

KINDNESS WHEEL

- DIVYA IMMANUEL » MUMBAI, INDIA



MATERIALS REQUIRED:

- Cardboard
- Scissors
- Paints, Brush and a bowl of water
- Marker
- Nails or AI pins
- Styrofoam (square piece)



PROCEDURE

- 1 Cut the cardboard piece into a circle and mark the mid point.
- 2 Draw lines from one end of the circle to the other passing through the mid point. Divide the circle into equal parts.



TIPS

1. Parental guidance may be required while using pins and scissors.
2. You may use a plain paper plate also to create the wheel.
3. Use a rag to keep the place clean.



- 3 Colour it with light colours and let it dry.
- 4 Once dry, write down acts of kindness (either as shown in the image or after discussing with your parents).
- 5 Now make a small arrow using the cardboard.
- 6 Use the pin/nail to loosely secure the circle onto the styrofoam and check if the pin wheel rotates.
- 7 Next, pin the arrow either on the top or the bottom of the styrofoam, making sure that it points at the circle (refer picture)

ACTIVITY

This is your kindness wheel. Every morning rotate the circle and see which act of kindness you get. Do the act every day and notice the change within you. God will bless your acts of kindness and you will experience miracles around you.

