

BUDS

GROWING SEEDS OF

FAITH

WITHIN

Cathedral of
St Andrew
Apostle,
Amalfi, Italy

MINI POT MOTHER

MARY GARDEN



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WITHIN

EDITED BY Buds

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EDITORIAL

Sharing God's Love



Recently, our family visited Phnom Penh, the capital of Cambodia.

One very special moment was when we went to a Catholic orphanage full of little children. At first, our kids didn't know what to do. There were tiny babies sleeping in cradles and older toddlers crawling and playing. But soon, our kids started joining them in the play area. They laughed, shared toys, and even gave hugs.

My wife was especially touched when some of the children came to her and hugged her - it felt like a warm hug straight from God's heart! We helped carry the babies, put them to sleep, and played with the toddlers. Time passed so quickly because of all the joy and love around us.

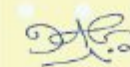
We saw how much love the nuns and volunteers have in their hearts. They care for the children with kindness, patience, and joy - just like Jesus teaches us. They are like living saints, bringing smiles and happiness to every child.

Dear friends, let's pray together: Dear Jesus, please bless all children in orphanages. May they feel Your love every day. Thank You for all the kind people who take care of them. Help them to keep spreading joy and love, just like You do. Amen.

Visiting the orphanage taught us that love is the greatest gift we can share. Even small acts - like a hug, a smile, or helping someone - can make a big difference.

Remember, you don't have to be grown up to share God's love. Every kind word, every gentle hug, and every happy smile you give can brighten someone's day and make the world a little more like Jesus' heart.

Happy reading!



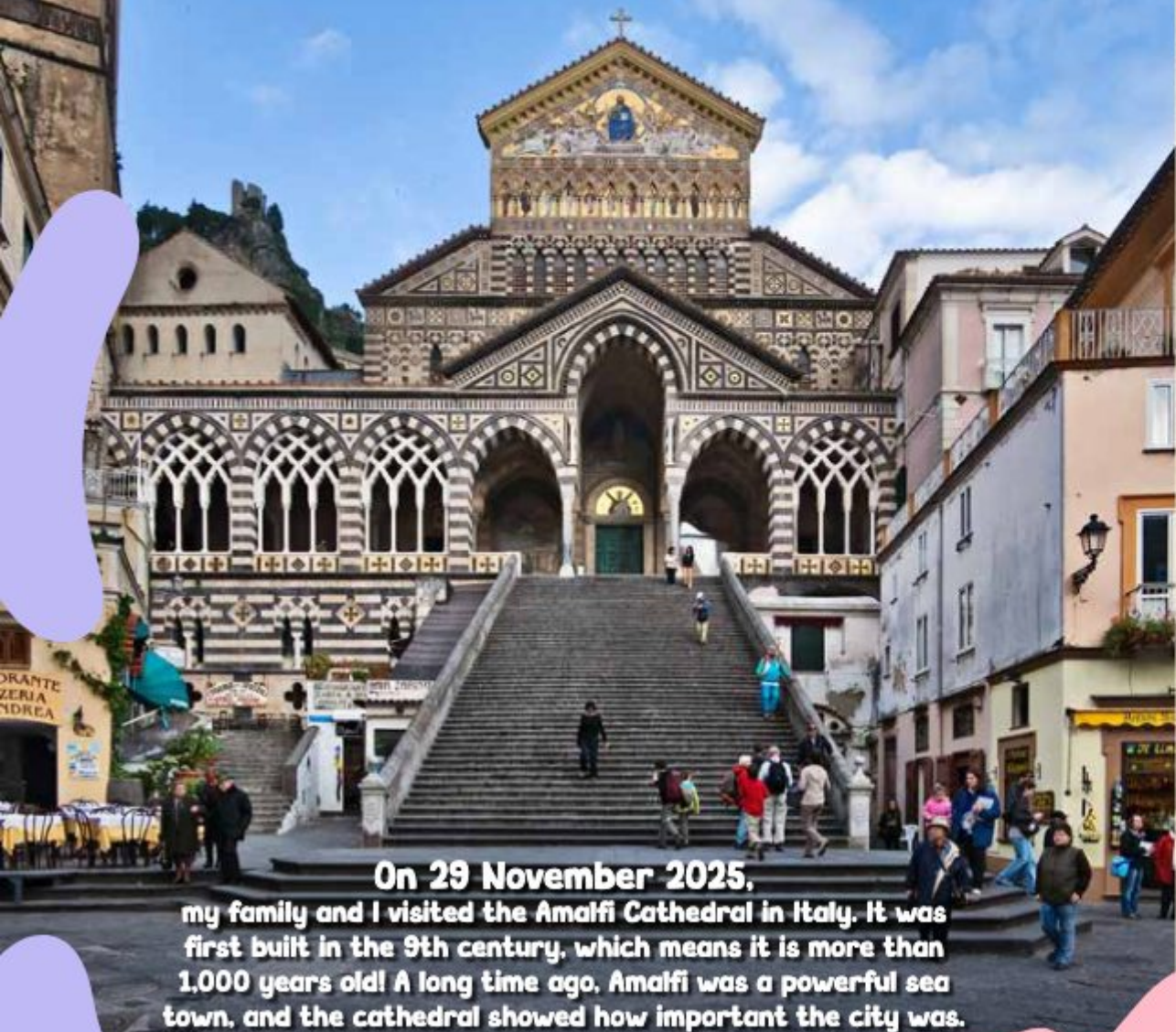
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CATHEDRAL OF ST ANDREW APOSTLE, AMALFI, ITALY

- DANIEL ROSHAN » 8 YRS



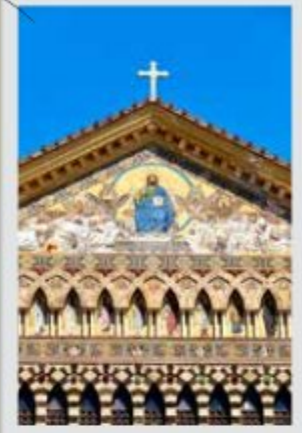
On 29 November 2025, my family and I visited the Amalfi Cathedral in Italy. It was first built in the 9th century, which means it is more than 1,000 years old! A long time ago, Amalfi was a powerful sea town, and the cathedral showed how important the city was.



The front of the church has beautiful arches and colourful designs that shine in the sunlight. The big bronze doors are very old and were brought from another country many hundreds of years ago. Inside, there are golden decorations, tall columns, and beautiful paintings on the ceiling. There is also a peaceful courtyard called the Cloister of Paradise, where important people were buried long ago. It feels quiet and calm there.



Under the church is a special place called the crypt. That is where the relics of St Andrew are kept. St Andrew was one of Jesus' twelve apostles and the brother of St Peter. His relics were brought to Amalfi in the year 1208. The people loved him very much and built a beautiful place to honour him.



On 29th November, the day before the feast of St Andrew, something very special happens. The Church collects 'manna' from St Andrew. The manna is a clear, watery liquid that forms near his tomb. Some people call it 'St Andrew's sweat.' It is not regular water. It appears especially near his feast day, and many people believe it is a miracle. I went to church that day and saw the manna. What a sight to see! The priest carefully collected some of the manna in a small glass container. We had Mass in a very special way because it was the eve of St Andrew's feast. Many people were praying quietly and respectfully.

