

KAIROS

VOLUME 1 » ISSUE 23

Buds

A CATHOLIC PUBLICATION FOR CHILDREN



WITHIN

*The Sanctuary
of Our Lady of
Kibeho, Rwanda*

*Three Parts
of Kindness*

Stars of Heaven!

WITHIN

KAIROS
Buds

CARTOONS

- 10 The Wedding at Cana
- 14 St. Ignatius of Loyola | Part: 2
- 28 Some Partings

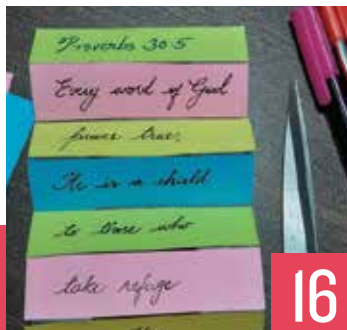


22

**What Happened
When Dad Filled in!**

ACTIVITIES

- 26 Puzzle
- 27 Brain Gym
- 32 Colour Me
- 34 Word of Life



**A Bible Verse
in my Pocket**

16

COOL CATHOLIC

- 12 Cloud of Witnesses

SMART KIDS

- 06 Three Parts of Kindness
- 08 Saints and Me
- 20 My Canvas

SMART MIND, HEALTHY BODY



- 21 Luminous Library
- 24 Q&A With Fr Justin Panachickal MSFS

KIDS & SOCIAL MEDIA



30

- 35 Holy Humour



4 **SANCTUARY OF OUR LADY OF KIBEHO, RWANDA**

KAIROS
Buds

PATRON
Bishop Mar Raphael Thattil
(Ecclesiastical Advisor, Jesus Youth International)

SPIRITUAL DIRECTOR
Fr. Joseph Ezhumayil
(Jesus Youth International Chaplain)

PRINTER AND PUBLISHER
Dr. Edward Edezhath

EXECUTIVE DIRECTOR
Shoy Thomas
(Jesus Youth International Coordinator)

EDITOR-IN-CHIEF

Nobin Jose
MANAGING EDITOR
Joshy Joseph, Houston, USA

EXECUTIVE EDITOR
Tania Rose Josun | (editor.buds@jykairosmedia.org)

ISSUE EDITORS
Suby Emmanuel, India | Serena DSouza, India | Sona Michael, USA

CIRCULATION COORDINATOR
Anto Puthur, Cochin, India +91 96055 11644

ASSOCIATE CIRCULATION COORDINATORS

AUSTRALIA Mintu Vijay, Melbourne
+61 452 538 785

BAHRAIN: Neenu Maria Jibin
+973 33715472

BANGLADESH Tias Victor Palma
+880 1717-152023

CAMBODIA Sophearong Ravy, Phnom
Penh +855 96 426 5472

CANADA Joby Joseph Ontario
+1 2899 686 074

EAST TIMOR Sr. Julie Antony
+670 77827618 (Whatsapp+91

97447 32431)

GERMANY Anna Paul, Berlin
+49 176 83495451

INDIA Austin Michael, Mangalore
+91 8277405251

IRELAND Suresh V Joy
+353 87 963 0904

ISRAEL Jaison K Thattil, Tel Aviv
+972 55 9974339

ITALY Anoop P Varghese
+39 3884256258

KUWAIT Rajeev J Chacko, Ahmadi
+965 66388310

MALAYSIA Sweetsy Kamala Prasad
+60 162568139

NETHERLANDS Jojo Varghese,
Utrecht +31 684974552

NEW ZEALAND Derick Daniel,
Auckland +64 29 127 0650

OMAN Sanal +968 92120376

PAKISTAN Asif Emmanuel
+92 3022534254

PAPUA NEW GUINEA Abin Michael
+675 7479 4368

QATAR Metty Don, Doha
+974 7040 868

SINGAPORE Savio Francies
+65 9021 9798

SRILANKA Sonal Fernando
+94 77 3818399

SWITZERLAND Anu Jose
+41 799177100

THAILAND Vineeth Andrew
+66 86 372 6601

UAE Dennies Antony
+971 50821 3122

UGANDA Mboowa Ronald
+256 706844152

UK Mathachen Maduckakuzhy
+44 7969 365686

USA Denny Joseph
+1 (832) 640-3106

FINANCE COORDINATOR
Leena Shaju, Cochin, India | +91 62382 79115 | finance@jykairosmedia.org

DESIGN
Manna Media Hub, Delhi, India | info@mannaediahub.com

MAILING ADDRESS
Kairos Media USA
3010 Mason Grove Ln
Pearland, TX,
USA, 77584
+1 832 592 3675

Kairos Media India
No 8/174, Navodaya
Studio Complex,
Thengod PO,
Cochin, Kerala,
India. Pin: 682030
+91 9895711718

Kairos Media UK
St Charles Street,
Sheffield S9 3WU,
United Kingdom
+44 7969365686



To subscribe to this
magazine scan QR code
or visit
www.jykairosmedia.org

DISCLAIMER: Kairos Media is the mass media initiative of Jesus Youth, an international Catholic movement approved by the Holy See. Kairos Media considers its sources reliable and verifies as much data as possible. However, reporting inaccuracies can occur. Consequently, readers using this information do so at their own risk. While every effort has been made to ensure that information is correct at the time of print, Kairos Media cannot be held responsible for the outcome of any action or decision based on the information contained in this publication/website. The publishers or authors do not give any warranty for the completeness or accuracy of this publications' content, explanation, or opinion. Although persons and ministries mentioned herein are believed to be reputable, neither Kairos Media nor any of its employees, sales agents, or contributors accept any responsibility whatsoever for such persons and ministries activities. No part of this publications and/ or website may be reproduced, stored in a retrieval system, or transmitted in any form without prior written permission from Kairos Media. Permission is only deemed valid if approval is in writing.

kairos
@kairosbuds
@kairosbuds
@kairosbuds

EDITORIAL



THE REAL SUPERHEROES

A few years ago, I got the opportunity to go on a pilgrimage organised by Jesus Youth that began after the World Youth Day at Krakow, Poland. A two-week pilgrimage across a few countries in Europe. An amazing element of this pilgrimage was the opportunity to visit shrines of various great saints of the Catholic Church. Personally, the most exciting moment was to visit and see up close the body of St Padre Pio and to seek the intercession of this great saint of the last century. Another incorrupt saint we could visit was St Catherine Labouré. Her body was encased in glass beneath the side altar of the Chapel of Our Lady of the Miraculous Medal in Paris. I still cherish the memories of the hills of Assisi, which presented us Saints Francis of Assisi and Clare of Assisi. After the pilgrimage I had a great desire to know more about the saints.

One day while visiting a priest in my parish, I noticed a large DVD collection of saints' movies. When I enquired about it, this loving priest was so happy to let me take the DVDs home to watch with my family. I am happy that I completed watching all the movies which the priest had in his collection. This significantly influenced our lives after we got to know about more saints, their challenging and inspiring lives which radiate the love of Jesus.

The month of November begins with All Saints' Day. Saints are the real superheroes we should follow. I am sure all of you participated in 'Holy Habits' by dressing up as your favourite saint. Let's make an effort to imitate the lives of saints, step by step, little by little. Read about saints, watch saints' movies and talk about saints to your friends. Make the saints your good friends. I pray that *Kairos Buds* may help you know about more saints.

Nobin Jose
EDITOR-IN-CHIEF
nobin.jose@jykairosmedia.org

THE SANCTUARY OF OUR LADY OF KIBEHO, RWANDA

- ALPHONSE OLIAPURATH » 11 YRS » IRVING, USA

The Sanctuary of Our Lady of Kibeho is one of the places of Mary's apparitions during the 1980s in Africa. Kibeho is a small village located in south-western Rwanda. The reported apparitions there began on November 28, 1981, at a time of increasing tension between the Tutsi and Hutu groups. They occurred at Kibeho College, a secondary school for girls, and included an apocalyptic vision of Rwanda descending into violence and hatred which many believe foretold the 1994 Rwandan genocide.

