

KAIROS

VOLUME 1 » ISSUE 25

# Buds

A CATHOLIC MAGAZINE FOR CHILDREN

**WITHIN**

*The Jasna Góra  
Monastery,  
Częstochowa,  
Poland*

.....  
*Blind Leap*  
.....

**Great is HIS**  
*Faithfulness!*



## PATRON

Bishop Mar Raphael Thattil  
(Ecclesiastical Advisor, Jesus Youth International)

## SPIRITUAL DIRECTOR

Fr. Joseph Ezhumayil  
(Jesus Youth International Chaplain)

## PRINTER AND PUBLISHER

Dr. Edward Edezhath

## EXECUTIVE DIRECTOR

Shoy Thomas  
(Jesus Youth International Coordinator)

## EDITOR-IN-CHIEF

Nobin Jose

## MANAGING EDITOR

Joshy Joseph, Houston, USA

## EXECUTIVE EDITOR

Tania Rose Josun | (editor.buds@jykaivosmedia.org)

## ISSUE EDITORS

Suby Emmanuel, India | Serena DSouza, India | Sona Michael, USA

## CIRCULATION COORDINATOR

Anto Puthur, Cochin, India +91 96055 11644

## ASSOCIATE CIRCULATION COORDINATORS

### AUSTRALIA

Mintu Vijoy, Melbourne  
+61 452 538 785

### BAHRAIN

Neenu Maria Jibin  
+973 33715472

### BANGLADESH

Tias Victor Palma  
+880 1717-152023

### CAMBODIA

Sophearong Ravy, Phnom  
Penh +855 96 426 5472

### CANADA

Joby Joseph Ontario  
+1 2899 686 074

### EAST TIMOR

Sr. Julie Antony  
+670 77827618 (Whatsapp+91  
97447 32431)

### GERMANY

Anna Paul, Berlin  
+49 176 83495451

### INDIA

Austin Michael, Mangalore  
+91 8277405251

### IRELAND

Suresh V Joy  
+353 87 963 0904

### ISRAEL

Jaison K Thattil, Tel Aviv  
+972 55 9974339

### ITALY

Anoop P Varghese  
+39 3884256258

### KUWAIT

Rajeev J Chacko, Ahmadi  
+965 66388310

### MALAYSIA

Sweetey Kamala Prasad  
+60 162568139

### NETHERLANDS

Jojo Varghese,  
Utrecht +31 684974552

### NEW ZEALAND

Derick Daniel,  
Auckland +64 29 127 0650

### OMAN

Sanal +968 92120376

### PAKISTAN

Asif Emmanuel  
+92 3022534254

### PAPUA NEW GUINEA

Abin Michael  
+675 7479 4368

### QATAR

Metty Don, Doha  
+974 7040 868

### SINGAPORE

Savio Francies  
+65 9021 9798

### SRILANKA

Sonal Fernando  
+94 77 3818399

### SWITZERLAND

Anu Jose  
+41 799177100

### THAILAND

Vineeth Andrew  
+66 86 372 6601

### UAE

Dennies Antony  
+971 50821 3122

### UGANDA

Mboowa Ronald  
+256 706844152

### UK

Mathachen Maduckakuzhy  
+44 7969 365686

### USA

Denny Joseph  
+1 (832) 640-3106

## FINANCE COORDINATOR

Leena Shaju, Cochin, India | +91 62382 79115 | finance@jykaivosmedia.org

## DESIGN

Manna Media Hub, Delhi, India | info@mannaediahub.com

## MAILING ADDRESS

### Kairos Media USA

3010 Mason Grove Ln

Pearland, TX,

USA, 77584

☎ +1 832 592 3675

### Kairos Media India

No 8/174, Navodaya

Studio Complex,

Thengod PO,

Cochin, Kerala,

India. Pin: 682030

☎ +91 9895711718

### Kairos Media UK

St Charles Street,

Sheffield S9 3WU,

United Kingdom

☎ +44 7969365686



To subscribe to this  
magazine scan QR code  
or visit  
[www.jykaivosmedia.org](http://www.jykaivosmedia.org)

**DISCLAIMER:** Kairos Media is the mass media initiative of Jesus Youth, an international Catholic movement approved by the Holy See. Kairos Media considers its sources reliable and verifies as much data as possible. However, reporting inaccuracies can occur. Consequently, readers using this information do so at their own risk. While every effort has been made to ensure that information is correct at the time of print, Kairos Media cannot be held responsible for the outcome of any action or decision based on the information contained in this publication/website. The publishers or authors do not give any warranty for the completeness or accuracy of this publications' content, explanation, or opinion. Although persons and ministries mentioned herein are believed to be reputable, neither Kairos Media nor any of its employees, sales agents, or contributors accept any responsibility whatsoever for such persons and ministries activities. No part of this publications and/ or website may be reproduced, stored in a retrieval system, or transmitted in any form without prior written permission from Kairos Media. Permission is only deemed valid if approval is in writing.

## TRUST IN GOD'S UNFAILING PROMISE

Imagine you get sick; you will immediately be taken to a doctor, because of the trust placed in a doctor to help your speedy recovery. Let's say your family is planning to have an overseas holiday, your parents are going to book the flight. You board the aeroplane with much excitement to travel to a new country. You don't know the pilot but trust that with his specialised skill, experience, and knowledge he will fly the plane and safely arrive at the destination. How about when you go for a city tour and get hungry in between? You tell your parents the name of your favourite food. They will take you to a nice restaurant. You don't know the chef but you trust that the chef will prepare a nice meal for you hygienically, using the best and safe ingredients. So trusting is something that we do regularly, right?