An old lady explained to us what Father was doing and why. She said people come from all over the world to see the manna and pray to St Andrew. She told us that St Andrew was brave and followed Jesus right away when Jesus called him. It felt like this old lady was a messenger from God.

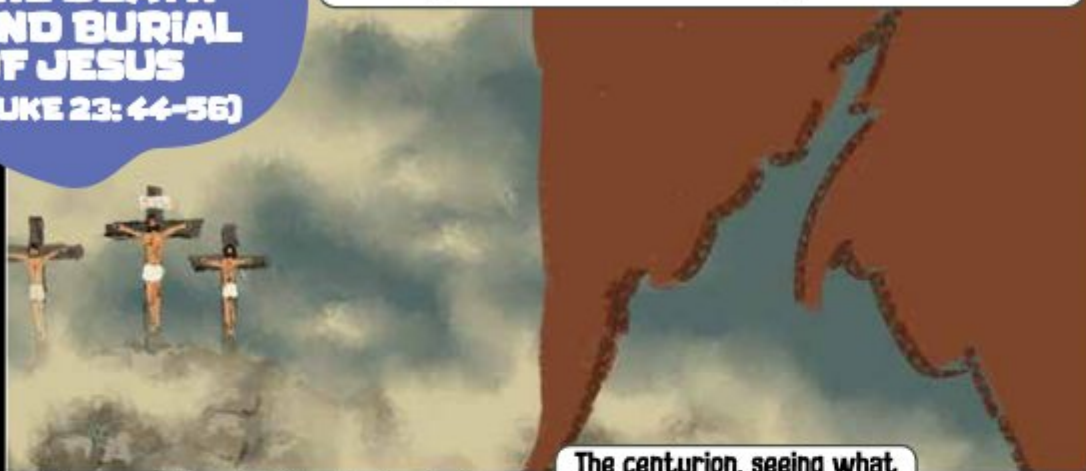
I felt a happy joy in my heart. I felt peaceful and thankful to be there in such an old and holy church. After Mass, everybody started to leave, but I will never forget this memory. It was one of the most special days of my life.





THE DEATH AND BURIAL OF JESUS (LUKE 23: 44-56)

It was now about noon, and darkness came over the whole land until three in the afternoon, for the sun stopped shining. And the curtain of the temple was torn in two.



Jesus called out with a loud voice.

The centurion, seeing what had happened, praised God.

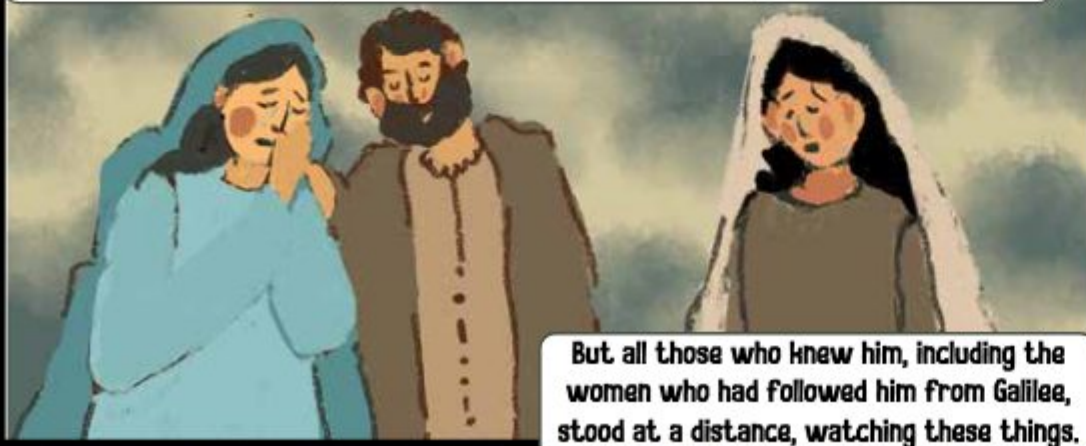
Father, into your hands I commit my spirit.

When he had said this, he breathed his last.

When all the people who had gathered to witness this sight saw what took place, they beat their breasts and went away.



Surely this was a righteous man.



But all those who knew him, including the women who had followed him from Galilee, stood at a distance, watching these things.

Now there was a man named Joseph, a member of the Council, a good and upright man, who had not consented to their decision and action. He came from the Judean town of Arimathea, and he himself was waiting for the kingdom of God.



Going to Pilate, he asked for Jesus' body. Then he took it down, wrapped it in linen cloth and placed it in a tomb cut in the rock, one in which no one had yet been laid. It was Preparation Day, and the Sabbath was about to begin.

The women who had come with Jesus from Galilee followed Joseph and saw the tomb and how his body was laid in it.



Then they went home and prepared spices and perfumes. But they rested on the Sabbath in obedience to the commandment.



Parable of the Mustard Seed

(MATTHEW 13: 31-32)

- BRENI PORTALES

Do you like gardening? Those who do usually begin by planting a little seed. As the seasons go by, that tiny seed begins to grow underground, hidden. Suddenly, when you least expect it, the stem shoots out of the ground and that tiny seed becomes a beautiful plant.

Jesus also liked plants, and one day, when explaining Heaven he said, *The kingdom of heaven is like a mustard seed that a person took and sowed in a field. It is the smallest of all the seeds, yet when full-grown it is the largest of plants. It becomes a large bush, and the 'birds of the sky come and dwell in its branches.'* Just as a gardener plants seeds in the ground, Jesus has planted the seed of faith in our hearts! Heaven is not only a place to which we are all called to go. Heaven is also inside of us! It is a tiny seed, growing.

This seed of grace, which made us children of God, was given to us at our baptism. You probably may not remember being baptised but on that day, a tiny seed was planted in you. You must take care of it so that it can grow and be a big, beautiful plant where others may come and rest. Through your own faith, you can help others grow their own.

You may be wondering:

'Well, how do I take care of the seed inside my heart? I can't pour water or shine sunlight in my heart!' These are some very good questions. Pope Benedict XVI, who was one of our holy popes, told us that to take care of this seed in our hearts we need to live our life in 'accordance with the divine will.' That means, we must live our lives doing what God – through the Church, our catechists, and our parents – tells us to do!

These are wise people, who show us what God wants of us. By listening to them, you are being a good gardener and helping that seed inside of you grow!

The Eucharist Explained

ELEMENTS OF THE MASS PART 5

- FR JUSTIN JOSEPH PANACHICKAL MSFS

Hello buddies, let's pick up where we left off. After the priest's greeting, we have the **Penitential Act**. If you think that sounds like penance, don't worry – it's a good thing! When we encounter God, we must draw near with a pure heart. So, we take a brief moment of silence to call to mind our sins and failings, and we ask the Lord to forgive and heal us. After this, the priest leads the community in the penitential prayer.