The Virgin appeared to three teenage girls; she identified herself as Nyina Wa Jambo which meant Mother of the Word in the Kibeho language (Kinyarwanda). The Virgin told the three teenage girls that everyone needed to pray to prevent a terrible war because in their vision they saw violence, destruction, and dismembered corpses of the dead. The three teenage girls were Alphonsine Mumureke, Nathalie Mukamazimpaka, and Marie Claire Mukangango. The most extended series of visions

were attributed to Alphonsine Mumureke, who had received the initial vision shortly after her admittance into Kibeho High School in October 1981, after her primary education, and the last on November 28, 1989.

Anathalie Mukamazimpaka was the next one to have visions, which lasted from January 1982 to December 3, 1983. The Virgin emphasised Mukamazimpaka to do endless prayers, expiation and to perform the penances

through mortification of the flesh. Marie Claire Mukangango had received apparitions from March 2 to September 15 1982. The Virgin

asked Mukangango that people pray the Chaplet of the Seven Sorrows to obtain the favour of repentance.

In 1990 St. Pope John Paul II visited Rwanda, Mbare, Kamonyi, and Nyandungu when he was Pope. He had a

great love for the Virgin and he urged all the faithful to pray for greater commitment against local divisions, both political and ethnic by turning to the Virgin Mary as a 'simple and sure guide.'

One hundred days later on April 6, 1994, the Rwanda president, Juvenal Habyarimana was assassinated and millions of Rwandan citizens were massacred by their countrymen. The intention of the massive killing was to wipe off the minority population of Tutsis by Rwanda's majority population of Hutu and the civil war that had preceded it. The two huge massacres that happened in Kibeho were at the parish church in April 1994, a year later where more than 5,000 refugees who had taken shelter there were shot by soldiers. In the April 1994 Massacre, Marie Claire Mukangango and her husband, Elie Ntabadahiga, were trapped in Kigali and killed.

Augustin Misago, the Bishop of Gikongoro, approved public devotion to the apparitions of Mary on August 15, 1988 and declared their authenticity on June 29, 2001. November 8th is the Feast of Our Lady of Kibeho which was the anniversary of the first apparition to Alphonsine Mumureke in 1981. The Marian sanctuary at Kibeho was named 'The Shrine of Our Lady of Sorrows.'

3 PARTS OF KINDNESS

- CATHERINE ANN DEVASIA » 11 YRS » TEXAS, USA

What does kindness mean? The definition of kindness is to be considerate, friendly and generous. Let's go into the definition of kindness and ways we can be kind.

1 ONE OF THE PARTS OF BEING KIND IS TO BE CONSIDERATE



Considerate means to be aware and respectful of something. For example, you have to be aware and respectful of your parents' authority over you so you can be directed in the right path to God. This is a real life example that happened to me. We were having a birthday party

at my house, but I forgot that one of my friends did not like chocolate while I had ordered a chocolate cake. But I remembered and when my other friends were eating cake, we gave her ice cream to eat. I was being considerate and kind to my friend.

2 THE NEXT PART OF KINDNESS IS BEING FRIENDLY



Friendliness is being courteous and helpful to other people. It does not mean you have to be friends with other people, you only have to be nice to them. One example is if someone asks you for

directions you tell them the way. If a friend asks how they look and you do not like it, say so in a polite way. Once I saw a girl sitting by herself. I called her over and now she is a good friend.

3 THE FINAL PART OF KINDNESS IS BEING GENEROUS.

Generosity is having the willingness to give up something. One way of showing generosity is by giving old stuff to the poor like old toys that are just lying around in your house, old clothes, and more. You could give some of your money to the poor. Once, my dad's friend's daughter was having a dance recital and I gave up some of my time to be there.



Now you know what kindness means, though you have the choice to be kind. You should be kind to all of God's creations. Are you going to be kind today?



Saints and me

- JACINTA RONCY » 12 YRS » MISSOURI CITY, USA



There are many ways for us to improve our prayer life, such as going to Mass, church events, and Jesus Youth gatherings. You can look to saints for inspiration on how to improve your prayer life. This is a big part of wanting to pray more. There are many saints who had a passion for Jesus, prayer, and the Eucharist. Take Blessed Carlo Acutis for example. He was a normal kid like you and me. He played PlayStation video games. He played Pokémon.

People around him considered him a 'computer geek' because of his passion and skill with computers. He loved travelling. However, his passion for the Eucharist was what made him so well known. He had requested to receive his First Holy Communion

when he was 7 years old.

He made a website for the Eucharist when he was 11 years old and completed it when he was 14. He would speak of the Eucharist wherever he went. People were moved by his life and legacy. You can do the same to your friends by talking to them about your Catholic faith and what you like about it. You don't necessarily have to tell them about prayer, Mass, Sacraments, or any general topic like that. You can tell them what you like about one topic.



HE MADE A WEBSITE FOR THE EUCHARIST WHEN HE WAS 11 YEARS OLD AND COMPLETED IT WHEN HE WAS 14. HE WOULD SPEAK OF THE EUCHARIST WHEREVER HE WENT.

Sometimes I talk to my friends about the Church and the different aspects of it just because I find it interesting to discuss. Being brave and talking about your Catholic faith is already something that will inspire the kids that you talk to. They'll get motivated to talk about their faith because they might have been too scared to talk about it before for fear of judgement, or accusations. So the next time you go to church, or any prayer event, look to the lives of great saints to improve not only your prayer life but others' prayer lives as well.



THE WEDDING AT CANA

There was a wedding in Cana of Galilee, and the mother of Jesus was there; and both Jesus and his disciples were invited to the wedding.



But then, the wine ran out.

They have no wine.

Woman, what do you want from me? My hour has not come yet.



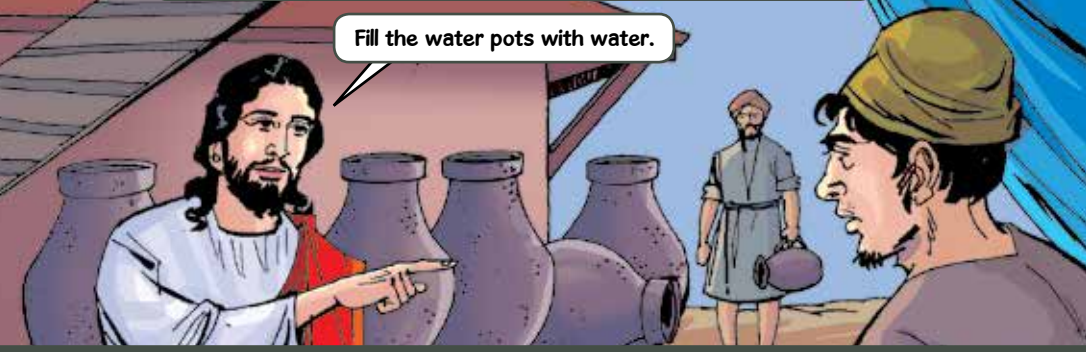
Then Mary told the servants.

Whatever he tells you, do it.



