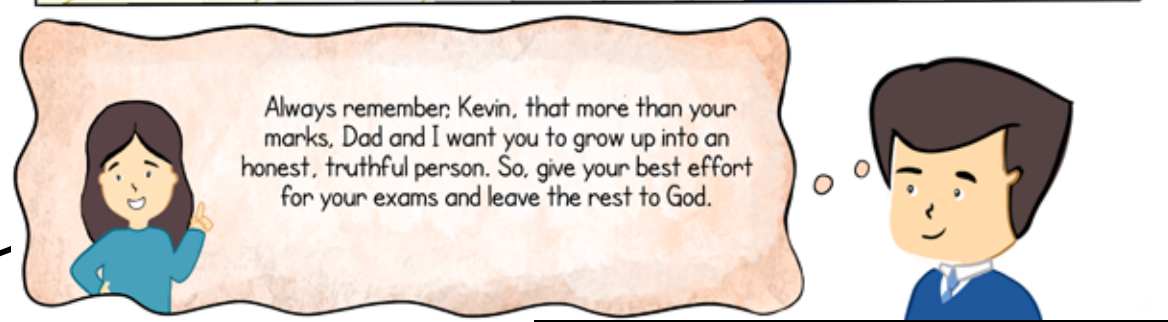
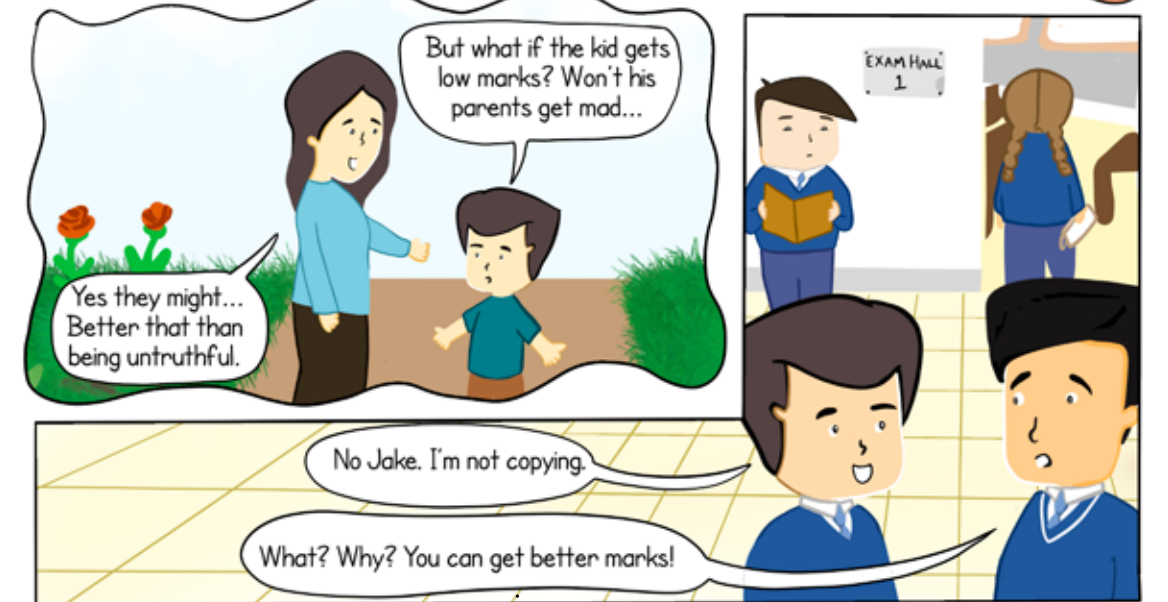
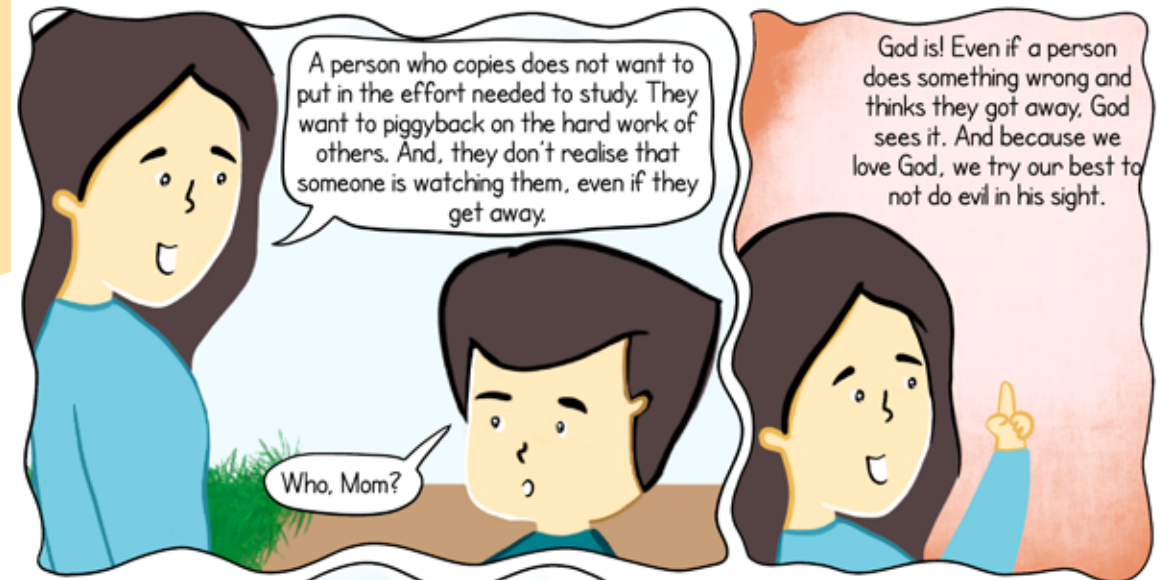
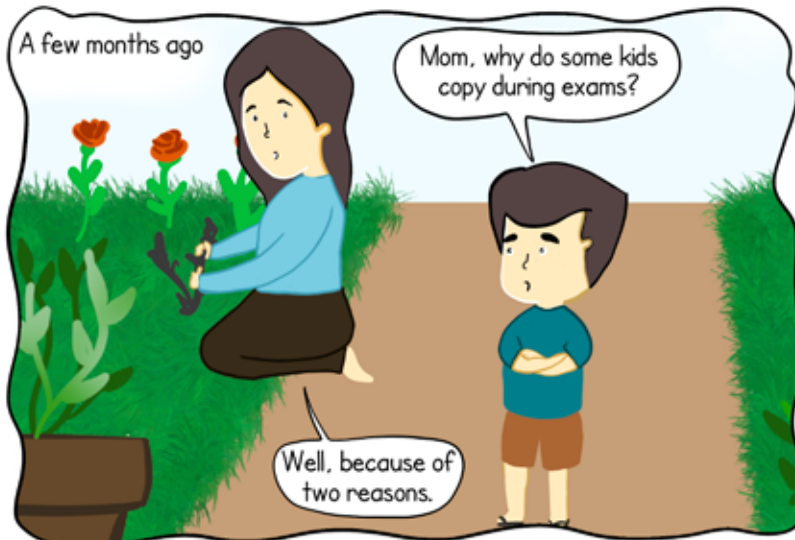
Better Performance. When you choose value-based living you are guided by your heart and inner wisdom. It improves your performance.