Ancient texts like the *Didachē* (Teaching of the Apostles) indicate: 'Assemble on the Lord's Day, and break bread and offer the Eucharist; but first make confession of your faults, so that your sacrifice may be a pure one' (*A Biblical Walk Through the Mass*, p. 32).

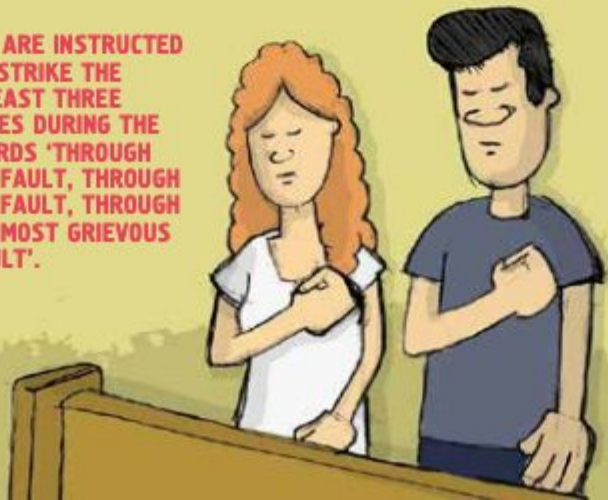
An honest look into ourselves during the Penitential Act helps us to be aware of our sin and, most importantly, our need for God to help us overcome sin, where we need Christ more. This is also a great time to ask for help in overcoming a particular sin or perhaps further healing from the effects of previous sins. We feel sorry and unworthy at this time. Don't feel bad, as we come to know that it is out of love and mercy not our merit that we receive this great gift. It is a sign of God's grace working in our hearts, to seek forgiveness.

Picturise this: the Mass is our most powerful prayer together because Jesus Himself is truly present and we join Him in the perfect worship of God the Father – or the other way, our being present with Jesus when all this is taking place, especially the sacrifice at Calvary. Wow! What an experience!

The Confiteor begins with: 'I confess to Almighty God and to you, my brothers and sisters...' This prayer helps us to express sorrow for faults we have committed in word and in action. Then, recognising that we all need help, we ask the intercession of our Blessed Mother, all the other saints, and our brothers and sisters around us. In many ways, this is a great prayer to remind us that we are all in the Christian life together.

We are instructed to strike the breast three times during the words 'through my fault, through my fault, through my most grievous fault'. Throughout the Bible, striking the breast is a gesture of humility and sorrow for sins. We must

WE ARE INSTRUCTED TO STRIKE THE BREAST THREE TIMES DURING THE WORDS 'THROUGH MY FAULT, THROUGH MY FAULT, THROUGH MY MOST GRIEVOUS FAULT'.



take responsibility for our wrongs, or the good that we have failed to do. It also challenges us to consider seriously four areas in which we may have fallen into sin: 'In my thoughts and in my words, in what I have done and what I have failed to do.'

THE PRIEST TAKES REFUGE WITH HIS BRETHREN IN THE MERCY OF GOD: 'MAY ALMIGHTY GOD HAVE MERCY ON US, FORGIVE US OUR SINS, AND BRING US TO EVERLASTING LIFE'.

After the Penitential Act, the **Kyrie, eleison** (Lord, have mercy) begins, unless it has already been part of the Penitential Act. This three-fold plea for God's mercy flows after the three-fold admission of one's sin in the previous prayer, the Confiteor. It also can be seen as a petition, a prayer representing the cry of God's people for assistance in their lives.

Penitential Absolution – we must know first of all that this is not a Sacramental Confession. The priest takes refuge with his brethren in the mercy of God: 'May almighty God have mercy on us, forgive us our sins,

and bring us to everlasting life'. The *Roman Missal* directly says that this prayer 'lacks the efficacy of the Sacrament of Penance' (GIRM*, no. 51). The priest here simply asks the Lord to have mercy on us, forgive us, and bring us to heaven. In the Mass, we certainly are

acknowledging that we have sins and that we need the Lord's mercy, but we are not directly bringing those sins to God for forgiveness as we do in Reconciliation.

Nonetheless it is very important. 'The Penitential Act, if said with true contrition, helps to obtain pardon for present venial sins, as well as to stir up new sorrow for past sins that have already been forgiven. In this way, it helps us to purify ourselves and so to take better part in the Holy Mass' (*Understanding the Mass*, p. 57). It is also a great moment to realise that there might be sins that need sacramental forgiveness before we receive Communion.

Gloria: A Song of Praise. 'Glory to God in the highest, and on earth peace to people of good will.' Many of us may recognise these words from St Luke's Gospel as the praise the angels sing announcing the birth of Jesus in Bethlehem (Luke 2:14). 'The Gloria in Excelsis is a most ancient and venerable hymn by which the Church, gathered in the Holy Spirit, glorifies and entreats God the Father and the Lamb' (GIRM, no. 53).

We are clearly singing the first part to God the Father and then the second part to God the Son. The Gloria sums up the story of Christ's saving work – His coming, His redeeming death, to His triumphant resurrection and ascension into heaven. The whole mission of Jesus, indeed the very climax of salvation history can be summed up in the Gloria.

We probably think of the Gloria as a hymn of

THE GLORIA SUMS UP THE STORY OF CHRIST'S SAVING WORK – HIS COMING, HIS REDEEMING DEATH, TO HIS TRIUMPHANT RESURRECTION AND ASCENSION INTO HEAVEN.



praise. It can truly be a great model of prayer for us and hopefully strengthen our readiness for the many fruits that will continue to come in the Mass.

* General Instruction of the Roman Missal

ST BARTOLO LONGO

Part 1

Bartolo Longo was born to a devout and financially secure Catholic family near southern Italy. His parents were Bartolomeo Longo who was a doctor and Antonina Luparella who was sweet tempered. Bartolo had three siblings. Their family prayed the Rosary together daily.