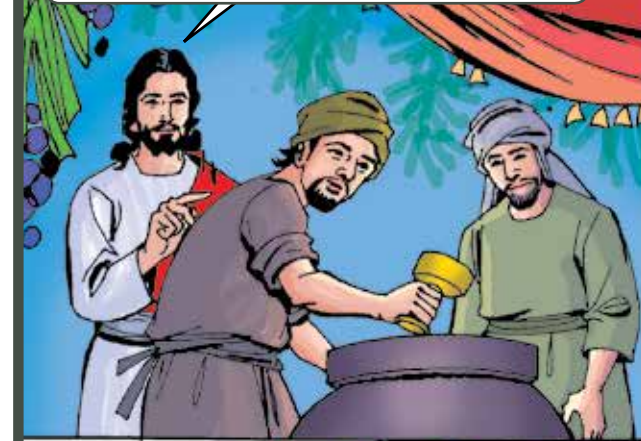
There were six stone water pots standing there for the Jewish custom of purification, containing two or three measures each.

Fill the water pots with water.



After the servants had filled the water pots to the brim, Jesus then told them:

Draw some out now and take it to the headwaiter.

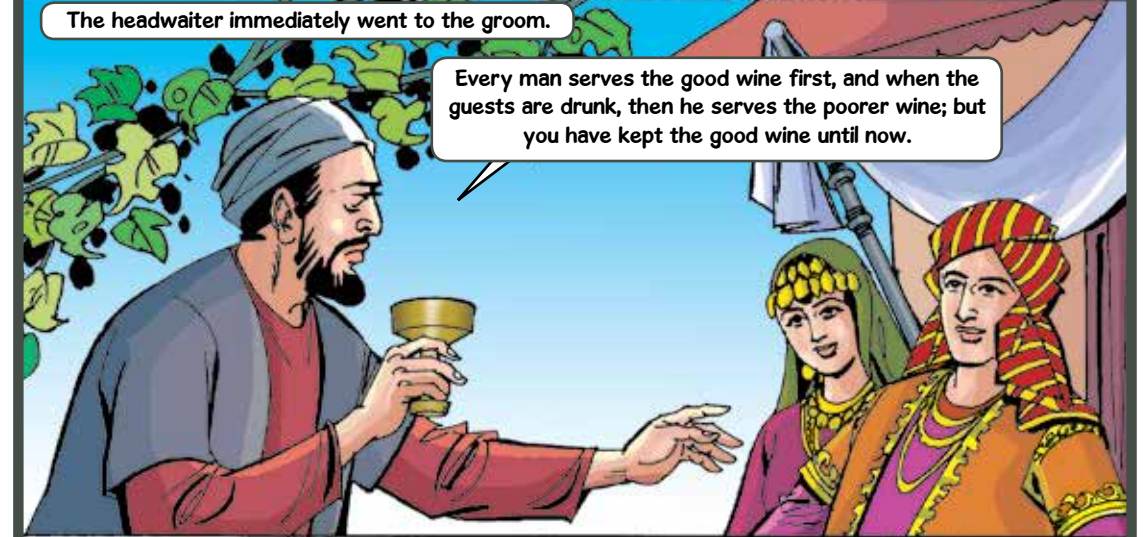


The headwaiter tasted the water which had become wine, and did not know where it came from. But the servants who had drawn the water knew.

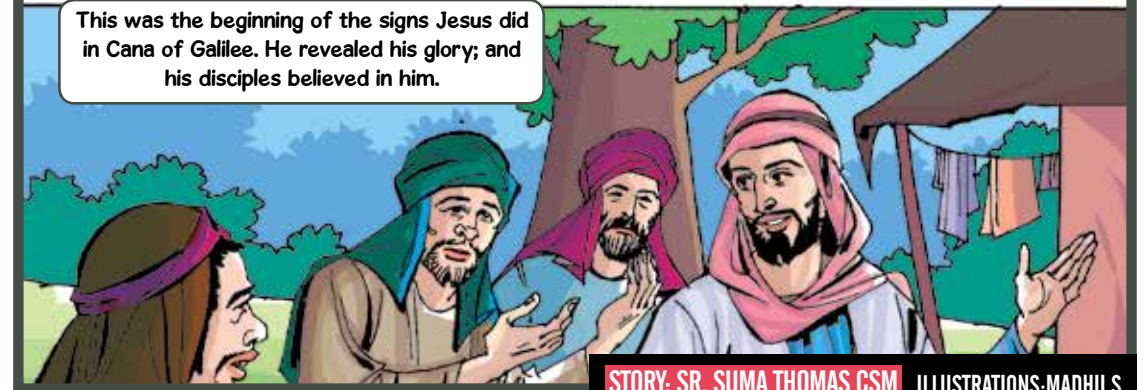


The headwaiter immediately went to the groom.

Every man serves the good wine first, and when the guests are drunk, then he serves the poorer wine; but you have kept the good wine until now.



This was the beginning of the signs Jesus did in Cana of Galilee. He revealed his glory; and his disciples believed in him.



STORY: SR. SUMA THOMAS CSM ILLUSTRATIONS: MADHU S

CLOUD OF Witnesses

- SR LINET DANTHI » MUMBAI, INDIA

Therefore, since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us.

(Hebrews 12:1)



The author of Hebrews time and again brought to our notice that all the heroes of the Old Testament were saved by their strong, undaunted faith in Yahweh. The 'great cloud of witnesses' spoken of here is nothing but their faith lived out in their obedience, and this is to give us an example to follow and encourage us to obey

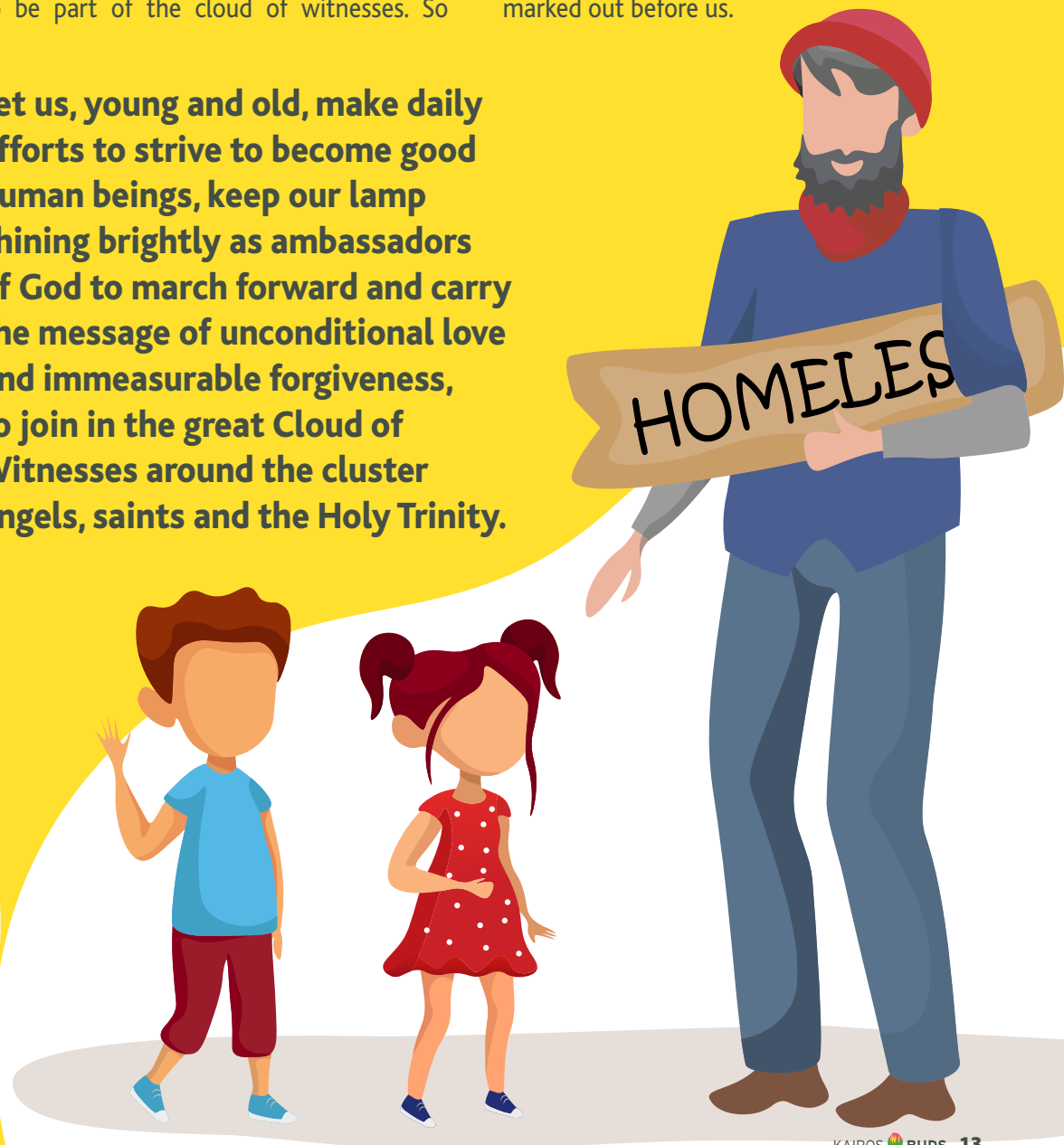
God in our own lives as proof of our own belief in the saving power of Jesus Christ.