In the Holy Bible, we read *Trust the Lord with all your heart* (Proverbs 3:5). If we can trust the unknown people around us, how much more we should trust the Lord God, our creator, the God who gives us the freedom and choice to trust him blindly. A few years ago I decided to take a career break and focus on ministry for a few months. I was happily busy with various small initiatives for the Kingdom of the Lord. Many people asked me when I would join back to work and my reply was that I trusted the Lord Jesus blindly and he would give me the job at the right time. He who is always faithful blessed me with a dream job at the right time without any hassle, for my trust was not in my qualifications or abilities but in the promise of the Lord Jesus.

Dear friends, as you flip through the pages of this edition of *Kairos Buds* I pray that may you receive a special grace to trust the Lord Jesus more and more. May the loving Jesus bless you all abundantly.

**Nobin Jose**  
EDITOR-IN-CHIEF

nobin.jose@jykaivosmedia.org

# THE JASNA GÓRA MONASTERY, CZĘSTOCHOWA, POLAND

- TANIA ROSE JOSUN » KOTTAYAM, INDIA

Have you heard of the famous icon, the Black Madonna of Czestochowa? This miraculous image also called Our Lady of Czestochowa, depicts Mother Mary and Infant Jesus is housed in the Jasna Góra Monastery in Czestochowa, Poland. If you look closely at the painting, you will see that Our Lady has scars on her face. And why the name, Black Madonna?

Not much is known about the origins of the image, though tradition and various pious legends hold that the picture was painted by St Luke the Evangelist while Our Lady was still alive. Tradition also goes that the image was painted on a tabletop from the house of the Holy Family of Nazareth. The same legend holds that in the fourth century, St Helena found the image in her search for the True Cross in Jerusalem. Emperor Constantine, her son built a shrine to house the image in Constantinople. There it enjoyed great veneration and was of particular help at times of grievous afflictions such as contagious diseases, epidemics, etc.

The portrait is credited with saving the city in a crucial battle with the Saracens. Eventually, the painting came into the hands of Charlemagne, who presented it to Prince Leo of Ruthenia (Northwest Hungary). There too the image proved miraculous. In the fourteenth century, Prince Ladislaus of Opola, moved the painting to Jasna Gora (Mount

of Light) in response to a dream he had of Mother Mary. Prince Ladislaus entrusted the image at Jasna Góra to the care of the Pauline monks from Hungary.

In 1430, the monastery was plundered by Hussites, who stole the painting and all the expensive votive offerings. The valuable jewellery was ripped off the image, it was slashed with swords and discarded. The monks later found the damaged icon and brought it to the court of King Ladislaus Jagiello and Queen Hedwige of Poland, where it was meticulously restored. But the scars remained - a symbolic reminder of suffered pain, just as Mother Mary's heart was pierced by the seven swords of sorrow.

In 1655, when Swedish forces

nearly overtook all of Poland, only the area around the monastery stood unconquered; following a forty-day siege, the monks were able to hold off the forces. Eventually all of Poland managed to rout the invaders. This led King John II Casimir Vasa to submit the Polish Commonwealth to the protection of Our Lady, and proclaimed her Queen of Poland.

Czestochowa is regarded as the most popular shrine in Poland. As a result of centuries' of burning votive candles before the image, the soot residue began to discolour the painting, hence the name, 'Black Madonna'. One of the most moving votives left there, which is displayed beside the altar, is the blood-stained belt of Pope John Paul II's cassock, after the attempt on his life on 13 May 1981.



# BLIND

# LEAP

- ISABEL MARIA JOSHY » 10 YRS » HOUSTON, USA

When I was younger, I would often climb the trees in front of my house. One day, as I climbed and sat on one of the higher branches, my dad came and stood below, and asked me to jump down into his outstretched arms. He would catch me, he said. And so I jumped down blindly. Just as he promised, my dad caught me. Do you know why I jumped down? Because, I trusted him and knew that he would hold me. Likewise, the book of Job tells the story of a man who trusted God, had everything and then lost it all. Despite losing everything, Job still had hope and trust in God. Job's story is one of the most touching

and moving in the Bible. It tells us that God is always loyal to his people and will never leave them, even when they are at their lowest point. Job remained faithful to God through all his hardships and sufferings. We must try to imitate this example and adopt this in our lives.

Everyone has a different experience with God, but what is universal is that each person wants to trust God. Trusting in God is a choice,

**God is always loyal to his people and will never leave them, even when they are at their lowest point. Job remained faithful to God through all his hardships and sufferings.**

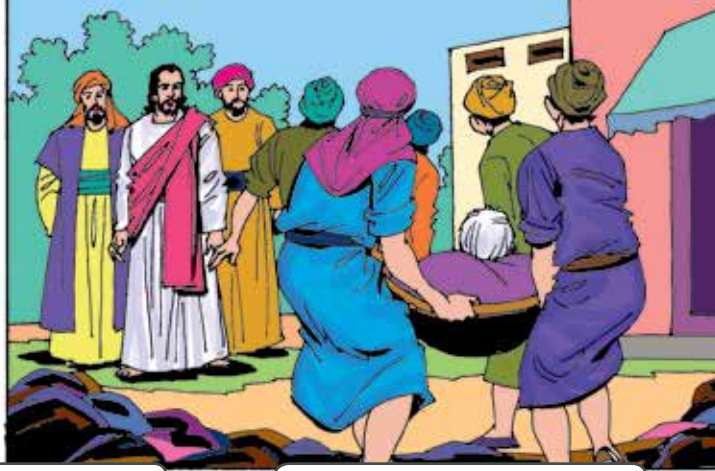
and anything is possible as long as you make that choice. If you don't know where to start, start with prayer. Trust in God can be difficult for some people. In our lives, we often forget that God is with us and will always be there. Many times we have questions about what is going on or if things will work out the way we hope they will. We must remember that God is always there and loves us no matter what.

