Sapna Tracy — The Mother Angel

Name: _____ Date: _____

Reflection & Response

1. What aspect of Sapna Tracy's life touched you most deeply?

2. What does her decision to protect her unborn child teach about the dignity of life?

3. How did Sapna show trust in God during suffering?

4. What can you learn from her commitment to motherhood and family?

5. How did her prayer life strengthen her daily actions?

6. What does her life teach about sacrifice and self-giving love?

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7. How can you respond to difficulties with faith like Sapna?

8. How can you respect and protect life in your daily life?

9. How can you bring peace and hope to others in their struggles?

10. What concrete step can you take to live a life of love and sacrifice?

Prayer

Lord Jesus,
Thank You for the life of Sapna Tracy, who showed us the beauty of sacrifice and trust in You.

Teach me to value every life, to love selflessly, and to remain faithful even in suffering.

Give me courage to follow Your will, and a heart that serves others with compassion and peace.

Amen.