The Christian is one who knows his need for God to save him, and then, accepting that free gift seeks to live unto God with perseverance. Therefore, every one of us must choose to live in profound, robust and unfathomable faith through an affectionate

relationship with God and our neighbour. Once we create such a relationship with God and neighbour, we could even become part of the great cloud of witnesses. So, not only do the saints in heaven get to participate, but so do the huge amount of simple people like us have a fair chance and opportunity to be part of the cloud of witnesses. So

we must let go of every ill feeling, every unforgiving attitude, and every in-human act that has stalled us from becoming part of the beautiful cloud of witnesses. Once we overcome this obstacle, then we will be able to run life's marathon race with passion and determination, for the path has been already marked out before us.

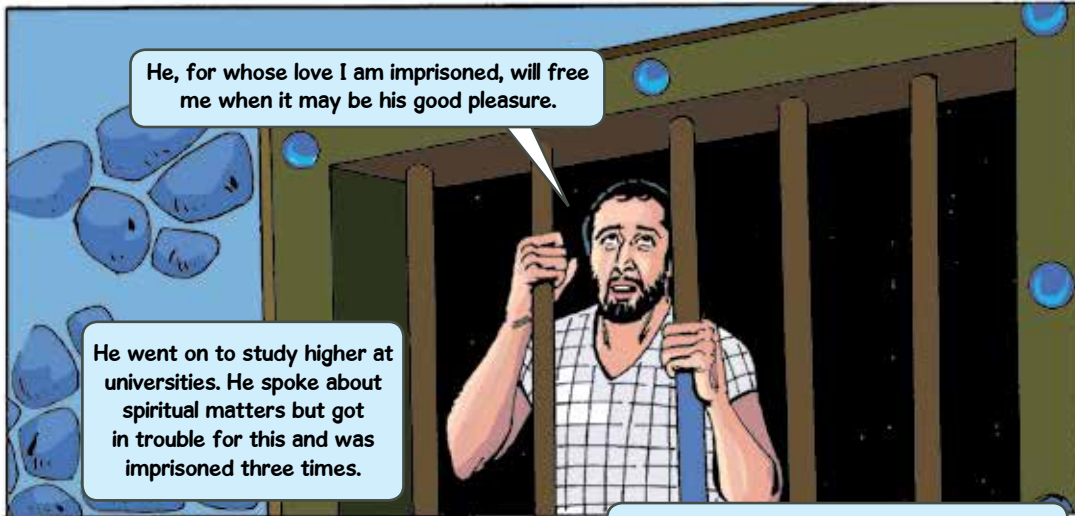
Let us, young and old, make daily efforts to strive to become good human beings, keep our lamp shining brightly as ambassadors of God to march forward and carry the message of unconditional love and immeasurable forgiveness, to join in the great Cloud of Witnesses around the cluster angels, saints and the Holy Trinity.



ST. IGNATIUS OF LOYOLA

PART 2

Having been told to leave Jerusalem which he accepted as God's will, Ignatius thought deeply about what to do next. He decided to study and help other souls. This meant he had to go back to school and study Latin with children which he did humbly.



He, for whose love I am imprisoned, will free me when it may be his good pleasure.

He went on to study higher at universities. He spoke about spiritual matters but got in trouble for this and was imprisoned three times.

Ignatius went to the University of Paris to continue studying Latin grammar and literature, philosophy and theology. He began sharing a room with Francis Xavier and Peter Faber who would also go on to become saints!

Ignatius had a great influence on those around him. He and six others decided to take vows of poverty, chastity and obedience. Ignatius and his companions were ordained as priests during this time.



Ignatius would spend a lot of time in prayer and had many mystical experiences.



I wish you to take this man for your servant.

My will is that you should serve us.

Ignatius and two companions went to Rome to see the Pope. Outside the city, Ignatius had another experience at a chapel at La Storta. He was not sure what this meant but decided to trust in God.

Ignatius wanted to celebrate his first Mass in Jerusalem, the land where Jesus lived but could not do so due to the war. On Christmas morning, 1538, Ignatius celebrated his first Mass at the church of St Mary Major in the Chapel of the Manger in Rome. It is said that this chapel had the manger of Bethlehem so this was ideal.



I will be favourable to you in Rome.



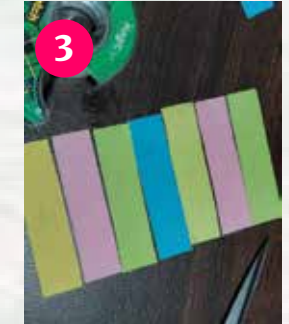
Ignatius and his companions wanted to travel to the Holy Land but could not due to the war between Venice and the Turkish Empire. They were left with a dilemma of what to do next.



A Bible Verse in my Pocket

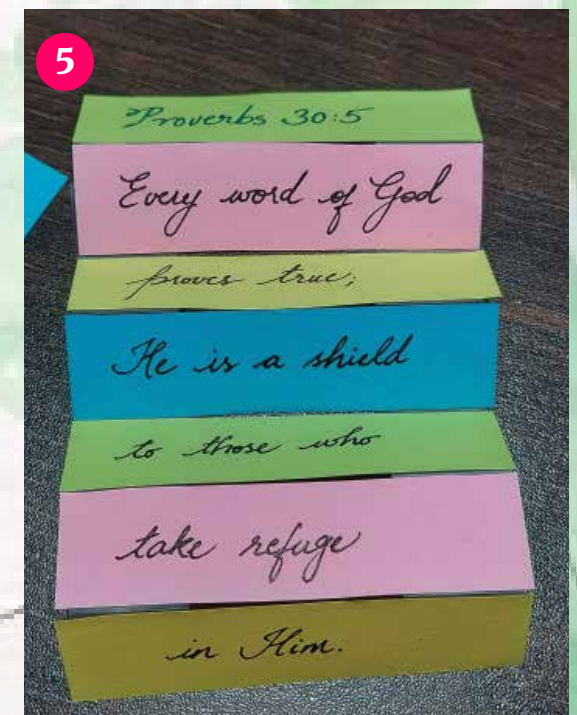
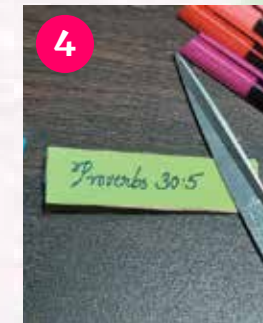
MATERIALS REQUIRED:

- Coloured strips of paper
- Scissors
- Clear tape
- Sketch pens
- A Bible verse to write down



METHOD

1. Write the Bible verse on the strips of paper, a few words per strip.
2. Line the strips in the correct order and flip them over.
3. Tape the ends of the strips together, leaving a little space between each strip.
4. Fold the taped strips like an accordion.
5. A Bible verse in my pocket is ready!