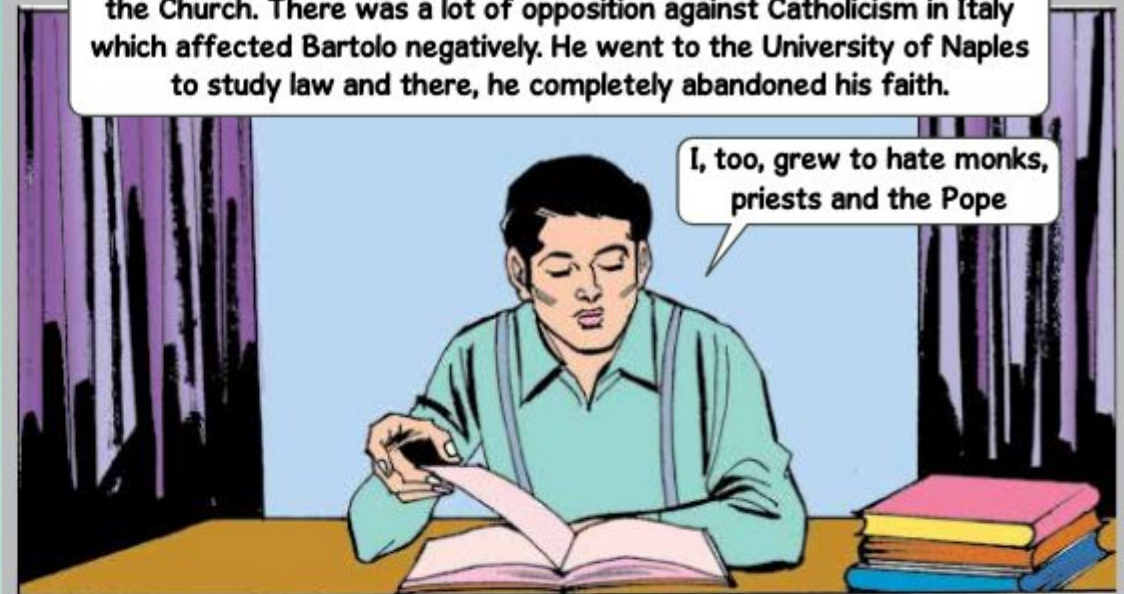


Bartolomeo and Antonina helped young Bartolo develop a regular prayer schedule and perform acts of service. However, Bartolo was a troublemaker. He was also intelligent. He received a tremendous education and excelled in literature, oratory, fencing, dancing, and music.

I know you can be rebellious. But you must pray, serve and do what is good.

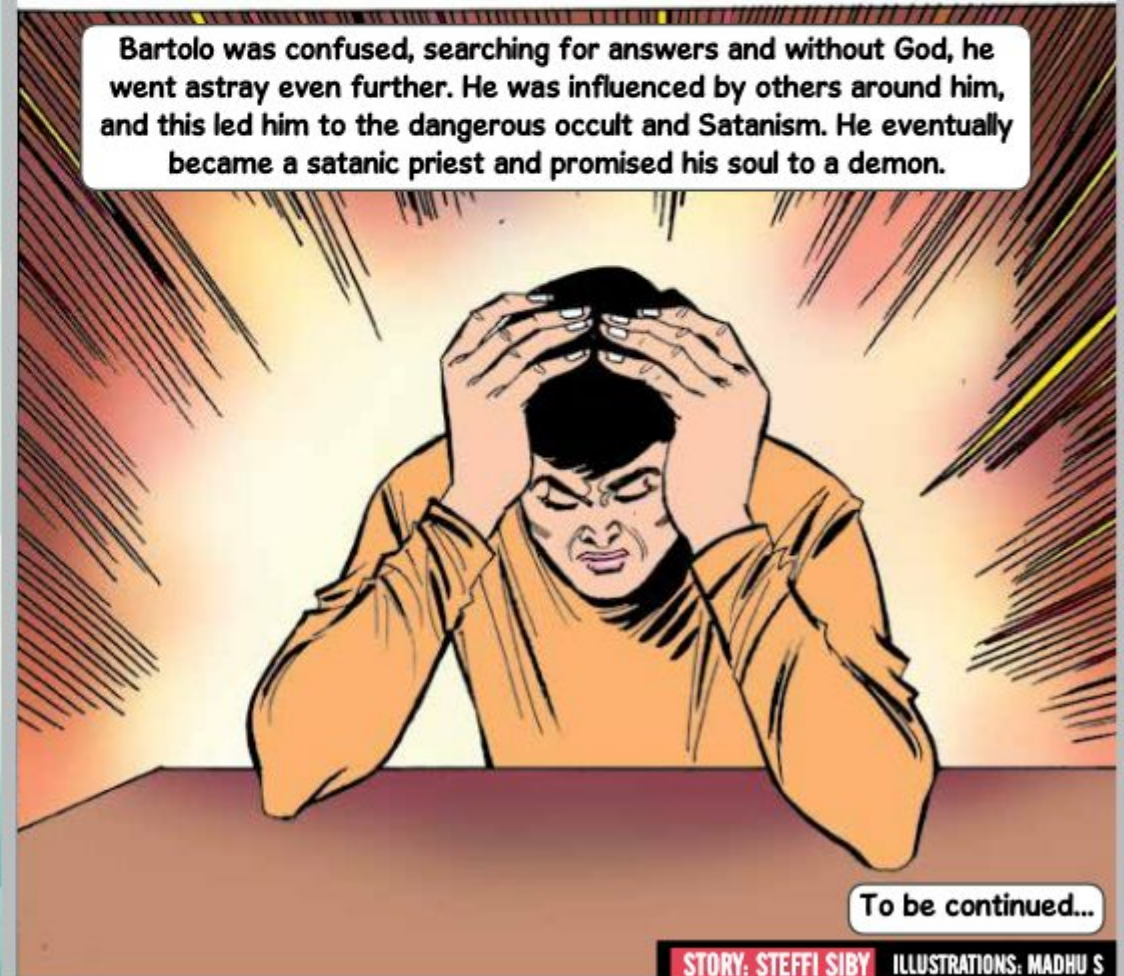


Bartolo experienced great hardship at the age of ten when his mother died. This loss had a profound impact and he distanced himself from the Church. There was a lot of opposition against Catholicism in Italy which affected Bartolo negatively. He went to the University of Naples to study law and there, he completely abandoned his faith.



I, too, grew to hate monks, priests and the Pope

Bartolo was confused, searching for answers and without God, he went astray even further. He was influenced by others around him, and this led him to the dangerous occult and Satanism. He eventually became a satanic priest and promised his soul to a demon.



To be continued...

STORY: STEFFI SIBY ILLUSTRATIONS: MADHU S

AN UNEXPECTED MIRACLE

- ANN GRACE BESTO ▶ 14 YRS



Dear Diary,

Today was Grandma's birthday and all month I had been hand-making a teddy bear for her. Mom and I had planned a surprise birthday party for Grandma. With a black forest cake from Castleman's bakery and some decorations, we would set everything up while one of Grandma's friends would take Grandma to play Bingo. We had not visited Grandma in a long time, as she lived far away and Mom had been very busy last month. All day, I kept imagining how things would play out and my anticipation and excitement grew with every minute.

Mom would return from the hospital, and we would set off to Grandma's at 4:15. At 3:25, the house phone rang, it was Mom. She explained that Mrs Gwen from across the street had fallen down the steps and needed immediate surgery, so we would have to cancel our plans.

I begged, 'Can't someone else do it? Please, Mom, this is really important to me. We are celebrating Grandma's 65th birthday!'

But Mom said, 'I am sorry, Jake, but there's no other way. I have to perform my duty as a good doctor and neighbour. We will make it up to Grandma another day. I am sure she will understand.'

'But it won't be as special,' I thought as I put the receiver down.

I was utterly disappointed and felt rather helpless. On the one hand, I adored Mrs Gwen and wanted her to get better, but on the other, I missed Grandma terribly and had been planning this surprise for months. Then I remembered what Fr Manu had once told me that whenever I was in distress, I should read the Bible to find comfort. So, I opened my Bible and got the verse Isaiah 43:19: *I am making a way in the wilderness and streams in the wasteland.* After reading this, I prayed, 'Lord, I know you can do anything, so please, help me.'

As I was about to put the balloons and decorations back, the phone rang again. I raced to pick it up.

'Jake, it's a miracle, the surgery is done,' said Mom through the phone.