Trust in the Lord with all your heart. Never rely on what you think you know. (Proverbs 3:5)



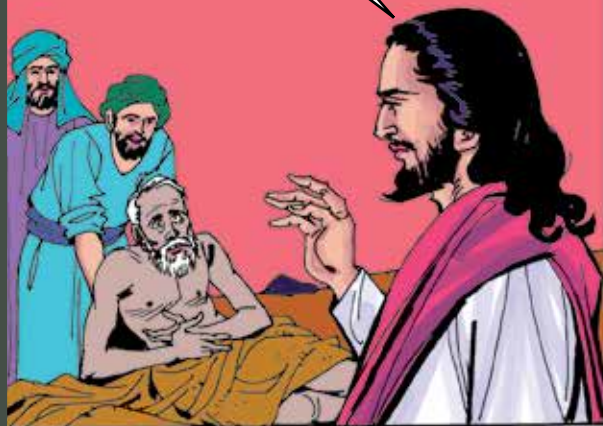
# JESUS HEALS THE PARALYTIC

Jesus stepped into a boat, crossed over and came to his own town. Some men brought to him a paralysed man, lying on a mat.



When Jesus saw their faith, he said to the man.

Take heart, son; your sins are forgiven.



Seeing this, some of the teachers of the law said to themselves.

This fellow is blaspheming!



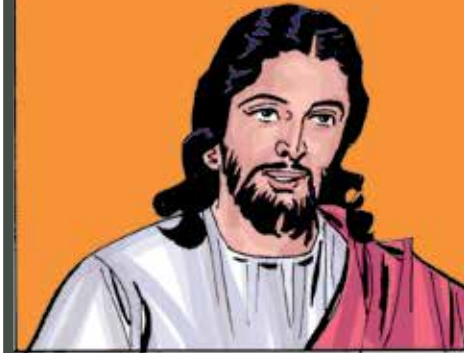
Jesus knew their thoughts and said.

Why do you entertain evil thoughts in your hearts? Which is easier: to say, 'Your sins are forgiven,' or to say, 'Get up and walk'?



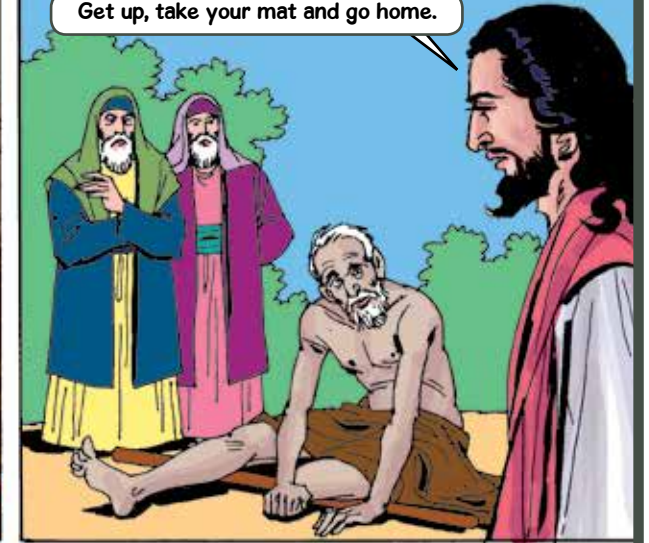
Jesus continued.

But I want you to know that the Son of Man has authority on earth to forgive sins.



Then Jesus told the paralysed man.

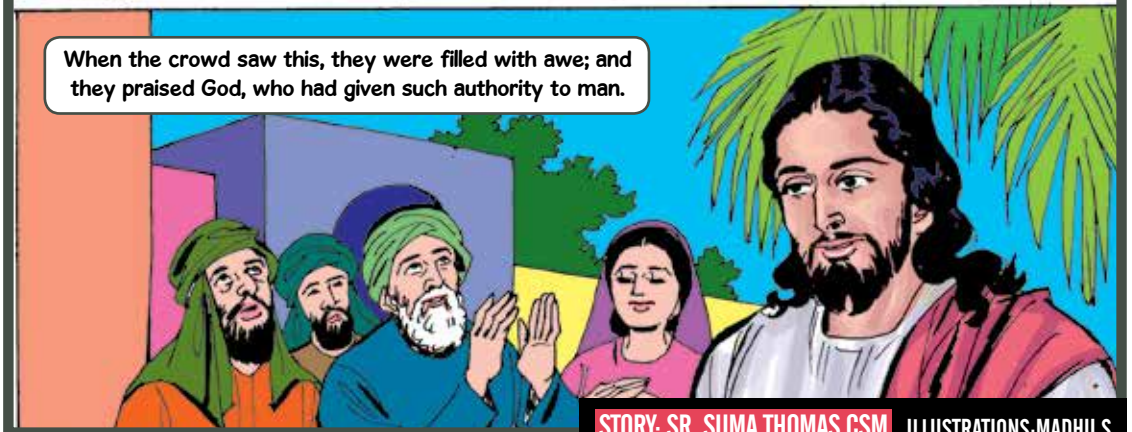
Get up, take your mat and go home.



Then the man got up and went home.



When the crowd saw this, they were filled with awe; and they praised God, who had given such authority to man.



STORY: SR. SUMA THOMAS CSM ILLUSTRATIONS: MADHU S



# A NARROW ESCAPE!

- ELIORA DSOUZA » PLACE 

I am sure you all must have heard the above song about trusting God. It was during a catechism class that I heard about trusting God as a friend and a Saviour, and with my personal experience I would like to share that yes, it is true.

I had a life-changing experience when I was in class 6. That year during the vacation, I went to a relative's wedding and came back by train. When my station arrived, just as I was getting

he stopped reading and looked and saw me! Hurriedly throwing the newspaper aside, he came running to me and pulled me up moments before the train began to leave. I realised it was absolutely Jesus who saved me as I called out his name in faith.

It is true that whenever we call out his name in faith, he is ever ready to listen and respond to us.