All About

Saint Martin de Porres



COLOUR THE PICTURE

FACTS ABOUT ST MARTIN DE PORRES

**ALSO KNOWN
AS:** The
Saint of the
Broom

BORN:
9 December
1579

DIED:
3 November
1639

Lived in:
Lima, Peru

**Parents'
names:**
Don Juan de
Porras y
de la Pena
and Ana
Velazquez

**Patron
Saint of:**
Mixed Race,
Barbers,
Public Health
Workers,
Innkeepers

FACTS ABOUT ST MARTIN DE PORRES

- ▶ Martin was the illegitimate son of a Spanish nobleman.
- ▶ His father refused to acknowledge him as his son because Martin was black, like his mother.
- ▶ Martin served as an apprentice to a doctor and learned to practise medicine by the age of 13.
- ▶ Even though he joined the Dominicans, Peruvian law did not allow people of mixed race to join religious orders. So Martin would do all the menial tasks there.
- ▶ He was witnessed levitating in intense prayer by the brothers. He also had the gift of bilocation, having been seen in far off places like Japan, even though he never left Lima.
- ▶ He never ate meat out of his love for all animals.

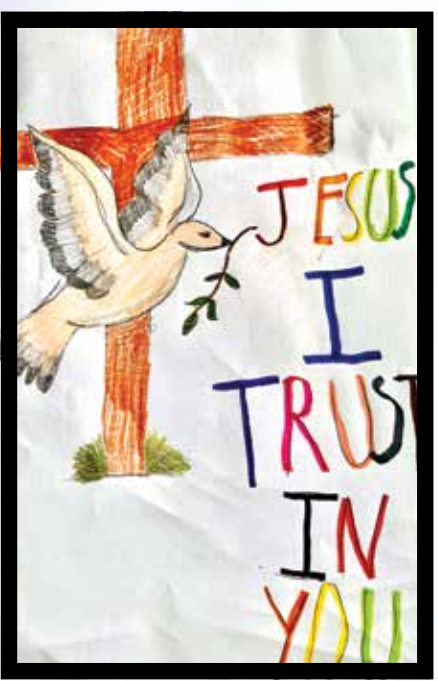
PRAYER TO ST MARTIN DE PORRES

Thank you for your bold example of charity towards all of God's creation. Please help me to live this virtue as you did, by seeing the face of Jesus in everyone I meet. Please pray that I carry my cross of life's challenges with humility and courage so that I, too, may follow in the footsteps of Our Lord. Amen.

AGNES MARY ALEX
» 7 YRS » SINGAPORE



IMNAH SUSAN FRANCIS
» 9 YRS » NOTTINGHAM, UK



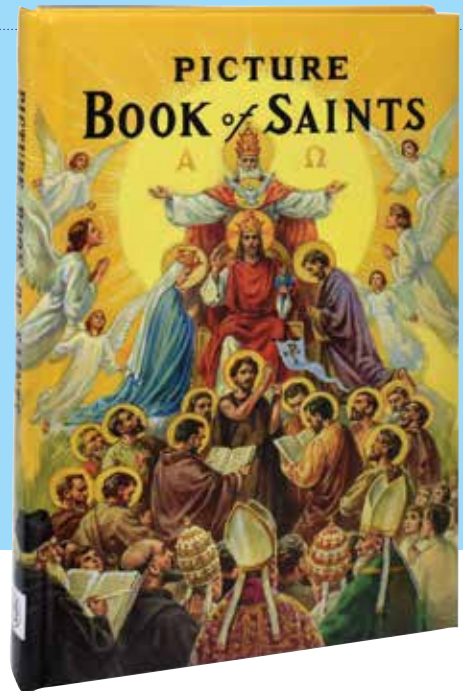
THERESE MARIA SANTHOSH » 10 YRS » INDIA



ISHAN FRANCIS » 5 YRS » NOTTINGHAM, UK



EVELYN EASOW TINOY » 9 YRS » CHENNAI



PICTURE BOOK OF SAINTS

LAWRENCE G. LOVASIK | CATHOLIC BOOK PUBLISHING | READING AGE: 8-11 YEARS

Picture Book of Saints is a beautifully illustrated hardcover on the lives of over 100 saints and blessed. Written in an easy-to-understand style, this book has been a Catholic favourite for over 60 years and was expanded in 2015 to include those canonised recently. A short prayer accompanies the story of each person.



AROUND THE YEAR ONCE UPON A TIME SAINTS

ETHEL POCHOCKI | IGNATIUS PRESS
READING AGE: 9-11 YEARS

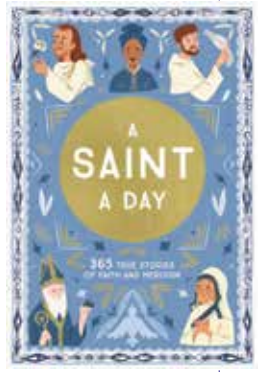
Aranged according to the calendar year, *Around the Year Once upon a Time Saints* has stories of the saints written in an interesting manner to include fictitious elements. With cute illustrations in black and white, it is an engaging book for elders too.

A SAINT A DAY:

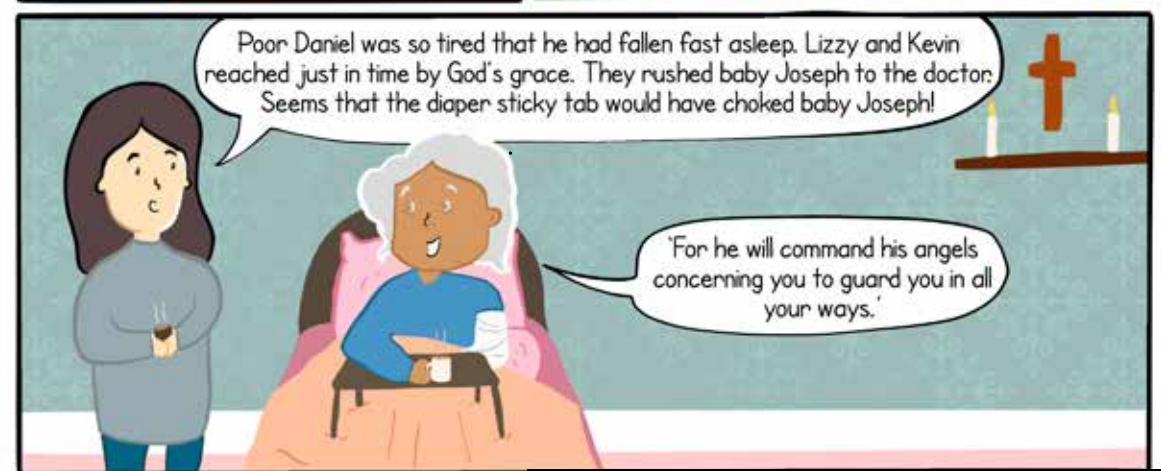
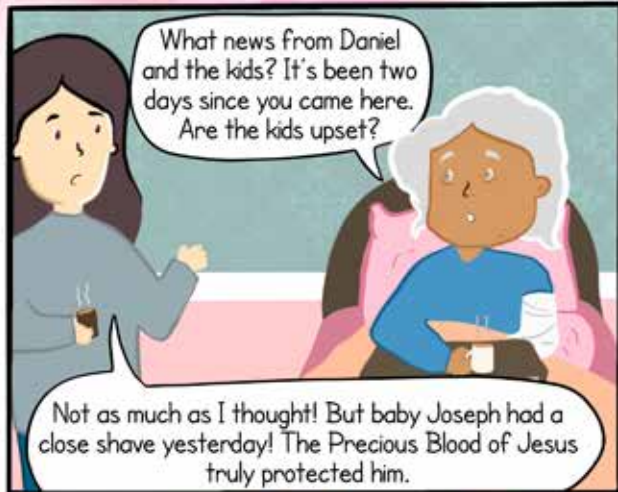
365 True Stories of Faith and Heroism

MEREDITH HINDS | THOMAS NELSON
READING AGE: 8-12 YEARS

A 365-day devotional for kids, *A Saint a Day* includes fascinating historical stories as it introduces young readers to over 300 saints who did extraordinary things for God. Each of the 365 devotions includes a Scripture verse and prayer, an inspiring story of a saint, facts and beautiful artwork.