'But how, Mom?' I asked, surprised.

'Dr Robert came in today just in time and was able to help me,' explained Mom. 'If we hurry, we can still make it in time to set up for Grandma.'

I thanked God and got ready as fast as lightning. We made it just in time. The party was a huge success, and Grandma loved her gift and said that she would treasure it forever.



VERSE-IVE WRITING

I am making a way in the wilderness and streams in the wasteland.

- (Isaiah 43:19)

I am making a way in the wilderness and streams in the wasteland.

I am making a way in the wilderness and streams in the wasteland.

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I am making a way in the wilderness and streams in the wasteland.

Do you have a faith experience you'd like to share for this page? Send it to us at kairosbuds@jykairosmedia.org with your full name, age and complete postal address.



St Dymphna





Our Lady's Grotto

Cut, fold, and paste to make this grotto to Mother Mary.



Fold

Fold

Glue

Glue



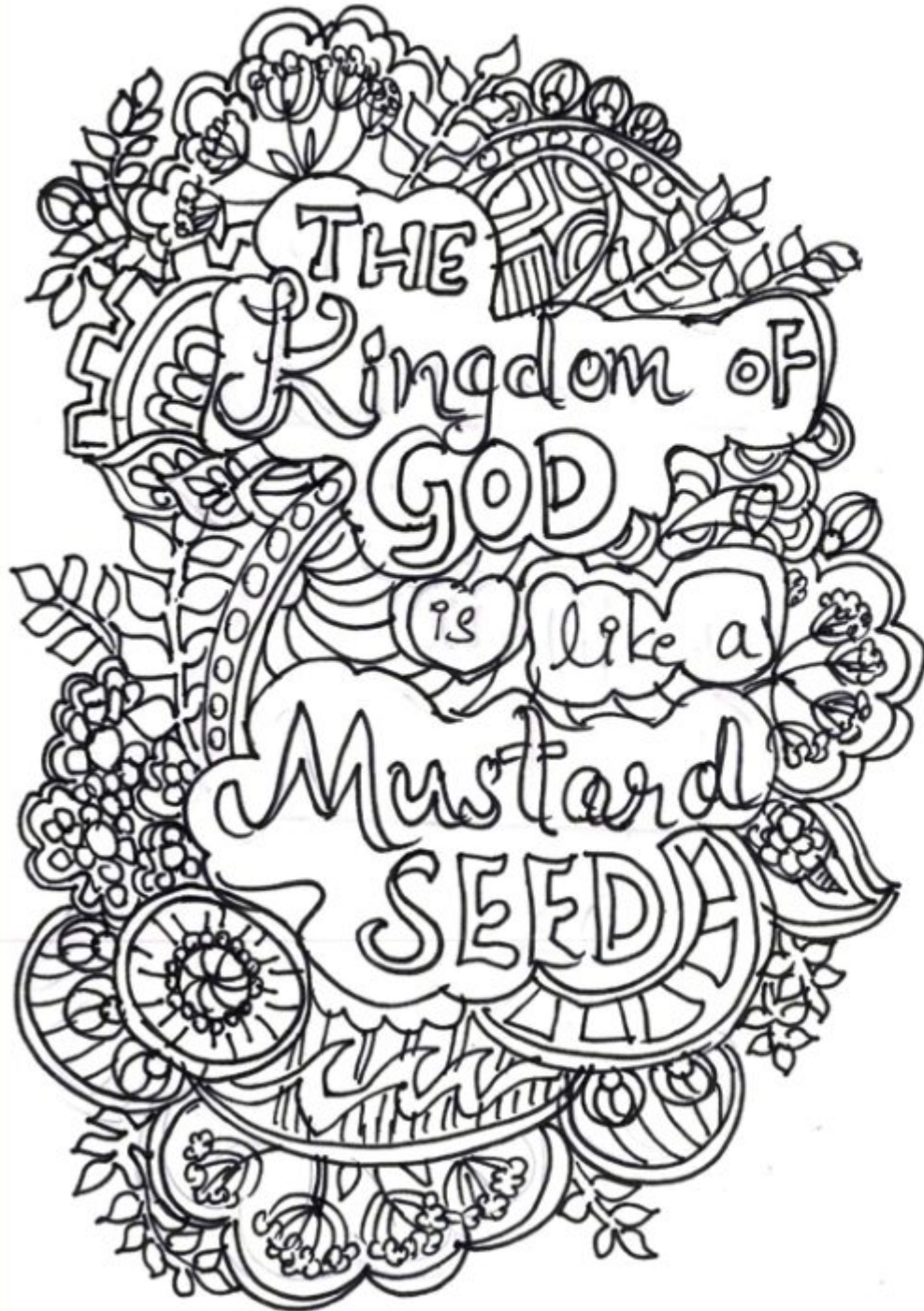
Glue



'Learn and Colour'

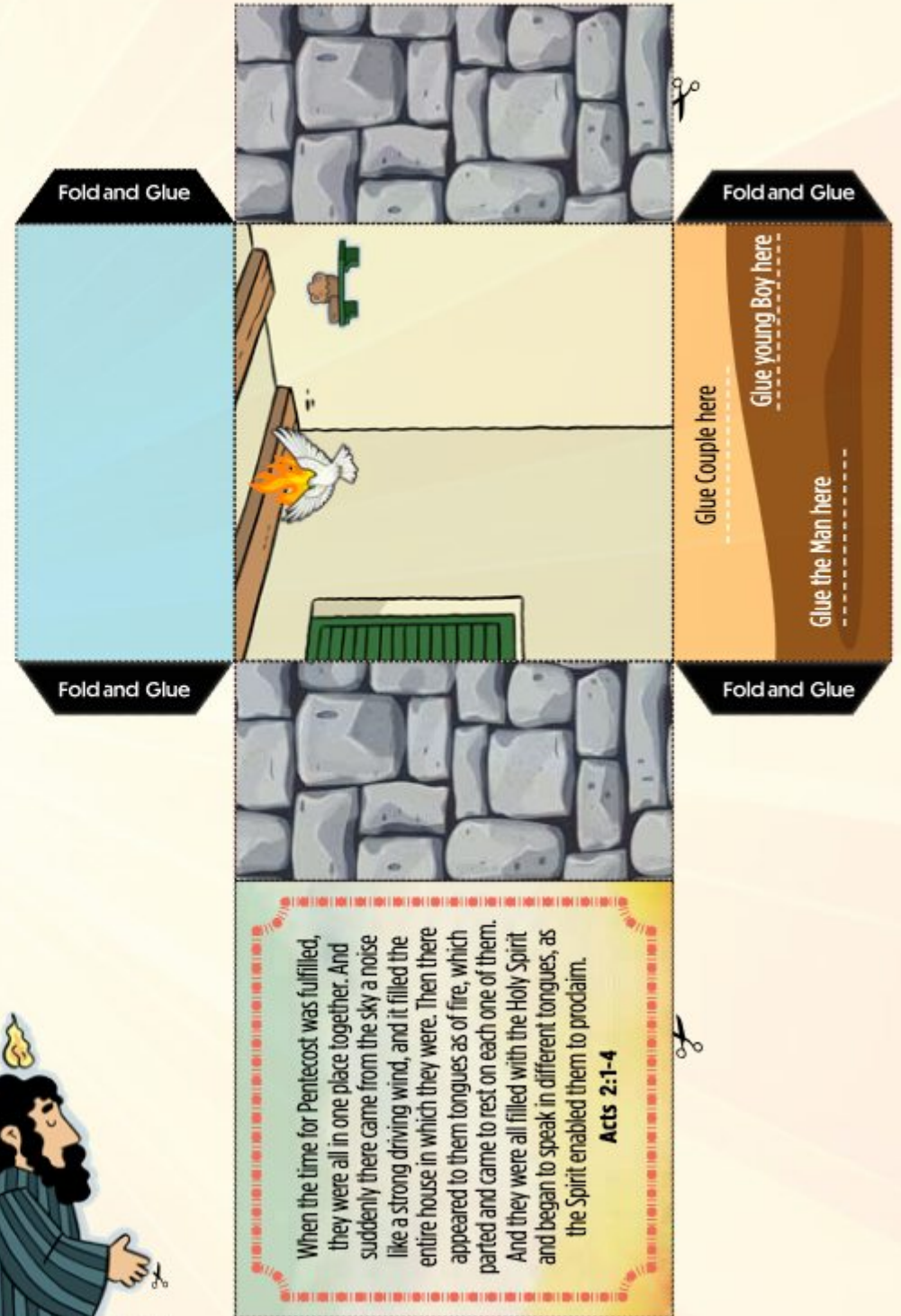
The kingdom of God is like a mustard seed