Life won't be smooth going at all times. There will be difficult situations, unexpected moments, and these challenges can happen

*I will say to the Lord, my refuge and my fortress,  
my God in whom I trust.*

*Psalms 91:2*

**I just keep trusting my Lord as I walk along  
I just keep trusting my Lord and He gives a song,  
Though the storm clouds darken the sky o'er the  
heav'nly trail,  
I just keep trusting my Lord, He will never fail.**

## IT IS TRUE THAT WHENEVER WE CALL OUT HIS NAME IN FAITH, HE IS EVER READY TO LISTEN AND RESPOND TO US.

down from the train I slipped and fell into that narrow space between the train and the platform. I was terrified and thought that it would be the last moment of my life. But I remembered that if I prayed to Jesus I would be saved.

'Jesus please save me!' I said. At that very moment, I noticed a big giant fellow sitting on the platform bench, reading a newspaper. Just as I prayed,

at any time and any place. But Jesus never fails, he is faithful in every situation. We only have to place our trust in him. No matter how much the world goes up-side down, always remember that Jesus is always there beside you no matter what. His beautiful name, Jesus, itself is so powerful. Just call out to him and you will surely experience him in your life, be it any situation.

**ST DOMINIC SAVIO**  
**PART 1**

Dominic Savio was born on April 2nd, 1842 in the village of Riva in Northern Italy. His parents Charles and Brigid Savio were poor, devout people and Dominic was the second of eleven children. They attended church in the town of Murialdo and the priest Fr. John Lucca knew them well.



Fr John Lucca saw that Dominic served at Mass every day. He would even kneel outside the church if it was closed, praying. Children at that time only received their First Holy Communion as a teenager.



I am impressed by your faith so I will make an exception for you. You can receive your First Holy Communion early.



Dominic received his First Holy Communion aged seven. As the day approached, he made four resolutions to live his whole life.



1. I will go to confession and Communion as often as my confessor will allow.
2. I will sanctify Sundays and holy days in a special way.
3. Jesus and Mary will be my friends.
4. Death, but not sin.

The ten-year-old Dominic had to walk twelve miles to school every day. On an extremely hot day, he came across a gentleman.



Aren't you afraid to walk so far alone on this country road?

I'm not alone, I have my guardian angel with me.

But surely you find the journey long and tiresome in this very hot weather!

I work for a Master who pays well.



And who is your master?

God is my master.

I knew that the other boy was in trouble for other things. I remembered how Our Lord had been unjustly accused, and I hoped that if I kept silent he would be given another chance.

Once in school, a classmate committed a serious offense and blamed Dominic. The teacher threatened Dominic with expulsion but since he had not misbehaved before, he was let go with a harsh scolding. Later, the teacher discovered the truth and asked Dominic why he had not defended himself.



To be continued...

## DEAR DIARY

Today, for the first time I went up on a stage. It was to perform a solo song . I rubbed my sweaty hands as I nervously peered through the curtain. My mamma stood next to me, a reassuring smile on her face, as she took my palms, straightening them before bending down to whisper in my ear.

'Jack, I'm going to tell you a very important secret. This will help you perform well.'

A confident smile came to my face as the compere called my name to come onstage. The crowd seemed to like my song. Do you wanna know what my mother told me? Well then I better tell you. Whenever you feel scared or nervous to do something, say this

**'I can do all things through Christ who strengthens me. Philippians (4:13).'**

Joan Jero D'Cruz, 14 yrs, Bangalore, India



## LET'S PRACTICE

|Philippians 4:13|

I can do all things through

Christ who strengthens me.

Handwriting practice lines consisting of multiple sets of three horizontal lines (top, middle, bottom) in red and blue colors, providing a guide for letter height and placement.



RON SEBASTIAN CHIRAMEL  
» 9 YRS » AUSTRALIA



ELVA MARIA NIDHEESH  
» 11 YRS » SINGAPORE



ANTONIO NOBLE PERINCERY  
» 7 YRS » TRICHUR, INDIA



GIOVANNI TOM NAVIN,  
» 12 YRS » MELBOURNE



The pope whose reign was shortest was Pope Urban VII, who lived only 13 days after his election in 1590. The pope who reigned the longest, aside from St Peter, was Blessed Pius IX, who died in 1878, after serving for more than 31 years.



# DO YOU KNOW?

**KATHOLIKOS**  
The word 'Catholic' was first used by Ignatius of Antioch around AD 110. It is from the Greek word *katholikos*, which means 'toward the whole'. Ignatius was suggesting that the Church is a gift offered by Christ to all people.

Pope John Paul II travelled to more than 129 different countries, logging more than 750,000 frequent flyer miles, which is about three times the distance to the moon.



# All About St John Bosco

SAINT

JOHN  
BOSCO



COLOUR THE PICTURE

## FACTS ABOUT ST JOHN BOSCO

ALSO known as:

JOHN MELCHIOR  
BOSCO, DON  
BOSCO

BORN: 16  
AUGUST, 1815

DIED: 31  
JANUARY 1888

LIVED IN: TURIN,  
ITALY

PARENTS'  
NAMES:

FRANCESCO  
BOSCO and  
MARGHERITA  
OCCHiena

CANONISED: 1  
APRIL 1934 BY  
POPE PIUS XI

FEAST DAY:  
JANUARY 31

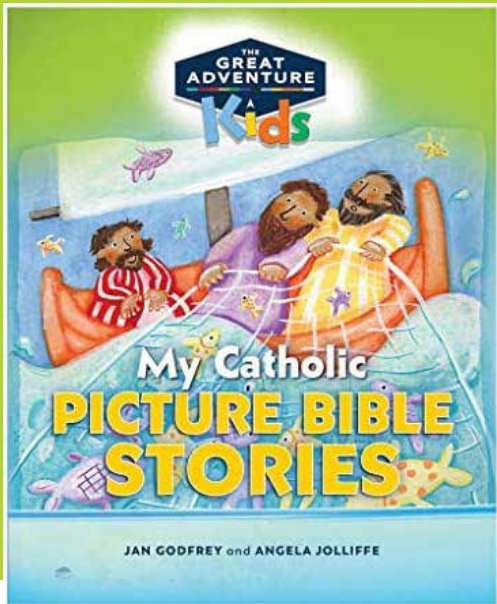
PATRON SAINT  
OF: EDITORS,  
PUBLISHERS,  
SCHOOLCHILDREN  
AND JUVENILE  
DELINQUENTS

## FACTS ABOUT ST JOHN BOSCO

- ▶ Poverty prevented him from schooling. His early years were spent as a shepherd.
- ▶ A young priest, Joseph Cafasso saw that John Bosco had talent, and supported his education.
- ▶ Visiting the city prisons as a priest and seeing the condition of the children there made him resolve to devote his life to the rescue of these unfortunate outcasts.
- ▶ He founded the religious order Society of St Francis de Sales, known better as the Salesians.
- ▶ He developed teaching methods based on love rather than punishment, a method known as the Salesian Preventive System.