When Happened
When Dad
Filled in!



STORY: TANIA ROSE JOSUN ILLUSTRATIONS: STEFFI ANDRAT FARIA

WHAT IS THE DIFFERENCE BETWEEN GOD AND FATHER GOD?

ANS: To explain this I need to tell you basically what the Trinity is. As Catholics, we believe in the one Triune God (Trinity). Each of the three persons in the godhead possesses the same eternal and infinite divine nature; thus, they are the one, true God in essence or nature, not 'three Gods.' Yet, they are truly distinct in their relations to each other - the Father, Son and Holy Spirit.

So the divine persons are not separate individuals as in a father, a son, and a dove but are essentially distinct by their relationships with each other. Relationship is the key. For St Thomas Aquinas, the Trinity is the relationship of self-knowledge and love that exists in God. We can identify with this in that we know that we exist as the persons that we are. But we can also reflect on who we are. We have knowledge about ourselves. Now, this self-



knowledge proceeds from ourselves as a separate and yet definite part of who we are. There is a relationship between us and our awareness of who we are.

The Trinity shows us a somewhat similar sort of relationship existing in God. So, God the Father is God. Proceeding from God is God's self-knowledge of himself (the Word) - and this is actually the Son. The Holy Spirit is the relationship of love between God's self-knowledge (the Son) and God (the Father). In loving the Father and the Son, the Holy Spirit completes the Trinity, rendering any further divine persons impossible.

So basically, there is only one God, and the Father has everything that the Son and Spirit have except fatherhood. They differ only in relation to one another. The Father can be said to be greater than the Son pertaining to their relation within the inner life of God, but not with respect to their shared nature as being fully and equally God. The Father alone is the first principle of life in the Godhead; thus, the Catechism of the Catholic Church can say, in paragraph 246: 'Everything that belongs to the Father, except being Father, the Son has also eternally from the Father, from whom he is eternally

born ...' In this sense, the Father can be said to be greater than the Son relationally, while they are absolutely equal with regard to their essence as God. Thus, the same Jesus who can say, 'I and the Father are one' in John 10:30—as God—can say, 'The Father is greater than I' in John 14:28—as man.

Ref:

In order to understand the concept of person in God, we have to understand its foundation in the processions and relations within the inner life of God. And the Council of Florence, AD 1338-1445, can help us in this regard.

The Council's definitions concerning the Trinity are really as easy as one, two, three, and four. It taught there is one nature in God, and that there are two processions, three persons, and four relations that constitute the Blessed Trinity. The Son 'proceeds' from the Father, and the Holy Spirit 'proceeds from the Father and the Son.' These are the two processions in God. And these are foundational to the four relations that constitute the three persons in God. These are those four eternal relations in God:

1. The Father actively and eternally generates the Son, constituting the person of God, the Father.
2. The Son is passively generated of the Father, which constitutes the person of the Son.
3. The Father and the Son actively spirate the Holy Spirit in the one relation within the inner life of God that does not constitute a person. It does not do so because the Father and Son are already constituted as persons in relation to each other in the first two relations. This is why CCC 240 teaches, '[The Second Person of the Blessed Trinity] is Son only in relation to his Father.'
4. The Holy Spirit is passively spirated of the Father and the Son, constituting the person of the Holy Spirit.



Our young readers can email their questions on faith/life to kairosbuds@jykairosmedia.org or WhatsApp it to us on +1 346 339 4500

From the grid below, find the saints listed, who have their feasts in November.

M	A	R	T	I	N	D	E	P	O	R	R	E	S	E	L	G	A
A	G	E	R	T	R	U	D	E	C	V	B	L	N	C	A	M	N
R	N	W	E	E	R	R	C	E	C	I	L	I	A	A	W	T	D
T	E	Y	U	I	O	P	H	T	G	H	N	S	M	T	R	K	R
I	S	Z	S	J	O	S	A	P	H	A	T	A	X	H	E	L	E
N	O	A	W	E	M	R	R	T	Y	U	I	B	P	E	N	O	W
O	F	S	D	F	A	F	L	G	H	J	K	E	L	R	C	L	T
F	A	L	E	O	T	H	E	G	R	E	A	T	B	I	E	P	H
T	S	S	D	F	I	G	S	H	J	M	N	H	B	N	O	I	E
O	S	C	V	B	L	H	B	W	E	E	R	O	V	E	T	K	A
U	I	T	Y	E	D	M	O	Y	U	I	O	F	E	L	O	U	P
R	S	G	H	F	A	N	R	M	F	T	R	H	U	A	O	Y	O
S	I	R	T	Y	U	B	R	X	B	K	E	U	S	B	L	T	S
W	R	M	F	T	R	V	O	P	E	L	S	N	W	O	E	T	T
R	E	P	C	O	L	U	M	B	A	N	Y	G	M	U	W	R	L
D	S	S	D	F	C	L	E	M	E	N	T	A	T	R	R	E	E
E	F	C	V	B	E	N	O	U	B	R	X	R	K	E	D	S	Q
D	F	T	Y	E	C	B	M	R	V	O	P	Y	L	H	S	V	Y

MARTIN DE PORRES
CHARLES BORROMEO
MARTIN OF TOURS
GERTRUDE
AGNES OF ASSISI

ELISABETH OF HUNGARY
MATILDA
CECILIA
ANDREW THE APOSTLE
CATHERINE LABOURE

LEO THE GREAT
JOSAPHAT
LAWRENCE O'TOOLE
CLEMENT
COLUMBAN

Scan or take a clear photo of the solved activity page and send it to us on WhatsApp (+1 346 339 4500) or email (kairosbuds@jykairosmedia.org) before 25 November 2022. Please include your full name, place and photo also. Correct entries will be featured on our social media pages.

FIND 6 DIFFERENCES



WhatsApp (+1 346 339 4500) or email (kairosbuds@jykairosmedia.org) solved Brain Gym to us with your full name, place & photo before 25 November 2022. Correct entries will be featured on our social media pages.

SOME PARTINGS

Tony and Tina return to their friends after meeting the Rev. Sister to ask if Tina's class could come see their presentation.

So, what did Sister say?



She was actually glad that we had asked her. Even though we are on a busy schedule, she said we would definitely be there.

Tina then bids goodbye to her friends.

Bye Tina!

Bye guys! See you soon!



Just then Tina sees some of her classmates speaking to an old lady trying to sell her wares.

ARE YOU DEAF or SOMETHING?

WE SAID WE ARE NOT INTERESTED!



Tina walks up to them.

So? We didn't go to her for anything.

I think she is a bit taken aback.

True! But she must just be trying to put some food on her family's table...

Ya, right! C'mon we don't have to listen to all this!