Mark 4: 30-32



3D Bible Book

Fold, paste and make your own 3D Bible book.



When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim.

Acts 2:1-4



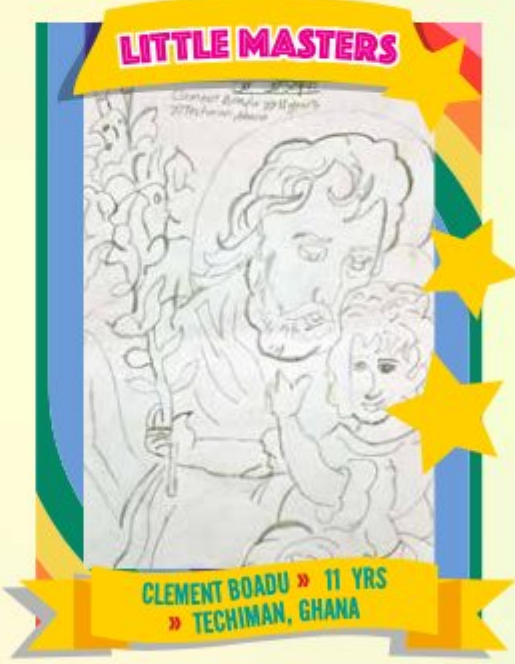
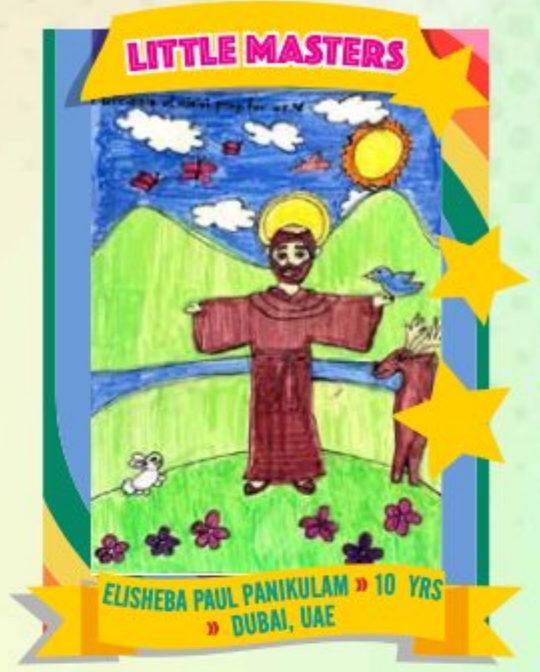
Fold and Glue



Fold and Glue



Fold and Glue



JESS LOUIS VARGHESE » 14 YRS » ABU DHABI, UAE



JOSHUA PHILIP JOSE » 7 YRS » UK



EVITA » 10 YRS » UK



THERESE BEN » 9 YRS » ADELAIDE, AUSTRALIA



Mini Pot Mother Mary Garden



- ROSE MARY TOM @potterandhisclay

MATERIALS REQUIRED

- 1 small flower pot (clay or plastic)
- Small statue of Virgin Mary or a Mother Mary prayer card
- Potting soil
- Small stones or pebbles
- Small decorative flowers and leaves (real or artificial)
- Small potting tool, spoon, or small shovel (to help place the soil)
- Wooden skewer or toothpick (for holding the prayer card picture)
- Clear tape (if using the prayer card picture)



STEPS

Step 1: Prepare the Pot

Take an empty flower pot or a pot that already has some soil in it.

2. Create the Base

Fill the pot halfway with soil to create a stable base.

3. Add Flowers and Leaves

Plant small flowers and leaves according to your creativity.



4. Decorate with Pebbles

Place small stones or pebbles around the plants to make the garden look more beautiful.

5. Add Mother Mary

Place the statue of Mother Mary in the pot.

Alternatively, you may attach a Mother Mary picture to a skewer or toothpick using tape and insert it into the soil.

OPTIONAL

- Add a small tea light candle or LED lights to enhance the beauty of the garden.
- You may also create a **larger version** in a bigger pot with a bigger statue and flowers and place it in your garden. This can become a special place to pray the Rosary.

The Mustard Seed Journey for Teens: WHERE AM I IN THIS?

- DR JOSEPH SEBASTIAN

1. Small Doesn't Mean Useless

We often ignore small things because they don't seem important. A tiny choice, a short prayer, a quiet moment, a simple thank you – we think they don't really matter. But Jesus shows us that this is exactly how God works. What looks small and unnoticed can become something full of life and impact.

It may be:

- a *small prayer*
- a *small appropriate choice*
- a *small step towards God*

These are not wasted. In God's hands, they can grow into something far greater than you imagine.

2. Your Faith Doesn't Have to Be Big to Start

Many of us feel like our faith is not strong or consistent or good enough. We compare ourselves with others who seem more committed. But Jesus never said you need big faith to begin. He asked for something real, even if it is as small as a seed.

The parable of the mustard seed is found in all three Synoptic Gospels: Matthew, Mark, and Luke. Jesus uses it to describe something small and unassuming that grows quietly, yet becomes personally transformational and at the same time life-giving for others.

You don't need to have everything figured out. You don't need perfect feelings or discipline. You just need to start honestly.

- *Not perfect*
- *Not complete*
- *Just real*

God is ready to work with you as you are.

3. Growth Takes Time (and That's Normal)

We live in a world of instant results. When things don't change quickly, we assume something is wrong. But real growth does not happen instantly. A seed takes time. It follows a process. It does not rush, and it does not skip stages.