## Prayer to St John Bosco

Friend of the young, teacher of the ways of God, your dedication to empowering the needy inspires us still. Help me to work for a better world, where the young are given the chance to flourish, where the poor's dream for justice can come true, and where God's compassion is shown to be real. Intercede for me as I bring my needs to you and to our heavenly Mother, the Help of Christians. Amen.



## MY CATHOLIC PICTURE BIBLE STORIES

JAN GODFREY AND ANGELA JOLLIFFE |  
ASCENSION PRESS  
READING AGE: 4-7 YEARS

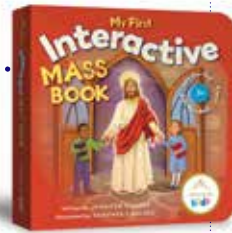
Following the Great Adventure Bible Timeline, these stories walk children through God who loves them. With vibrant and colourful pictures on every page, these pictures will engage children and invite them deeper into the story of salvation.



## CLOUD OF WITNESSES: A CHILD'S FIRST BOOK OF SAINTS

KATIE WARNER & MEG WHALEN |  
TAN BOOKS | READING AGE: 1-3 YEARS

Filled with simple but profound wisdom from well-known saints, each page contains a short, memorable quote accompanied by a beautiful illustration of that saint. Kids will fall in love with the wisdom, colours, images, and holy men and women on the pages of this board book.



## MY FIRST INTERACTIVE MASS BOOK

JENNIFER SHARPE & CANDACE CAMLING |  
ASCENSION PRESS  
READING AGE: 3+

An interactive board book that helps children better understand the Holy Mass, and inspires them to love the Holy Eucharist. Written by a Catholic mother, it includes hands-on activities like I spy, match the vestments, and lift the flaps at the end of each part of the Liturgy of the Word.

# KEEPING NEGATIVE THOUGHTS AWAY

- DR JOSEPH SEBASTIAN » KOZHIKODE, INDIA



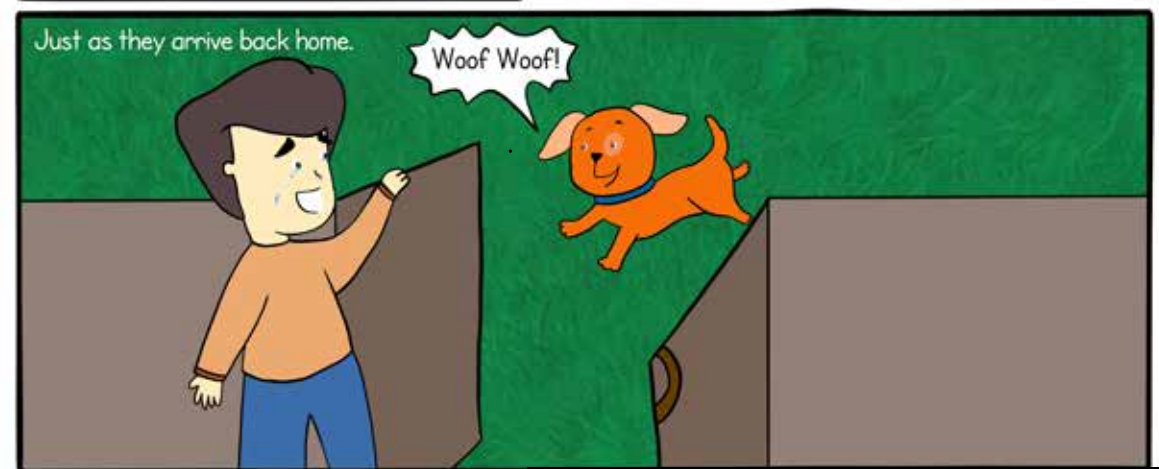
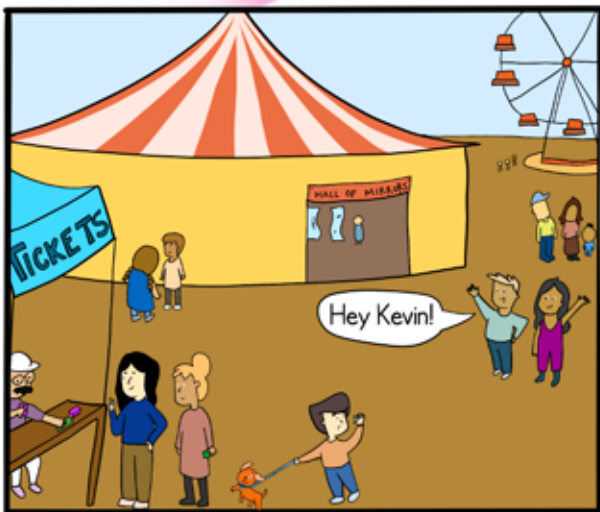
'Life is good, make it beautiful... The less you respond to negative people, the more peaceful your life becomes. Save only those memories, which give twinkles in your eyes, not wrinkles on your face.' – Pope Francis

Well this is something that we confront regularly if not daily. But then on a practical aspect how do we get this done – how do we focus on positives and avoid getting into a negative spiral. It's in fact a no-brainer that if we think positive, we will be positive and positive things happen to us. But even then one sees most people struggling to get this balance in life. So is it through prayer, through penance, or is it psychological techniques? In fact it's all of these. God has made all of these for us to live a fulfilling life – the body, mind and soul. We need to cater to each of them. Here we focus on how to get into a positive way of thinking and avoid negative.