Healthy Relationships. Friends will see that you are genuine. Your circle of friends will grow and you will have healthy and meaningful relationships.

Appropriate Decisions. When you are guided by your values, you choose the best option; no matter how difficult it may be.

So dear children, as a person of values you can celebrate your life in the Holy Spirit, because HE is the giver of all values and virtues.

Because we love God



Q. I LIKE TO MAKE FRIENDS BUT WE ARE TOLD NOT TO TALK TO STRANGERS. HOW DO WE KNOW WHOM TO TRUST?



ANS: Oh my! This is a tough one.

Well you need wisdom for that; and one way to gain wisdom is through experiences. But which experiences are the ones we learn from the most? The ones we fail in or have tough times or have negative experiences.

Having said so there is no harm in being polite and cordial with people we don't know. What is important is to observe what they communicate with their body language. Try and see if what they say in words and what they say non-verbally align. Also in the interactions be watchful, especially in the initial interactions be as cautious as you can. Over time you will get to know whom to trust and whom not to trust. As a teenager and growing adult - one key aspect is to be open with your parents or any other adult at home. Share with them all about your interactions with new people and they will also be able guide you. Key point, if your parent or an adult whom you trust says to be watchful about any new person whom you have met, obey that completely. Jesus shared in Matthew 10, 'See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves' ◊

Our young readers can email their questions on faith/life to kairosbuds@jykairosmedia.org or WhatsApp it to us on +1 346 339 4500

HOW MANY EASTER EGGS CAN YOU SPOT FROM THE PICTURE?



LIVING A LIFE OF BALANCE

Part II

- DR. ANNILYN SEBASTIAN » TEXAS, USA

In the previous issue, we saw the various ways to evaluate our commitments to find out if we are truly where God wants us to be in our phase of life.

God does want us to give of ourselves to others and the community, and he has specific and unique plans for each of us. If we are reasonably living out our primary vocation, we do need to take up extra commitments that will help us to give to others, as well as seek the expertise or skills our kids need also, to grow in their talents and passions. On top of doing justice to our primary vocation, we also have to discern what extra things God is calling us to. There can be a problem however, when we take upon ourselves too many extra things, that our primary vocation suffers a setback. So we need to keep the balance.