Growth is often:

- *gradual*
- *patient*
- *consistent*

In your faith journey, there will be times when progress feels slow. But slow does not



mean stuck. It means something is being formed step by step. Growth takes time, and that is normal.

4. Hidden Doesn't Mean Nothing is Happening

There are seasons when everything feels silent. You pray, but feel nothing. You try, but see no change. It can feel like nothing is happening at all. But much of God's work happens in places you cannot see.

Right now, even if you don't see it:

- *roots are going deeper*
- *foundations are being laid*
- *God is working within*

These hidden seasons are not empty. They are essential. What is being formed in secret will one day become visible.



5. One Small 'Yes' Can Change Everything

Big changes often begin with one small decision. A single 'yes' can change your direction. The mustard seed reminds us that transformation begins with something simple and sincere.

It could be a:

- *yes to prayer*
- *yes to daily exercises*
- *yes to forgiving someone*

These small decisions can shape your future. Never underestimate the power of a small yes given to God.



God is not asking you to be a tree today. He is asking you to be a seed that says yes. Take a few moments in silence before the Lord, if possible in adoration, and allow Him to speak to your heart personally.

Let's ponder: Where am I in this, O Lord!



The New Catechism Teacher



It is the eighth graders class in Catechism, and the students are all up and about, talking and generally having fun when the door opens and in walks their new teacher.

'Good Morning, class!'

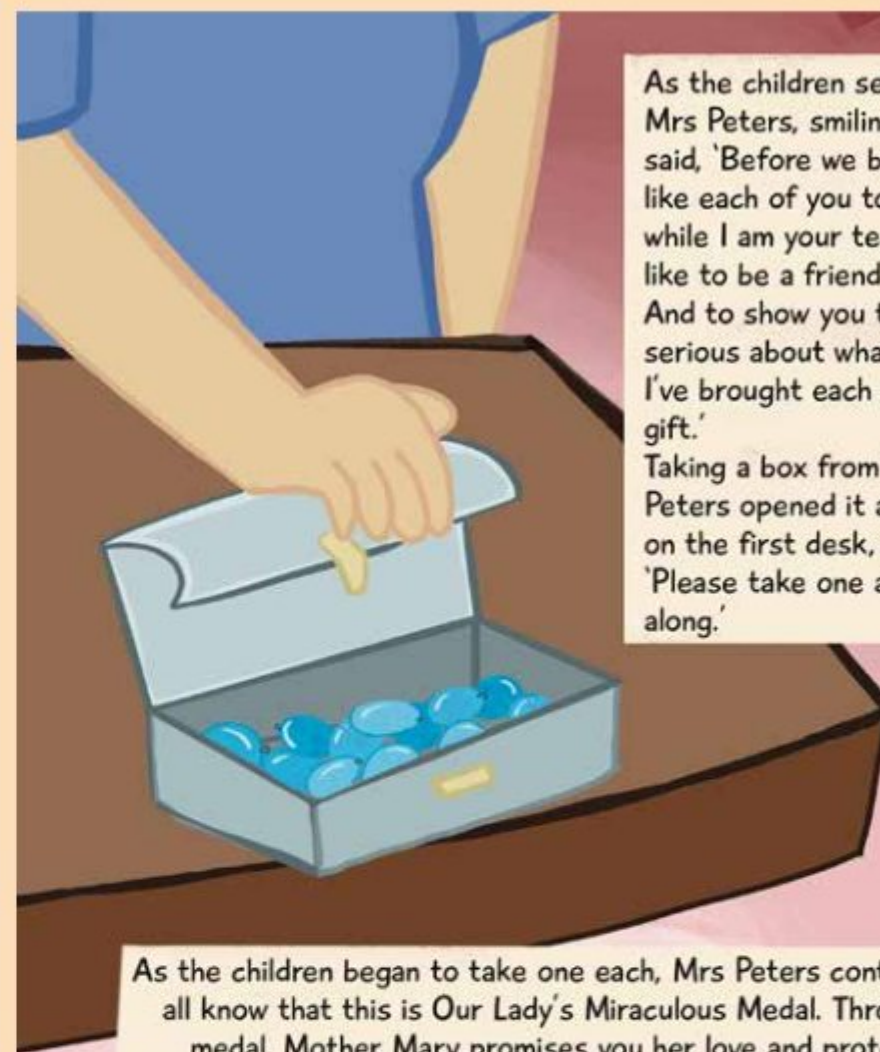
'Good Morning, Ma'am,' the class replies.

'My name is Mrs Annie Peters, and I will be your new Catechism teacher.'

As the children settle into their seats, Mrs Peters continues, 'As you all know, Mrs Angela, your previous teacher, moved abroad to be with her children. She was a wonderful teacher and I knew her well. Let's hope I can fill her big shoes! Shall we start with a prayer?'

A few replies of 'Yes, Ma'am,' drift by. 'Alright children, please repeat this prayer after me.'

'Dearest Jesus, my Lord, my Saviour, and my friend, I thank you and praise you. Thank you for every grace and blessing you have given me. Today, as I sit in Catechism, help me to know, first of all, that you love me – all that makes me, me – like no one on earth ever could. Help me to see that you long for my friendship. Through each Catechism class, may I learn to love you and to be your friend all throughout my life. Amen.'

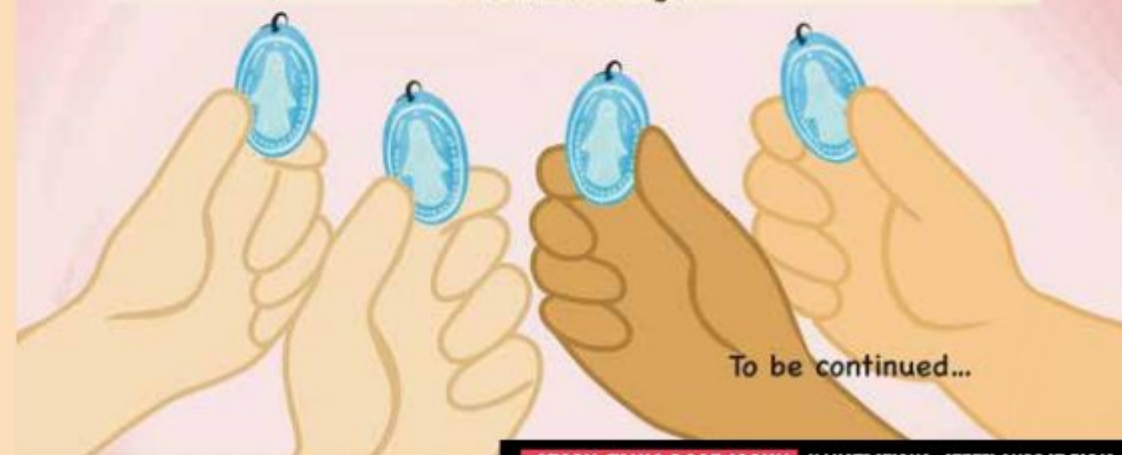


As the children settled, Mrs Peters, smiling at them, said, 'Before we begin, I would like each of you to know that while I am your teacher, I would like to be a friend to you too. And to show you that I'm serious about what I just said, I've brought each of you a little gift.'