Let me try to put this in simple ways. Whenever you get a negative thought or stimulus try out some of these:

- 1. SAY NO:** just in a soft voice say NO and think of anything nice (maybe a scenery, a happy memory, of something nice that happened to you).
- 2. Choice POSITIVE:** many of the times we have a choice to make in where we are – choose a POSITIVE ENVIRONMENT – this can be friends, situations, family times.
- 3. HAIL MARY:** still negative thoughts may come about people, about past experience. *One simple technique Uncle has always used and found very helpful is in a soft voice – say a Hail Mary, slowly consciously thinking about each word you say. Offer this as a prayer for the person, situation or memory that is troubling you. In your heart genuinely wish good for whom or what you are praying.*  
Romans 8:28 says ... *in all things God works for the good.*

# Buddy does a Christopher Columbus



STORY: TANIA ROSE JOSUN ILLUSTRATIONS: STEFFI ANDRAT FARIA

# FIND 12 DIFFERENCES

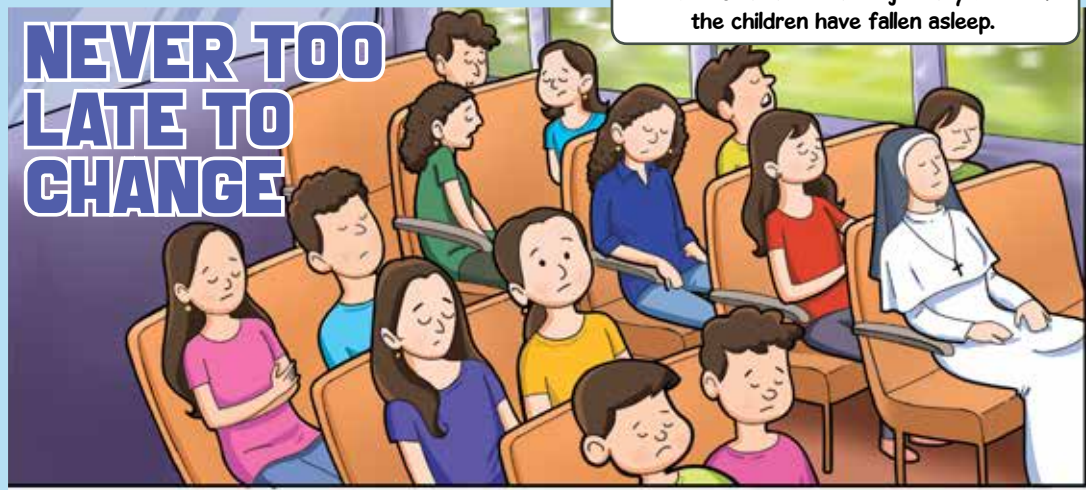


# WHICH PAINT IS IN WHICH CAN



**NEVER TOO LATE TO CHANGE**

The bus continues on the journey. Most of the children have fallen asleep.



Except Anna, who is still awake.



Two years ago, Anna and Tina used to be the best of friends.



Always doing everything together.



Then, somehow they became busy with other things.



Or rather, Anna became busy with other things.



Things that brought a huge change in her.



How did I become like this? Can I ever become my old self again...?



Nothing is too late, she realises, fingering the rosary around her neck.



Just then!



**Cast all your anxiety on him because he cares for you.**



# EAR CARE

- DR ALEEDA BINOY » WAYANAD, INDIA

Hey buddies, hope you are doing fine. It's cold outside and it's time to put on some sweaters and cover your ears. So let's take a look at ear care.

## WHAT IS EARWAX?

You might wonder about earwax and whether it needs to be cleaned out. Actually, even though earwax seems yucky, it serves a purpose. Your ear canal makes earwax to protect the ear. After it is produced, it slowly makes its way to the opening of the ear. Then it either falls out or is removed when you wash. You can hurt your ear by poking around in there. It's not even a good idea to use cotton buds. This can push wax deeper into your ear, where it can get stuck. It can even lead to ear canal infection.

And definitely don't put anything sharp in your ear because it can cause bleeding or serious damage. If you think you have dirt or too much earwax in your ear, ask your mom or dad to make an appointment with the doctor to clean it out.

## CAN LOUD VOICE HURT MY EARS?

Yes, hearing loud music and constantly using earphones can affect your hearing. So make sure to lower the TV volume and loudspeakers. Also, make sure to wear ear muffs when exposed to loud sounds.

## EAR INFECTIONS

Have you ever got at least one episode of earache? It may come along with a cold, cough, or any other infections. Well, it's quite common for you kids. So, don't need to panic when you have one. But make sure to see a doctor.

# FIND THE HIDDEN OBJECTS



Find these objects in the picture



# Best of HOLY HABITS



Jiya Sanu  
as Bl. Sr. Rani Maria



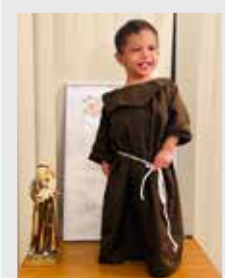
Mary  
as Mother Mary



Faustina Caney D rose  
as St. Faustina



Alfred Maximilian  
as St. Alfred



Anthony Nibin  
as St. Anthony of Padua



Pio Mathew Daniel  
as St. Padre Pio



Pio Mathew Daniel  
as St. Padre Pio



Averin Ann Abraham  
as St. Mother Theresa



Joel Sajesh  
as St. Chavara Kuriakose

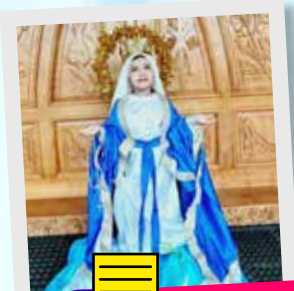


Eloi Antony  
as St. Edmund

In October 2022, Kairos Buds announced Holy Habits – an invitation to Catholic parents to send pictures or videos of their children dressed as saints. This was to commemorate All Saints’ Day in a more meaningful manner, as well as a counter to the highly secular narrative of Halloween. The Holy Habits initiative was a resounding success, with hundreds of entries coming in from all across the world (Australia, Sri Lanka, Saudi Arabia, Qatar, Singapore, apart from USA, UK, and India). Below entries are the ‘Best of Holy Habits’ – entries that were simply superb. A huge shout out to all the parents and children who made Holy Habits a vibrant and huge success.