She's the one who came and disturbed us!

LET US NOT BECOME WEARY IN DOING GOOD, FOR AT THE PROPER TIME WE WILL REAP A HARVEST IF WE DO NOT GIVE UP.



Hurry up everyone, we're about to leave!!



To be continued.

STORY: ANISH SUNNY THOMAS ILLUSTRATIONS: SANISH DIVAKARAN

KIDS AND SOCIAL MEDIA

- DR ALEEDA BINOY » WAYANAD, INDIA

Everybody loves to browse the internet. It opens a huge world to our little minds which is captivating and influencing. Well, time has changed. We have to face the world the way it challenges us. So friends, let's talk about some good and bad effects of social media in our life.

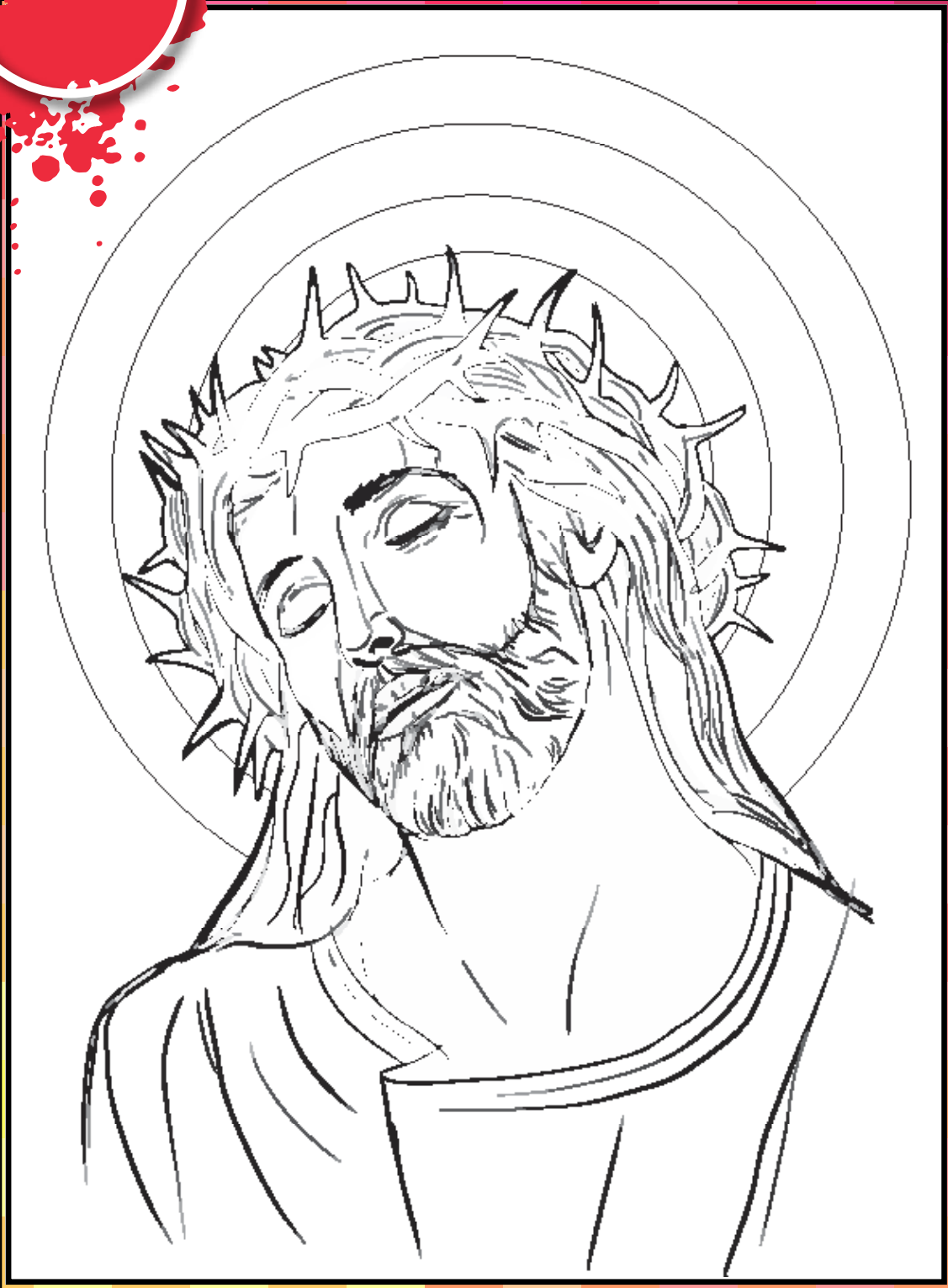
positive impact

- 1 Improve your technical skills and competence in this digital age.
- 2 Helps you express creatively.
- 3 You can form study groups, where you can easily share ideas and learning material.
- 4 You can stay connected with your friends from sports teams, activity clubs, and classes.
- 5 You can wish more people on their birthdays.
- 6 You can maintain long-term friendships with others by staying in touch with them online.
- 7 It helps you to acquire a broader sense of life and people in general.
- 8 It gives introverted kids the chance to open up over the internet, giving them a boost of confidence.
- 9 Helps to stay updated about current events and other news.

negative impact

- 1 It makes you addicted.
- 2 It can result in poor grades in school.
- 3 You may become less interested in arts, sports and extracurricular activities.
- 4 It can affect your mood and mental health.
- 5 Your social and emotional growth can get delayed.
- 6 It can decrease your person-to-person interaction.
- 7 It can cause difficulty in communicating.
- 8 Do not take selfies now and then, you are beautiful the way you are!
- 9 It can affect your brain development.
- 10 It makes you compare yourself to others. Don't fall for it.
- 11 It can lead to cybercrimes and cyber bullying.
- 12 The wrong content can easily disturb your wellbeing.
- 13 You could get obsessed with certain people or things which can really harm your personal growth.