Taking a box from her bag, Mrs Peters opened it and placed it on the first desk, saying, 'Please take one and pass it along.'

As the children began to take one each, Mrs Peters continued, 'You all know that this is Our Lady's Miraculous Medal. Through this medal, Mother Mary promises you her love and protection. And I pray that each of you will experience it.'

'So, shall we begin?'



To be continued...



The Meeting of Leo the Great and Attila

- DR GINTO POTTACKAL

It was in the year 452 AD. After smashing through northern Italy, the much-feared King Attila of Hun came to defeat Rome. Everyone was afraid! But brave Pope Leo the Great wasn't scared at all.

He asked for God's help and rode out on his horse to meet Attila by a lake. With no sword or shield, just prayers to God, Leo stared right into Attila's fierce eyes and spoke calm words of peace. The king gazed silently at the Pope's holy presence, then suddenly turned his army around! The crowd

by Raphael

watching gasped in shock, 'What just happened?!' Later, Attila confessed that he saw Saints Peter and Paul appearing beside the Pope, threatening doom if Attila disobeyed. Stunned by this miracle,

the mighty warrior knelt, promised peace, sparing Rome through divine protection rather than war. The world witnessed God's amazing power shining through His fearless Church leader!

Raphael's famous fresco *The Meeting of Leo the Great and Attila* captures this heroic moment. Painted between 1513 and 1514 in the Vatican's Stanza di Eliodoro, it shows Pope Leo the Great on a white horse facing the fierce Attila and his retreating army.

SAINTS PETER AND PAUL APPEAR IN THE SKY; WIELDING SWORDS TO PROTECT THE POPE, SYMBOLISING HEAVENLY INTERVENTION THAT TURNS THE TIDE WITHOUT BATTLE.

The composition is dynamic and cinematic. It blends detailed figures, dramatic architecture, and a sense of motion as the Huns recoil in fear. Saints Peter and Paul appear in the sky; wielding swords to protect the Pope, symbolising heavenly intervention that turns the tide without battle.

Raffaello Sanzio da Urbino, popularly known as Raphael, was born in 1483. He was a master of the Italian High Renaissance. He is well known for his graceful Madonnas and grand Vatican frescoes. At age 25, he moved to Rome in 1508 under Pope Julius II's patronage to decorate the papal apartments. Raphael served as the chief architect of St Peter's Basilica in Rome. His deep ties to the Catholic Church came through commissions from Pope Julius II and Pope Leo X. He died on Good Friday, 6 April 1520, at the age of 37.

Basilica

Greek: basilike

Meaning: The word means 'royal' or 'kingly,' and was originally used for large public Roman buildings like a law court or meeting hall.



A **Basilica** is a special church building that the Pope has given an honorific title because of its age, beauty, or spiritual importance. It is one of the highest honours a church can receive! Think of it as a church that has been given a 'VIP' status by the Holy Father.

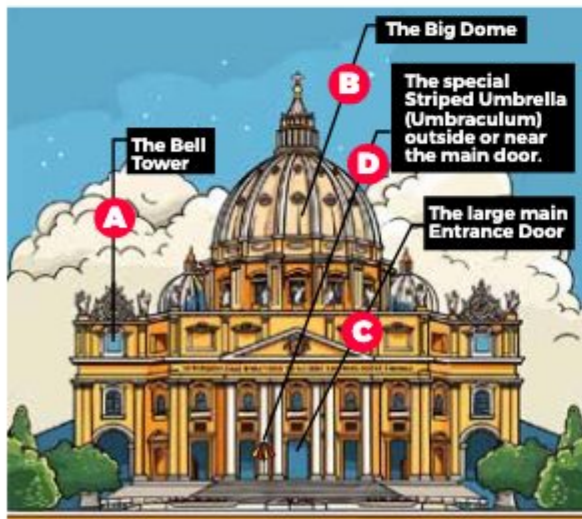
Personal Application :

A Basilica reminds us to treat our own local church with great respect and reverence. If even a building can be given a high honour for being a sacred space, we should remember that every church is the House of God, where Jesus is truly present in the Eucharist. When we visit any church, we should behave like we are standing in a royal palace, because we are in the presence of the King of kings!

Interesting Fact:

There are two types of Basilicas: **Major Basilicas** (the highest-ranking four, all in Rome, including St Peter's Basilica) and **Minor Basilicas** (found all over the world).

MATCH THE FEATURES OF THE BASILICA WITH ITS DESCRIPTION



Fill in the correct alphabet corresponding to the image:

- () Where the bells ring out the good news!
- () The door where we walk in to meet Jesus!
- () The Pope's special symbol – it looks like a huge, royal sun-shade!
- () The big 'hat' on top of the church!



SPOT 10 DIFFERENCES BETWEEN THESE TWO PICTURES





BRAIN GYM

Sorting Out Prayers

Can you sort out these jumbled prayers to Our Lady? Number each prayer in the correct order.

- Hail Mary, full of grace,
- now and at the hour of our death, Amen.
- the Lord is with you.
- Pray for us sinners,
- Holy Mary, Mother of God.
- Blessed are you among women,
- and blessed is the fruit of your womb, Jesus.
- Hail, Holy Queen, Mother of Mercy,
- O sweet Virgin Mary.
- mourning and weeping in this valley of tears
- poor banished children of Eve.
- O clement, O loving,
- To you do we send up our sighs,
- show unto us the blessed fruit of thy womb, Jesus.
- Turn then, most gracious advocate,
- To you do we cry,
- your eyes of mercy toward us,
- our life, our sweetness and our hope.
- and after this exile

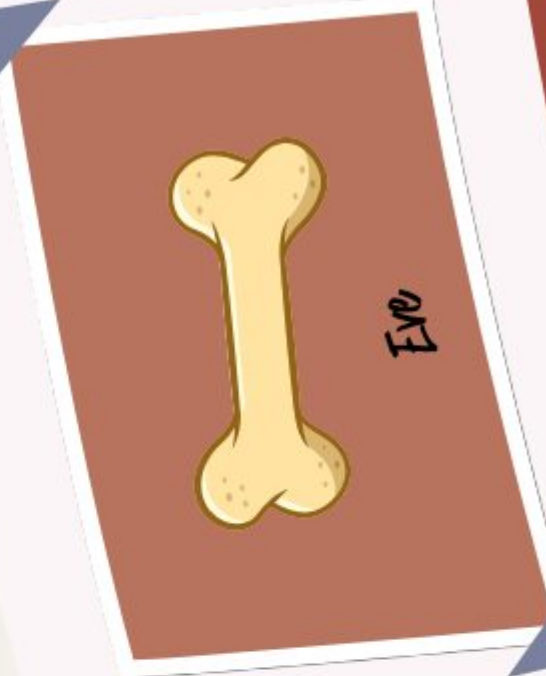


HOLY HUMOUR

BABY PICTURES!



Adam



Eve



KAIROS
Buds PRESENTS



GOSPEL BY HAND

JUST 15 VERSES A DAY

Your own handwritten Gospel by
Christmas.

For Ages
9-15



**SCAN
& REGISTER
NOW**