Lizzie Vino  
as St. Margaret of Scotland



Michelle  
as Our Lady of Grace



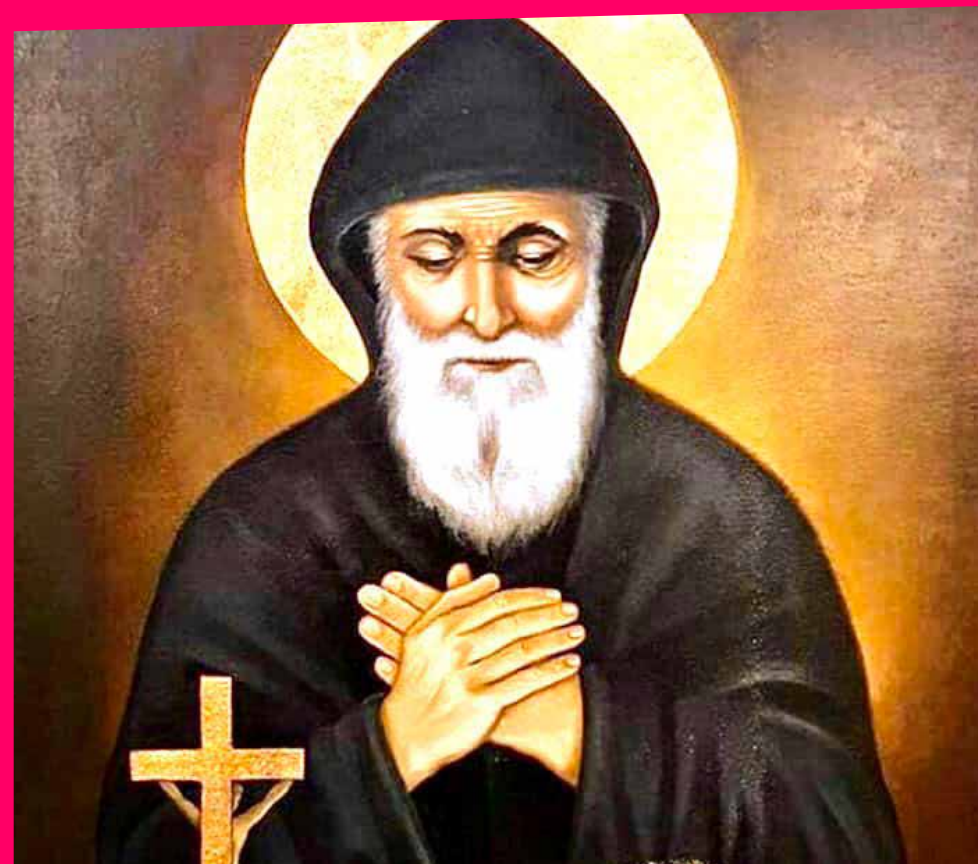
## ST CHARBEL AND THE HUNGRY FOXES

- COMPILED BY KATARZYNA TEMPEŚ, SINGAPORE

Saint Charbel was a Maronite monk who lived in Lebanon. He was known for his gentleness and respect to all living creatures and the animals answered him with obedience. One day, Father Charbel went to the forest to pick brushwood to use in the kitchen. On the way back to the monastery, he passed the fields where the monks grew fruits and vegetables. Unaware of his quiet steps, hungry

foxes were eating watermelons there. The animals only realised the monk’s presence when he was right next to them. Scared, the foxes froze in fear.

‘Don’t be scared my friends. You must be very hungry to eat the watermelons. Eat up, eat up! God feeds all of us,’ he whispered, blessed the animals and walked away as quietly as he came.





# COLOUR BY NUMBERS



WhatsApp (+1 346 339 4500) or email (kairosbuds@jykairosmedia.org) solved Brain Gym to us with your full name, place & photo before 25 January 2023. Correct entries will be featured on our social media pages.

## COLOUR ME

JOIN THE DOTS AND COLOUR

*"Christ made my soul beautiful with the jewels of grace and virtue. I belong to Him whom the angels serve."*  
- St. Agnes