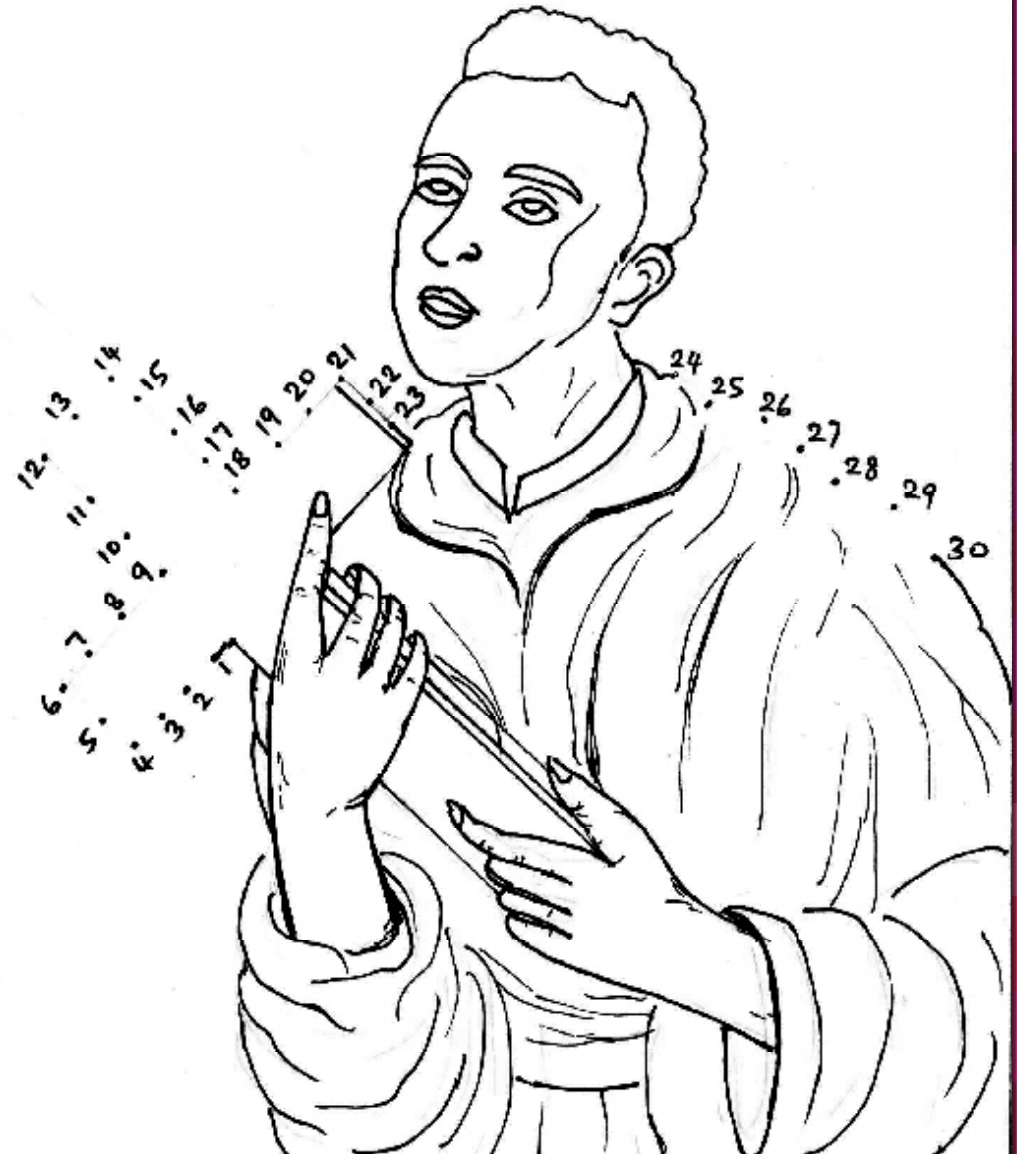
COLOUR ME



Scan or take a clear photo of the coloured pictures and send it to us on WhatsApp (+1 346 339 4500) or email (kairosbuds@jykairosmedia.org) before 25 November 2022. Please include your full name, place and photo also. Best ones will be featured on our social media pages.

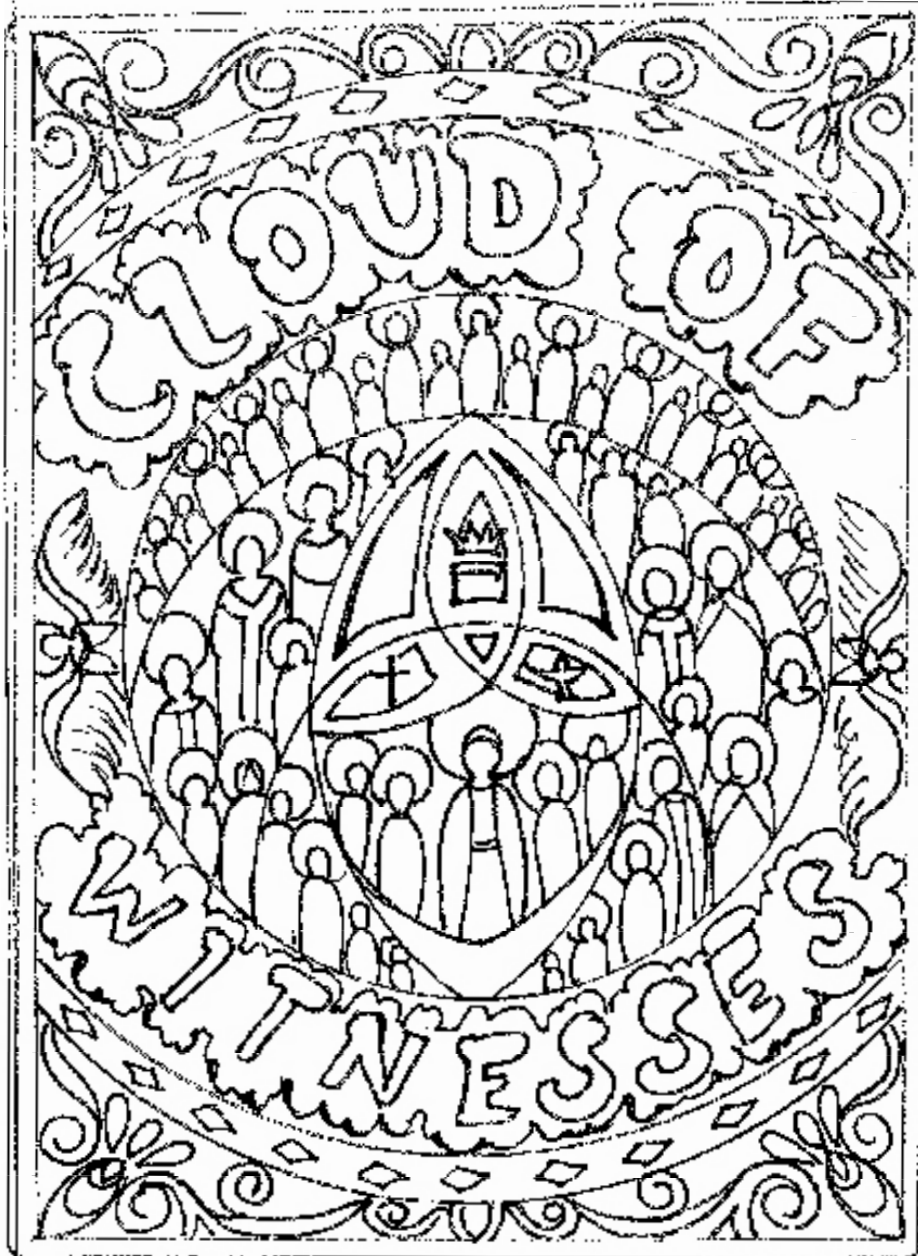
JOIN THE DOTS AND COLOUR

ST MARTIN DE PORRES



Therefore, since we are surrounded by such a great cloud of witnesses...

Hebrews 12:1



Scan or take a clear photo of the coloured pictures and send it to us on WhatsApp (+1 346 339 4500) or email (kairosbuds@jykairosmedia.org) before 25 November 2022. Please include your full name, place and photo also. Best ones will be featured on our social media pages.



LET'S LAUGH

A little boy was listening to a long and excessively boring sermon in church. Suddenly the red sanctuary lamp caught his eye. Tugging his father's sleeve, he said, 'Daddy, when the light turns green can we go?'



Two little boys were known troublemakers, stealing everything they could lay their hands on, even from the church.



One day a priest stopped one of the boys and asked, 'Where is God?'

The boy shrugged and the priest repeated, 'Where is God?'

The boy ran out of the cathedral crying to his home where he hid in a closet. Eventually his brother found him and asked, 'What's wrong?'

The crying boy replied, 'We're in trouble now! God is missing and they think we took him!'

Friends of Kairos

Dear Children,
All Kairos magazines are published to share Jesus with as many people as possible. The love and support received from the many 'Friends of Kairos' help us to spread God's love and light.

Kairos magazines have been sustained financially by the generosity of many people, who support us through their monetary contributions.

If you liked Kairos Buds and would like to bring Jesus to many more children, you too can be a 'friend of Kairos.' As the Holy Spirit inspires, we welcome you to support us in whatever way you can.

Thank you and God Bless You!



KAIROS
Buds

You can make your contributions online through www.jykairosmedia.org.
For more details contact
Leena Shaju on +91 62382 79115
finance@jykairosmedia.org.



To donate online scan the QR code
or visit www.jykairosmedia.org/donate