I usually keep the following pointers in mind, when I try to discern what to say yes or no to:

1) Resist the urge to say yes to everything! First, we have to resist the urge to: say yes to everything that comes our way, feel guilty that we aren't doing something, feel anxious about missing out, do something only to satisfy our ego.

2) Look at your season of life. Are all these extra things on my plate the will of God for me in my specific season of life? He may have willed it for me at another time in my life. But is He still, in my current situation?

3) Are these activities drawing me closer to God?

Are all these extra good things, including ministries, prayer gatherings, etc. actually drawing me closer to God or is it getting too mechanical that it is even taking away from my personal prayer time, or from fulfilling my primary vocation faithfully?

4) Is the activity giving you peace, or taking away peace?

One way to discern if an

THE KEY TO LIVING A BALANCED LIFE IS TO DISCERN GOD'S WILL FOR OURSELVES IN THAT PARTICULAR SEASON OF LIFE. OTHERWISE WE CAN OVERCOMMIT OURSELVES, AND NOT LIVE OUT OUR PRIMARY VOCATION FAITHFULLY.



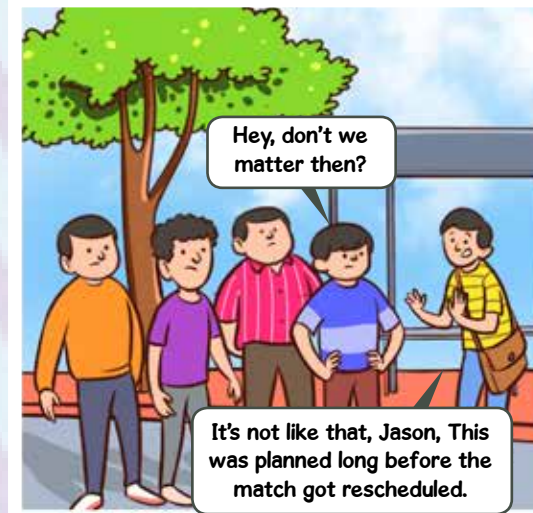
activity is part of God's will for us at that season of life is to ask ourselves if it brings us peace or takes it away. Which activities take your peace away? Maybe those are not in God's plan, in which case it's best to eliminate those from our schedule, as possible.

The key to living a balanced life is to discern God's will for ourselves in that particular

season of life. Otherwise we can overcommit ourselves, and not live out our primary vocation faithfully. This can also lead to burnout, including no time for prayer. God has lots in store for us so that we can live life to the fullest, but identifying what those are should be what we aim for. Most importantly, setting priorities in each area that cater to our soul, mind, heart and body (through prayer time, time for contemplation, time with family, and personal care). Through doing so, we should be able to live life at its fullest! ◦

Parents are welcome to share their concerns/queries at kairosbuds@jykairosmedia.org or WhatsApp number +1 346 339 4500

SEAN TAKES A STAND



TO BE CONTINUED ...

STORY: ANISH SUNNY THOMAS ILLUSTRATIONS: SANISH DIVAKARAN

One day Norah was busy doing a painting for her school exhibition. She felt so proud at how beautiful the painting turned out to be. Just then, her little brother Nevin came by. Curious to see what Norah was doing, he leaned over and accidentally spilt black paint on it. All those houses and daisies were now pitch black. Before he could say anything, Norah punched his arm in anger. Her abrupt reaction triggered him and the aggression went out of control. They rolled on the floor, tearing each other apart before their mother came to put an end to their fight and calm things down.

Wait. Was that a scene from my home? No, but somewhere near? Maybe not... But at times things can go out of our hands.

ANGER MANAGEMENT

Anger is a normal emotion that everyone experiences from time to time. But when you react to it by bursting out, always realise that it not only hurts the people around you but hurts yourself as well.

There are many situations that can trigger feelings of anger. But it should be noted that when anger becomes extreme or uncontrollable, it can cause serious problems both physically and mentally. It also affects our good relationship with other people.

- DR ROSHAN MERIN MATHEW » THODUPUZZHA, INDIA

SO LET'S LOOK AT SOME WAYS WE CAN COPE WITH ANGER IN A POSITIVE WAY.

1 RESPOND INSTEAD OF REACTING

When we react, we usually don't think about the consequences but when we respond we think, take time to figure out the best way to handle the situation.

2 CALM THE BODY DOWN

The best ways to calm oneself are:

- Deep breathing
- Go for a walk
- Listen to music
- Count to ten
- Play a game

3 POSITIVE SELF-TALK

Talk to yourself about the gifts you have received and the good things that are happening in your life.