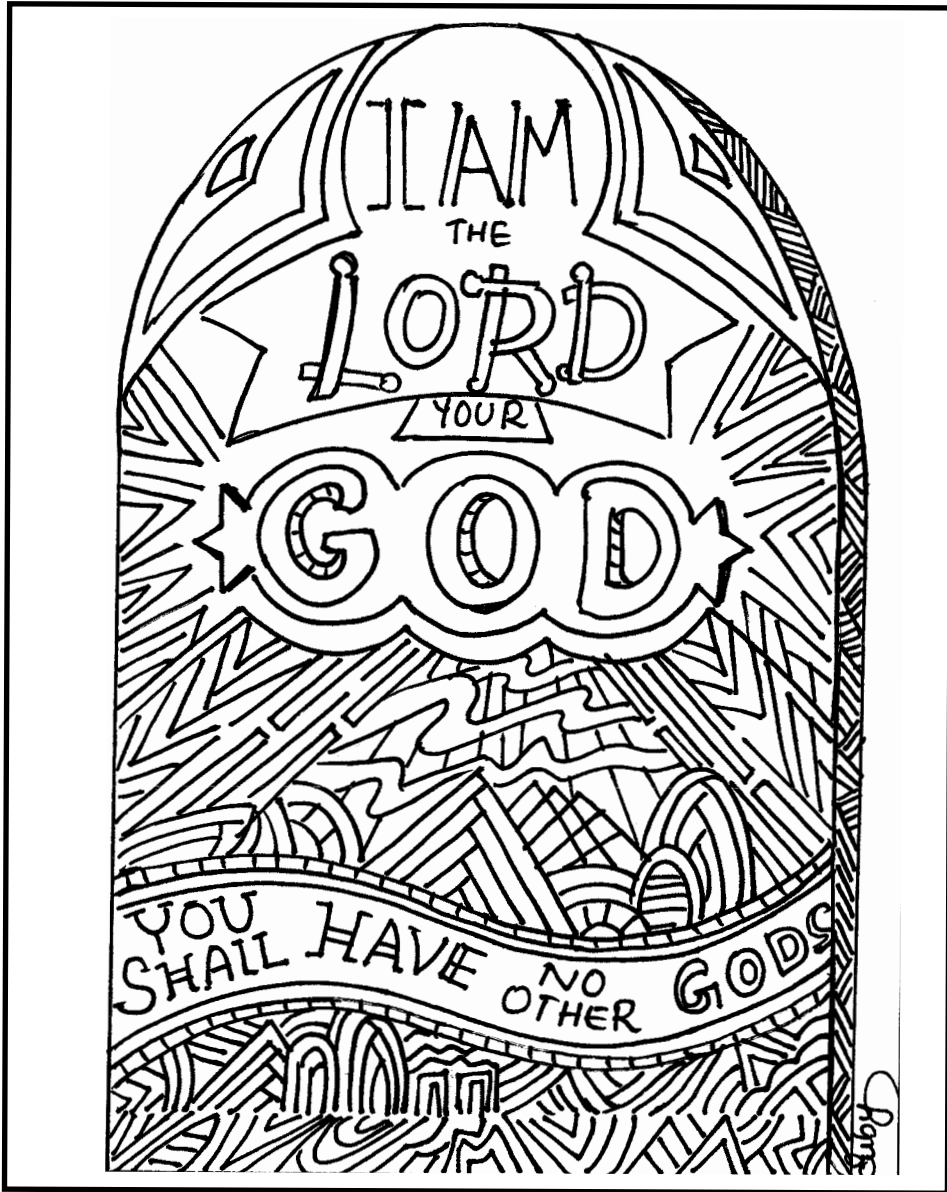


Scan or take a clear photo of the coloured pictures and send it to us on WhatsApp (+1 346 339 4500) or email (kairosbuds@jykairosmedia.org) before 25 January 2023. Please include your full name, place and photo also. Best ones will be featured on our social media pages.

'Learn and Colour'

I am the Lord your God...  
You shall have no other gods before me.

Exodus 20: 2-3



Scan or take a clear photo of the coloured pictures and send it to us on WhatsApp (+1 346 339 4500) or email (kairosbuds@jykairosmedia.org) before 25 January 2023. Please include your full name, place and photo also. Best ones will be featured on our social media pages.

WHATS  
NEW!



Soul-stirring, mesmerising  
Tunes of Praise, uplifting!

SOON ON YOUR FINGERTIPS!

& COMING  
RIGHT UP...



The Cloud  
Catholic  
mobile app  
is just  
around the  
corner.

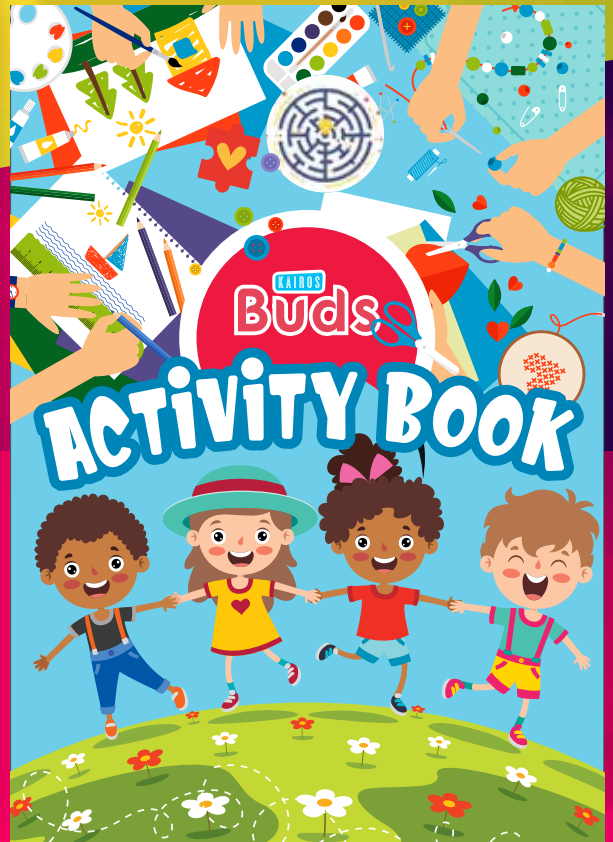
ON KAIROS MEDIA

<http://youtube.com/c/kairosmedia>

<https://cloudcatholic.com/>

# NEW YEAR NEW-S!

Perfect All-Year Gifts for Smart Young Buddies



JOURNAL | COLOURING PAGES | PUZZLES  
| SAINTS' WISDOM | BIBLE VERSES |  
PRAYERS

PUZZLES | WORD SEARCHES |  
CRYPTOGRAMS | COLOURING PAGES |  
MANDALA | LEARN TO DRAW

To purchase visit [www.cloudcatholic.com](http://www.cloudcatholic.com)

KAIROS  
**Buds**