4 SHARE YOUR FEELING WITH ANOTHER PERSON

Talking to another person like your parents or teachers will help get rid of all that anger and frustration. Talking about it is another way you can deal with the anger in you.

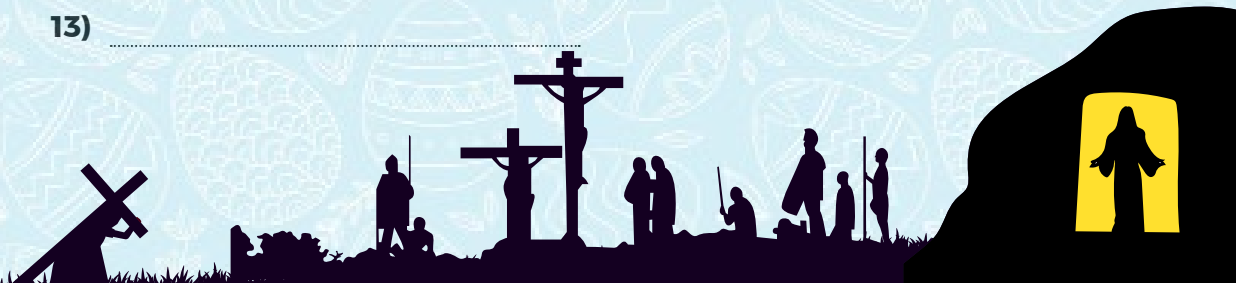
So there's nothing wrong in getting angry. Even Jesus got angry with all those who wanted to turn his Father's house into a marketplace. But always remember what St Paul wrote in Ephesians 4: 26, *Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil*.

EASTER WORDS

Can you find 25 words related to Easter?

EASASHWEDNESDAYEASC HURCHEDGCRCRUCIFIXION
 MITFAITHTHDGOODFR IDAYZZXERMAUNDYTHURSDAYY
 BJHOLYSATURDAYWFCMLENTLZPA SSIONFNEWLIFEP
 PALMSUNDAYQSDGRESURRECTIONFGEDASLAMBABD
 RCELEBRATIONMEAEASTERSUNDAYPOIHAPPYEASTER
 RBNJRISENFRESACRIFICEKLPASALVATIONEASTOMB
 RYAMARYETRWEPETERADCVANGELKOBJOYYHOPERTE

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|-----------|-----------|
| 1) | 14) |
| 2) | 15) |
| 3) | 16) |
| 4) | 17) |
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| 7) | 20) |
| 8) | 21) |
| 9) | 22) |
| 10) | 23) |
| 11) | 24) |
| 12) | 25) |
| 13) | |



WhatsApp (+1 346 339 4500) or email (kairosbuds@jykairosmedia.org) solved Brain Gym to us with your full name, place & photo before 25 April 2022. Correct entries will be featured on our social media pages.

COLOUR ME

JOIN THE DOTS AND COLOUR



WhatsApp (+1 346 339 4500) or email (kairosbuds@jykairosmedia.org) the coloured pictures to us with your full name, place & photo before 25 April 2022. Best ones will be featured on our social media pages.

Jesus said to her, "I am the resurrection and the life."

John 11:25



Pope St John XXIII

Compiled by Reenu Sara Kuriakose



St John XXIII was a short, round and elderly Pope. He was also a very humorous and witty man. One day, shortly after his election as Pope, as he arrived for an outdoor audience, he overheard a woman commenting to her friend nearby about his physique, remarking that he was very fat. He immediately turned to them and replied with humility that the conclave (the assembly of cardinals for the election of Pope) was not a beauty contest. As more and more humour is targeted at belittling others, we can change this attitude by laughing at ourselves once in a while. •

HIGHLY RECOMMENDED!

It's been a year we are receiving Kairos Buds magazine for our 5 and 3 year-old girls. Initially, the kids were very excited about colouring pages and the beautiful pictures inside. As a mother, I had been in search for a Catholic magazine like BUDS. It is designed perfectly, attractively and printed well!

My kids ask me to read the stories from it. Since they are in pre-k, I use the magazine to teach them to read. It's perfect for their growth. I began to make conscious efforts to spend time with my kids with BUDS. The Smart Parenting section is very beautiful with good wisdom that helps us to grow together! My kids' main interests are the Dare to be Saints cartoon, activity pages, colouring and Hobby Hub. From the Luminous Library page, I've started making lists of books and movies we can use for future references!

Personally, we highly recommend this book for all children aged 3-12. Young couples who want to raise their kids in faith from a young age, please don't miss this opportunity to buy!

- Deepthy Tomy,
Houston, USA



To subscribe to this magazine
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www.jykairosmedia.org.